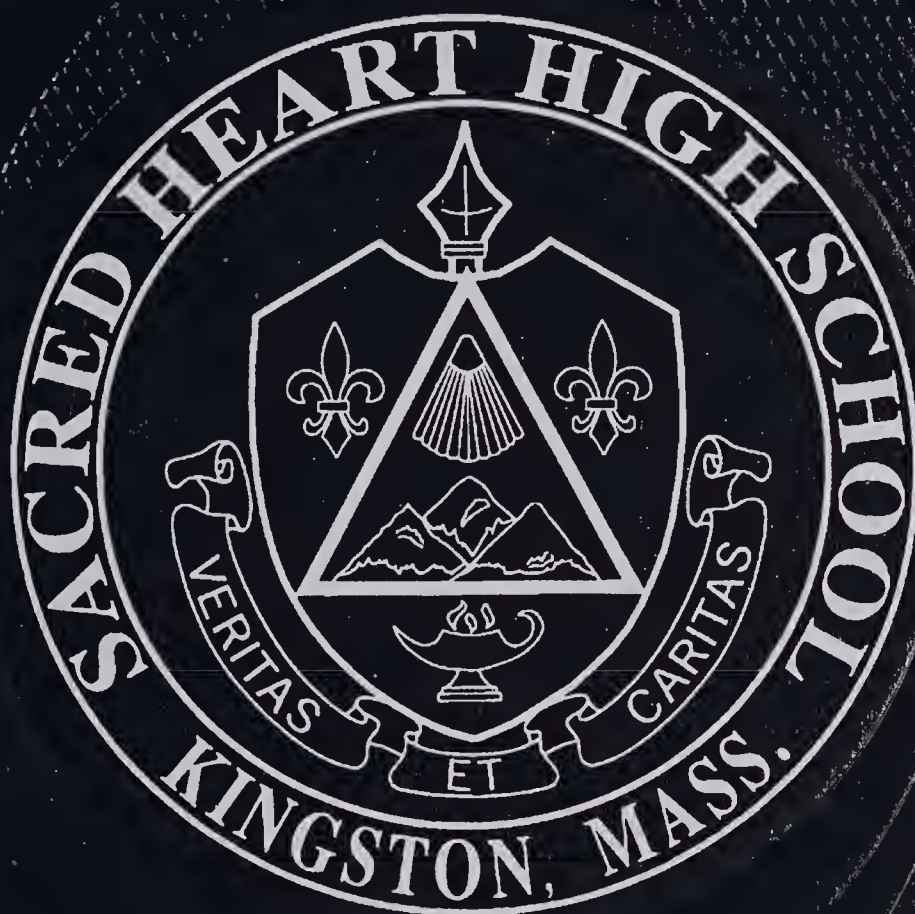


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# 2008



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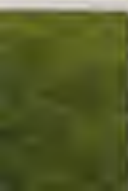
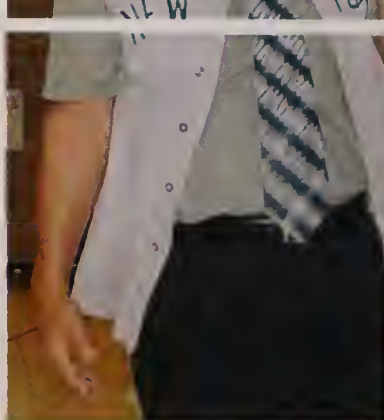
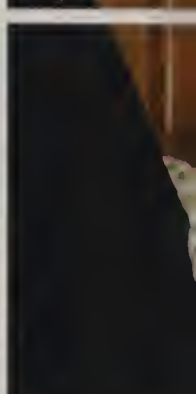
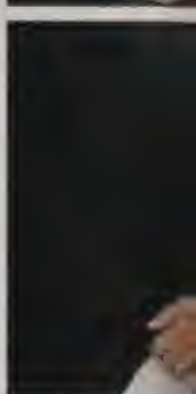
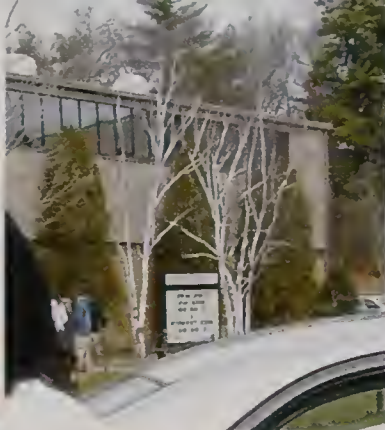
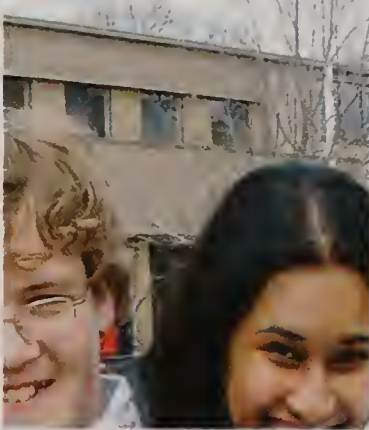
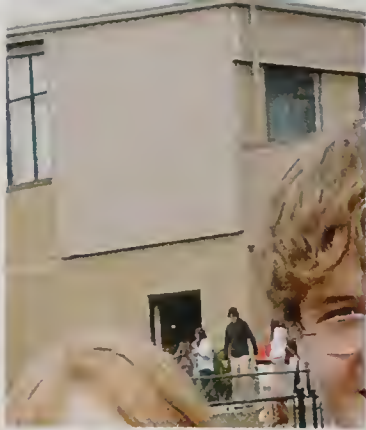
# ***Sacred Heart High School***

**399 Bishops Highway  
Kingston, MA 02364**

**781.585.7511**

**[www.sacredheartkingston.com](http://www.sacredheartkingston.com)**









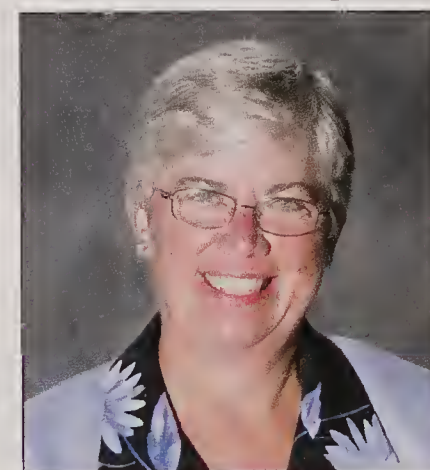
## Administration



John Enos  
Principal



Marilyn Rennie-Stanton  
Assistant Principal



Anne Marie League  
Assistant Principal



Sr. Alice Marie Lyon  
Business Administrator





Kelly Adams  
Language



John Ayala  
Maintenance



Vincent Boccalini  
Religion



Eugene Boyles  
English



Marie Bruninghaus  
Physical Education



Kevin Burke  
Science



Sally Campbell  
Bookstore



Claudette Cardey  
Mathematics



Sr. Janice Carmen  
Guidance



Christopher Connelly  
Religion



Mary Cormier  
Mathematics



Meredith Costa  
Mathematics





Sylvia Costa  
Guidance



Scott Dalton  
English



Sr. John Francis Danko  
Religion



Carol Davis  
Language



Winifred Dick  
English



Ruth Driscoll  
Maintenance



Michael Duchaney  
English



Evelyn Dunbar  
Art



Robert Duquette  
Physical Education



Paul Economos  
Science



Jane Enos  
Admissions



Maureen Fagan  
Admissions





John Fahey  
Maintenance



William Foresta  
Mathematics



Jacqui Frongello  
Computer Science



Susan Gallitano  
Guidance



Dr. Katharine Gallo  
Religion



Greg Giardi  
English



Suzanne Giovanetti  
Development



Gerard Golden  
History



Marie Graff  
Science



Sandra Greenwood  
Attendance Secretary



Sr. Donna Gribschaw  
Campus Ministry



Rita Quinta  
Guidance Secretary





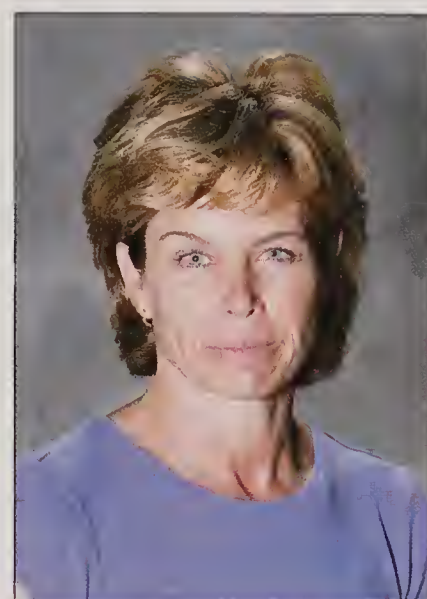
Cecily Hassett-Salley  
English/Language



William Henehan  
English



Dorothy Higgins  
Business Office



Karen Horan  
Physical Education



Jean Kane  
Mathematics



Dr. Stephen Kennedy  
Science



Sr. Nivard Kohout  
Publications



Beena Koshy  
English



Walter Lucier  
History



Sr. Ida Mary Lutz  
Science



Margo Mahoney  
Religion



Joseph Masi  
Science





Sheila McLelland  
Administrative Secretary



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Language



Shaun Morgan  
History



Sr. Nelida Naveros  
History



Janice Nikula  
Theatre



Kathy Norris  
Maintenance



Jonathan Olson  
Mathematics



Agata Orzechowska  
Chorus



Michael Parsons  
Maintenance



Margaret Pasquale  
English



Jason Potrykus  
Science



Evelyn Raeke  
Business Office





Dominico Recchia  
Language



Eleanor Rogers  
Library



George Rose  
History



George Simmons  
Language



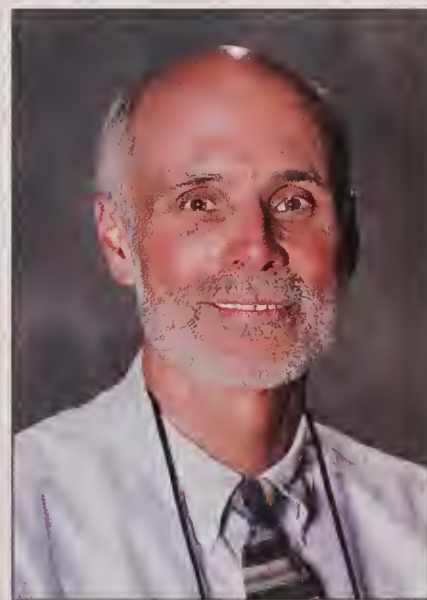
Elin Slavin  
Religion



Larry Small  
Science



Sr. Mary Victor Spaeti  
Library



Paul Stella  
Mathematics



Nancy Swanson  
Language



Mary Jane Tilden  
Nurse



Mr. Larry Small and his IS students share a laugh during a science lab.



# Senior Stories











## Courtney Abdou

Chorus – 1-4, SADD – 1-4; Cross Section – 1-4; Show Choir – 3; Heart Beat – 4; National Honor Society – 3, 4; Drama – 3, 4

Another year gone and not one inch taller, darn. Class of '08: Let's pretend we'll keep in touch so we don't have to say goodbye. Mom and Dad: I sometimes hated you for sending me to private school, but now I can only thank you, for everything. Joey, Becca, Katie, and Morgan: Thanks for listening to my pointless rants and stories and keeping me sane. The Ains, my bffl: What will I do without you? There's too much to say for words. To everyone else: SH, MB, CZ, SD, TM, JR, MN, KB, NF, Mr. Dalton, Ms. Nikula...everyone, thank you.

"So good night unto you all. Give me your hands if we be friends, and Robin shall restore amends." - Shakespeare, "A Midsummer Night's Dream"

## Megan Balboni

Student Council – 3, 4; Drama – 1-4; Cameo – 3; Peer Ministry – 3, 4; Show Choir – 1, 2, 3; Chorus – 1, 2, 4; Boys Basketball – 2; Spanish Honor Society – 3; National Honor Society – 3; Class Ambassador – 4; Varsity Track – 1

Mom and Dad- Thank you so much for all your support and encouragement! I love you both so much. Nick- I'm so happy you came to the school this past year. I'm really going to miss you. Love you! Sara- you are my best friend, I love you. Kaili- I don't know what I would do without you, I love you so much. When we look back on our high school experiences we'll see our friends and how lucky we are to have them. To all my friends- Thank you so much for everything. Never forget the memories. We did it!

"Everything happens for a reason. Some things fall apart, just so others fall together. But in the end, what's meant to be will always find its way." - Anonymous



## Allysa Barry

JV Soccer – 1, 2; Varsity Soccer – 3, 4; JV Basketball – 1; Varsity Basketball – 2, 3, 4; Track – 1, 3, 4; National Honor Society – 3, 4; Spanish Honor Society – 3,4; Heart Beat – 4; SADD – 4; Peer Ministry – 3, 4

I want to thank my parents for everything that they have done for me, they are the best! I want to also thank my brother Daniel and my sisters, Mari and Olivia, for being so supportive of me. Thanks to all my wonderful friends who have been there for me and who have made my high school years so much fun. Also, thanks to my teachers and my coaches who have helped me to accomplish my highest potential.

"You must be the change you want to see in the world." - Mahatma Gandhi



## Mark Bridge

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Track – 1-4; Cross Country – 2, 3, 4; Ski Team – 1-4; Variety Show – 1-4; Creative Writing Club – 3, 4; Martial Arts – 3, 4; Drama – 4; National Honor Society – 2, 3, 4

I just want to thank my parents and my teachers who taught me well over these past four years and who have helped me in and out of the classroom. I also would like to give a special thank you to the library crew, you know who you are: I couldn't have gotten through the past four years without you. I'm going to miss spending my mornings with you.

“Into this wild abyss, The womb of nature and perhaps her grave,  
Of neither sea, nor shore, nor air, nor fire, But all these in their pregnant causes  
mixed Confusedly, and which thus must ever fight, Unless the almighty maker them  
ordain His dark materials to create more worlds, Into this wild abyss the wary fiend  
Stood on the brink of hell and looked a while, pondering his voyage...”

- John Milton, *Paradise Lost*, Book II



## Thomas Brooks

---

Varsity Soccer – 1-4; Baseball – 1; Track – 2; Lacrosse – 3, 4

It goes by all too fast. Spend time with the people you love. High school is a blast, don't forget to study occasionally. Parents: thank you for teaching me to never settle, and to always realize that there is always going to be room for improvement. Mom, your support cannot be matched. Dad, the life lessons you have taught me are words and ideas that I live by. It wasn't always easy. It wasn't supposed to be. Chris, Paul: you guys are no longer friends. You're my family. Nick: Let's go home boys. Katie: I already miss you all the time. And I'm not joking about that. Do fun work, Class of '08.

“Men, it's not about what happened. It's about what you do from this point forward that will define you as a man.” – Terry Ennis

## Kerry Browne

---

JV Soccer – 1; Varsity Soccer – 3,4; Track – 1,2; Lacrosse – 3,4

To describe the last four years doesn't do them justice. Dad, Mom, Dan: Thank you for putting up with me. To my good friends, thank you for helping me. To my teachers, I will thank you by using what I have learned. To the underclassman, it's true, the years go by fast. To the Class of 2008, we have gone this far, now we will go further.

“Make no mistake, he said: a true piece of writing is a dangerous thing. It can change your life.” - Tobias Wolff, *Old School*







## Catherine Buchholz

JV Volleyball – 1, 2, 3; Varsity Volleyball – 4; Show Choir – 2, 3; Drama – 3; Liturgy Choir – 2, 3, 4; French Honor Society – 1-4; Sacred Heart Scholars – 2; National Honor Society – 3, 4

Thank you so much to everyone who put up with me through the four years of high school: teachers, parents, and friends. Melissa, my best friend, my twin, you were always right by my side through everything. Katelyn, you will always be one of my best friends. I really don't know how I'm going to go on without you guys there to understand me completely. I love you two. And finally, to my sisters, Shelby and Maggie. You guys are my everything. You guys are my best friends, my family, my absolutes. Nothing will ever change that. I love you so much, it's ridiculous.

“When it hurts to look back, and you're scared to look ahead, you can look beside you and your best friend will be there.” - Anonymous

## Marybeth Carlson

Cross Country – 1, 2; Soccer – 3; Tennis – 1, 2; Swimming – 1; SADD – 3, 4; Pulse – 4

These years of high school have been a great experience. Four years of my life have been spent at this school and I'm glad that's the case. I've met some amazing people and learned quite a bit. I really do appreciate these high school years. I most definitely would not have made it through them without my Lord and Savior, Jesus Christ. I only hope my life has been a testament to others. Joshman, you're the best! I also want to thank the parentals, the friends, the teachers and faculty, and KB.

“I have been crucified with Christ and I no longer live, but Christ lives in me.” - Galatians 2:20



## Christopher Casserly

JV Soccer – 1, 2; Varsity Track – 1-4; Varsity Soccer – 3, 4; SADD – 1; Key Club – 1

Mom, thanks for keeping track of my grades and being a great mother. Dad, you are my best friend, really I couldn't have made it through these years with my sanity without you. Joy, I'm so lucky to have a role model like you in my life. I love you. Pauli, you have always had my back, so proud to call you my friend. Brooks, PJ, Matt, and Steve, you guys made high school an experience worthwhile. PJD PD AB MD SW LM RL JP MD SP MH NE. I love you guys! To my teachers, thanks. Mr. Morgan you are one of the most fascinating people I know; great coach, great teacher, real friend. Mrs. Dick, you made me enjoy school. Hey 08' good luck !

“Take a look on the other side get out of your own way, take a look on the other side see yourself in a new way.” - Barry Kingston



## Henry Cho

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Thank you to all who have made the past two years such a wonderful experience. A special thanks to Mrs. Dick, Mrs. Dunbar, Mr. Lucier, and Sister Emma Jean: I appreciate all you have done for me. Thanks also to Sydney, Paul, Steve, and Matt.

“Laugh, and the world laughs with you, Weep, and you weep alone.” - Old Boy



## Nina Cho

---

I would first like to thank people who have been involved in my life since I was born. Mom and Dad – thank you for giving Henry and me this nice opportunity to live abroad and learn new stuff. I thought of you guys every time. I love you! American mom – you taught me a lot! You are my best English teacher. Good luck for your mandarin class. Wo ai ni! I also like to thank my friends who were there every time. Allison – Yeah! Team tré! I can’t wait to go to California with you! Chrissy, Ashley, Katie and MB – you guys are awesome. Min – Minjeong! Thanks for being my best friend. I will miss you so much and your karaoke machine. Don’t forget to keep in touch and call me when you come back to Korea every summer. Sa Lang Hae! Good luck to you all, Class of 2008!

“Everything can’t be self-esteem, can it?” - The Perks Of Being A Wallflower

## William Churchill

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Hockey – 3, 4; Lacrosse – 1-4

I want to thank my family for everything during my time at high school. I also want to thank my friends and teammates for their support through everything during the years. I want to especially thank the hockey team. Even though we haven’t won a game, it has been a good experience. Good luck to the Class of 2009, hopefully they will be better to you than they were to us.







## Nicholas Cirillo

I want to thank all of the teachers at Sacred Heart for doing their jobs well, and I am glad to have known them. I am glad to have met all the wonderful friends I have made throughout my high school days, especially Mark Bridge. Oh, and thanks to my supportive parents. Farewell, Class of '08!

“Dost thou love life? Then do not squander time, for that is the stuff life is made of.” - Benjamin Franklin

## Kaitlin Cleary

Varsity Cross Country – 1-4; Ski Team – 1-4; Track – 1,3,4; GREAN – 1-4; Sacred Heart Scholars – 1, 2; National Honor Society – 3, 4; Spanish Honor Society – 3, 4; Heart Beat – 3, 4

Thank you Mom, Dad, and Kevin for all the opportunities and inspiration you have given me. Lauren, I couldn't even begin with all of our hilarious times. I know we will truly be best friends no matter where we go to college. Jackie, since fourth grade it has been me and you and always will be. Kay, best friends always. And to all my friends who have made these nine years at Sacred Heart so unforgettable, I love you. Good luck Class of 2008!

“I'll remember all the laughter as we go our separate ways but there's so much we're still learning and we cannot be afraid. There's a world outside our door and nothing is in our way, but if it's not what we're looking for, we'll meet again some day.” - Jack Wagner



## Timothy Cruz

Varsity Cross Country – 2, 3, 4; Varsity Hockey – 2, 3, 4; Varsity Baseball – 2, 3, 4

I would like to thank all of my family, friends, and teammates for their support during the last four years. I would also like to thank my girlfriend, Cara, for making junior and senior year that much better. It's been fun.

“You miss 100 percent of the shots you don't take.”  
- Wayne Gretzky



# Katelyn Damaris

JV Volleyball – 1; Varsity Track and Field – 1; Varsity Baseball – 2, 3, 4; National Honor Society – 3, 4; French Honor Society – 1-4

Mom and Dad, thank you for always being there and supporting me. Jillian, I'm proud to call you my little sister, even though you're not so little any more. I'll miss you a lot next year. Thanks to my friends who've been there through the good and bad. I don't know how I would have made it through high school without you. You have made such a difference in my life. I love you all. To the seniors, good luck to all, wherever life takes you.

"It's like all the bad stuff that you went through that you hated along the way: the people who disappointed you, the things that didn't go the way you wanted; suddenly, you feel grateful to them, because those are the things that go you to here, to this." - From *The Perfect Man*



# Paul D'Angelo

JV Baseball – 1, 2; Varsity Baseball – 3, 4; Varsity Basketball – 4; JV Soccer – 1; Varsity Soccer – 2, 3, 4; National Honor Society – 3, 4

These four years have gone by so fast. I owe everything to my parents, who have given me everything that I have and more. Without my parents I wouldn't be who I am today. I also want to thank my sisters, Chantelle and Danielle, for being awesome sisters and great role models for me. And last but not least I want to thank all of my friends, but especially Chris and Andrew. It's been great.

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." - Mark Twain

# Patrick Davis

SADD – 1; GREAN – 1; Peer Ministry – 3, 4; Varsity Hockey – 2, 3, 4; Varsity Baseball – 1-4

It's finally over, and I can't tell you how much fun it's been. Mom and Dad, thank you for every opportunity that you've given to me. Kylie, stay true to yourself, and enjoy the ride...I LOVE YOU GUYS. Casserole, you've been my "go-to-guy" from the beginning. Tessa, you're a blessing in my life, I can't describe how special you are. To everyone else, thanks for all the memories and laughs. Best of luck to everyone wherever you go, until our paths cross again...

"I want to say it's up to me to change the world; I want to play 'til they're kicking down the door; I'll be alright as long as I ain't seen it all; I'mma holdin' tight to that night we had a ball." - Kings of Leon







## Lauren Day

Crew Chief for "Bye Bye Birdie" - 4; Heart Beat - 4; Varsity Cross Country Manager - 1-4; Varsity Track and Field - 1-4; Math Tutor - 2, 3; National Honor Society - 3, 4; Latin Honor Society - 3, 4

Thank you to all of my teachers who wouldn't let me get away with not trying my hardest, you kept me going; my parents, for all the opportunities and support they have given me; and my friends for just about everything. I'm going to miss you all and won't ever forget the fun times we've had. The Canadian, Freckles, V, and Hemingway Hater: movie nights WILL continue, there is no other option. I would go insane without you.

"The Road goes ever on and on down from the door where it began. Now far ahead the Road has gone, and I must follow if I can. . ." - Bilbo Baggins

## Maria Del Pico

Varsity Cross Country - 1, 2; JV Cheerleading - 1, 2; Varsity Cheerleading - 4

Thank you so much Mom and Dad for all the opportunities you have given me; I can never show you how much I appreciate it. Teen, I'm so grateful to have a sister that I know will be a friend for life. Matt, Steve, Chris, and Ryan, you guys are awesome. Squad, the five of us have been through it all. Thanks for always being there. Steph, you know we couldn't have made it without each other. Taylor, I know we'll always be close; we're "only one call away." I love you guys! Ryan, I have never been so close to anyone, you are my best friend and I love you more than anything. Forever and always!

"Life goes by pretty fast. If you don't stop and look around once in a while, you could miss it." - Ferris Bueller



## Matthew Dennison

Varsity Basketball - 2, 3, 4; Varsity Baseball - 3, 4; Student Council - 3, 4; JV Basketball - 1; JV Baseball - 1, 2

Thanks to my boys: Steve, Chris, Paul, Dave, Wound, Tracy, PJ, and Ryan for making it fun. Thanks to the ladies: Steph, Erin, Mary, Nadine, Lauren, Maria, Megan, Suzie, Skunk, Emily, Nikki, Amy, and Lexie. I don't know how I would have made it with out all of you. Special thanks to my brothers, Tim, Brian, and my sister, Kaitlyn. Mom and Dad, thanks for everything. Without you this wouldn't have been possible.

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." - Bob Dylan



# Sydney Doubleday

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I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!



# Stephen Downs

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Soccer – 1-4; Track – 1-4

I would like to thank my family and my friends for helping me through high school. These last four years were hard, but worth it. Like Coach S always says, “You’ve got to search deep inside and dig, dig, dig.”

Our team dug deep enough to beat Martha’s Vineyard.

# Amy Duggan

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Varsity Track – 1-4; Peer Ministry – 2, 3; Chorus – 1; Dance Team – 1

First off, I would like to thank my parents for all that they have sacrificed in order to get me to where I am today. I could not have done it without either of you. Mom, you are my best friend. You have given me so much of yourself, and I can honestly say that I am so very proud to carry it with me. Dad, you are my biggest supporter. You have always been there pushing me forward, always reminding me that “this too shall pass”. I love you both so much. Mr. Morgan, I want to thank you for everything! You have helped me though so much this past year and for that I am grateful. You are an amazing teacher with such a giving heart. I’ll miss you so much next year. Friends- this experience has been unforgettable. Each and every single one of you has taught me something about life. There are so many memories that I will always take with me. \*A.N, A.S, C.F, M.D, E.B, S.V, J.S, S.P, E.O\* I love you all. You were the ones who made this all worthwhile. To the rest of the Class of 2008, I hope you get everything out of life that you want to. It’s been a crazy ride, but well worth it.

“Celebrate we will, for life is short but sweet for certain.” - Dave Matthews







## Nadine Ebersole

JV Cheerleading – 1, 2; Varsity Cheerleading – 3, 4; National Honor Society – 4; Chorus – 1, 2, 3; Peer Ministry – 3, 4; Community Service – 3, 4; Key Club – 1, 2; GREAN – 4

Mom and Dad- thank you so much for everything you have done for me, and making me the person I am today. I love you. Olivia and Sophia- Thanks for making me have to be a positive role model! You may be my little sisters, but you are and always will be my best friends! You two only have a few years left, so don't let a single moment pass you by. I will always be your big sister! Mary- Since the beginning and till the end, the world better get ready for us! Love you. Mary, Maria, Steph and Lauren- I love you girls, thanks for such great friendships, and so many laughs! You guys are amazing and these four years would never have been the same without you. Squad love <3. Brandon- Thank you for all the times we have shared together. I love you.

"Looking back, may I be filled with gratitude; looking forward, may I be filled with hope; looking upward, may I be aware of strength; looking inward, may I find peace."

- Author Unknown

## Arielle Eisenstein

Varsity Basketball – 1-4; Varsity Soccer – 1-4; Varsity Softball – 2, 3, 4; National Honor Society – 3, 4; Spanish Honor Society – 2, 3, 4; Heart Beat – 3, 4; Peer Ministry – 3, 4; SADD – 2, 3, 4

Mom, Dad you're my heroes. Thank you for everything, for always sticking by my side, never letting me settle for anything less than my best. Zach, my little brother, my best friend, thank you putting up with me all these years. Nana and Papa, you two are my second parents. I love you. David, my one and only, I'm glad we were in chem together 10<sup>th</sup> grade. I love you so much. To Katie, my best friend forever and always. Tay, bunchy, my older sister. To all my friends, bball/soccer girls, teachers, coaches: thank you for everything. You've made these past four years unforgettable. I couldn't have done any of it without you. I love you all!

"Only a life lived for others is a life worthwhile." - Albert Einstein



## Andrew Espinosa

Sacred Heart Scholars – 1, 2; National Honor Society – 3, 4; Spanish Honor Society – 3, 4; Heart Beat – 3, 4; SADD – 3; Amnesty International – 4

I never really believed it when it was first told to me, but the old cliché really is true: high school flies by. It was tough at times, but I wouldn't trade it for the world. A big thanks to my family, certain teachers who have guided me these past four years, and of course my closest friends: GG, JP, KS, MG, DM, EH, "Baxter", and the others who know they matter.

"It is a sin not to do what one is capable of doing." - José Martí



# Briana Falconer

Spanish Honor Society – 1, 2; Dance Team – 1, 2; SADD – 3, 4; Track – 3

Thank you Mom, Dad, and Craig for always believing in me and supporting me through everything. I love you. Chelsea, my second family, thanks for always being there for me, for the Hannah Montana tickets, and all the good times. Try not to have too much fun without me next year. Nikki, thanks for always being there to make me feel like an idiot, lol, and for all your support. Mr. Giardi, thank you for never giving up on me. To everyone else, thank you for making my years at SHHS worthwhile. Keep in touch.

“It’s all success if it’s what you need. Do what you like and do it honestly.”  
– Angels & Airwaves



# Veronica Falconieri

Martial Arts – 1-4; National Honor Society – 3, 4; French Honor Society – 2, 3, 4; Heart Beat – 3, 4; Creative Writing Club – 3, 4

I’d like to say I’m done, but they make us write these in December. If it were May, however, I would probably say something like this: Thanks Mum and Dad for keeping my head screwed on all these years and thanks to all my friends for putting up with me.

“I don’t know half of you half as well as I should like; and I like less than half of you half as well as you deserve.” – Bilbo Baggins

# Kathryn Farquharson

Brooke, thank you for being the best friend. You helped me through so much and I love you so much. Mom and Dad, thank you for supporting me and encouraging me to push through hard times. Emma, you are such a beautiful person I love you, thank you for being the best sister, you are going to do great things. Julia, Makasimba, here? Ndakasimba kana makasimbawo. Thank you Dispatch, for getting me through high school. Good luck Class of 2008!

“There will be no talk of turning back” – Dispatch







## Nicholas Frazier

Speech – 1-4; Debate – 1; Heart Beat – 1-4; Variety Show – 1-4; Literary Magazine – 1-4; Drama – 1, 2; Peer Ministry – 3, 4; Colorblind - 1-4

Here's to anything but a smooth ride. I still don't know my colors, but I think I will live. Mom, I cannot wait to call you from London. Dad, you always knew how to pick me up. Mo, you always were there to put your arm around me. Colleen, going from Panda to bif was the smartest thing I did in high school. SZ- thanks for the music. DM, I'll see you at the Winchester. Becna, thank you for making 20 hour days enjoyable. Scotty D., you were the teacher who made me want to make a difference. AB, Here's to a never ending leave except, we know people will always laugh. I can't wait to sit at a table and figure out how I am going to change the world.

"The kids are going to be alright." – The Who

## Christina Gallo

Von Kettler Award – 1-4; French Honor Society – 1-4; Sacred Heart Scholars – 2, 3; National Honor Society – 3, 4

First, I would like to thank my parents, my sister Jackie and my grandfather. Throughout the years, they have been a source of constant support, love and inspiration. I would especially like to thank my best friend – my mom. Thanks for always picking up the pieces and being there for me. These past 13 years have flown by and I'm left with my memories and laughs that are unforgettable. Thanks to all my friends, I love you all! My wish for the Class of 2008 is: Follow and fulfill all your dreams. Congrats Class of 2008 – We made it!!

"Time will bring its changes, but our memories will always be the most important, dearest thing in all the world to me!" - Anonymous



## Jillian Garceau

French Honor Society – 1-4; Key Club – 1-4; Chorus – 1, 2; Yoga – 4

Mom- Thank you so much for everything you've done for me, you're the best! David- Even through all the fights we have, you are my best friend, thanks bud! Ali- Thank you for always listening to me and always being there, love ya! Dad- Thanks for everything you've done for me through the years. Aunt Cathy- Thank you for everything! Kaylen - Six hilarious years, I can't even explain how funny we are. Chrissy - My muffin! Thanks for always being there. MessyTessy, EggLeg, Theresa and JackAttack, thanks for everything! And to everyone else, thanks for making these four years so memorable!

"The space between. The tears we cry. Is the laughter keeps us coming back for more." - Dave Matthews Band.



## Danielle Goldstein

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Cheerleading – 1, 2, 3; National Honor Society – 3, 4;  
French Honor Society – 2, 3, 4; SADD – 3, 4

Remember paddle boating around the lake and down the river and walking down the highway to get fried food and being gone for 5 hours. Remember dancing in the tent on the beach with Eddie. Remember glass cokes and blue sugs. Remember Radiohead! Remember lying on the train tracks at Walden Pond. Remember unicorns!

“This is one for the good days.” - Radiohead



## Allison Grace

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JV Soccer – 1; Varsity Soccer – 2; Varsity Ski Team – 1-4; JV Softball – 1, 2; Chorus – 1, 2; National Honor Society – 3, 4

Mom and Dad, thank you for all of your love and support throughout my entire life, but especially the last four years. Dad, you are truly the most intelligent person that I know, and Mom, thank you for always being there for me. I love you and admire you both more than words can express. To all of my friends, Marybeth, Ashley, Chrissy, Nina, and Katelyn, you are some of the nicest and most sincere people I have been lucky enough to know.

“I’ve been waiting a long time, for this moment to come. I’m destined for anything at all.” – Green Day

## Jessica Gray

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Varsity Soccer – 1-4; National Honor Society – 3, 4; Spanish Honor Society – 3, 4; Heart Beat – 3, 4; Peer Ministry – 3, 4; SADD – 3; Sacred Heart Scholars – 1, 2

I never thought it would be this hard for me to leave high school, but knowing that I’ll be leaving the people I love is something I hate to imagine. But for now, I can only think of how enjoyable my last four years have been. Mom and Dad, thanks for never letting me settle for anything but my best. You’ve made me truly believe that I can achieve anything I set my mind to. Jason, thanks for pushing me around as a kid. You made me into the player I am today... take no prisoners. Friends: You bring out the best in me. I can’t imagine life without you. Soccer chicas: You’ve given me so much. You are unforgettable. Panera crew: I love you more than you’ll ever know. You girls have become sisters to me. To the Class of 08, I hope you reach your dreams.

“If you can dream it, you can do it.” - Walt Disney







## Kayla Greenwood

JV Soccer – 1, 2; Varsity Soccer – 3; Varsity Swimming – 1; Varsity Track – 1, 3; Drama – 2, 3; Student Council – 3, 4; SADD – 3, 4; Sacred Heart Scholars – 1, 2; Spanish Honor Society – 2-4; National Honor Society – 2-4; Peer Ministry – 3, 4

I'm forever grateful to those teachers who made my time here meaningful. Mom and Dad - Thank you doesn't even seem to be enough. I wouldn't be anything without you. DJ, Molly, Michael - I respect and admire the three of you so much. Friends- You're the reason I'm able to make it through the day. I cannot get over how blessed I am to know people like you. To the Class of 2008, best of luck! You're an incredibly intelligent group of people that will go far.

"Try to be reasonable in the way you grow, and don't ever think it's too late. It is never too late. Even if you are going to die tomorrow, keep yourself straight and clear and be a happy human being today. If you keep your situation happy day by day, you will eventually reach the greatest happiness of enlightenment." - Lama Thubeten Yeshe

## Gregory Grillone

Swimming – 1

Thank you to everyone who helped me to get through senior year. A special thanks to my parents, friends, and all my teachers.

"Today is the greatest day I've ever known." - The Smashing Pumpkins



## Mary Hanna

Varsity Tennis – 1; Key Club – 1; Chorus – 1, 2; SADD – 3, 4; Peer Ministry – 3, 4

It's been 13 years at Sacred Heart and now I can't believe it's already over! Mom & Dad, I love you, thanks for the love, support, and example you have provided me with. Mike, only a few years left, make the best of it little brother! Squad, "there is a time in every girl's life when people stop being friends and become sisters." I love you girls. Nadine, thanks for being there always, you define best friend! Friends, for the laughs, memories, and love you have shared with me; I am eternally grateful, I love you all. Class of '08 we made it!

"So don't be afraid to make mistakes, to stumble and fall, because most of the time the greatest rewards come from doing the things that scare you the most. Maybe you'll get everything you wish for. Maybe you'll get more than you ever could have imagined." - One Tree Hill



## Erika Hartmann

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Varsity softball – 2; Swim Team – 2, 3; SADD – 3, 4; National Honor Society – 3, 4

Remember the cottage. Remember the concerts. Remember the roadtrips. Remember Sally, Kirk, Abe, and Mr. Blazer. Emily, Catherine, and Danielle, love you guys so much! These three years at Sacred Heart have been amazing.

“Come on, come on. Do what you want. What could go wrong?” - OK GO



## Ainsley Haughton

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Heart Beat – 3, 4; Chorus – 1, Art – 1, 2, 4

To everyone who has helped me, supported me, stood by my side, and never left me behind, thank you. Without the friends and family who have helped me to succeed, I don't know where I would be. Words cannot express how grateful I am to have all of you as part of my life. Mom, Dad, and Austin, thank you so much for being there, guiding and supporting me through some of the hardest times and roughest decisions I have made in the past four years. Lisa, you have truly been my rock throughout all of my life, for which I thank you. Courtney, you are one of the most loyal, loving, kind, and caring people I have ever met. I will cherish every memory we have shared together as best friends and I couldn't have asked for someone better to share my high school years with. Finally, Brian, thank you for all of your love and support. To everyone else, you know who you are, and all of my teachers, especially Mr. Dalton, thank you for everything you have taught me. Best of luck to the Class of '08.

## Erin Heggi

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Varsity Basketball – 2, 3, 4; Varsity Soccer – 3, 4; JV Softball – 1, 2; Varsity Softball – 3, 4; Varsity Cross Country – 1, 2; SPAC – 2, 3, 4; Peer Ministry – 3, 4; National Honor Society – 3, 4; French Honor Society – 2, 3

Patty Boy, you are my better half. I will miss you terribly next year. Mama and Daddy, thanks for driving up every day to get me from sports. K-Star, you've been with me from the start and have kept me laughing. Laure, in the words of our wise buddy, George, "Tell me who am I without you by my side." Beaver, thanks for always being there. Matty, you're a champ. Take care of the Lanche. Jessie, Ari, Jack Attack, Clear, Jill Nye, T-Sul and the rest of the gang, thanks for the good times. Peej and Davey, you've been like brothers to me. To the soccer and b-ball boys, thanks for the laughs and fun practices. Olson, thanks for three great seasons. B and H, I will miss the office. G, thanks for believing in me when I was younger. Dalt, thanks for giving me a chance on the paper. To the Class of 08:

“There's a place for you and me, where we can dream as big as the sky. And I know it's hard to see it now, but baby someday we're gonna fly.” -Keith Urban







## Cori-Rose Hopfgarten

SPAC – 1, 2; Creative Writing – 3, 4; Heart Beat – 3, 4

Thanks so much to my friends, family, and teachers - I couldn't have survived without you. Mom- thanks for making me come here. I'll always remember my heartians; SAD- bagels, beads, kidd00dguy, technologic; Trecko- bukowski, goulet, "comeon guys", art history, dehorsilization, best friends; MLR- CAFPH, markers, apple-bottom jeans, porkchops; Sarahs- deathstar, lincoln, creeps, taco bell; My Lil' Ginger- pididdle, JJP, APLang, "get this thing outta me!"; EM-yellow bird, "MONKEY!", new years, luminaries; CEO3- day 2 lunches, freshmen; AAP- spoothead; NVC, Colorblind Lover, CPO, AMM, VAK, TAB, KMB - I love you all.

"Be true to your work, your word, and your friend." - Thoreau

## Sarah Hopkins

Chorus – 1-4; Show Choir – 1-4; Cross Section – 1-4

Mom and Dad- No words can explain how grateful I am to have parents who have supported me through everything I do. I truly appreciate everything you have done for me. Tanya, Chris, Grant and Brandon- thank you guys for teaching me many valuable lessons. Kathleen- together we have faced the best and the worst! I love you more than you'll ever know! Dede and Mel- we've had amazing memories! I love you guys! Class of 2008 best of luck to all of you!

"Life is about...trusting your feelings, taking chances, losing and finding happiness, appreciating the memories, learning from the past and realizing life goes on."



## Kelsey Hughes

Speech – 1-4; Drama – 1-4; Cameo – 3, 4; Heart Beat – 3, 4; Show Choir – 1, 3; Liturgy Choir – 1, 2, 3; Student Council – 3, 4; Track and Field – 1, 2, 4; National Honor Society – 3, 4; Spanish Honor Society – 2, 3; Sacred Heart Scholars – 2

"Thank you" is what I should say here, but that really isn't enough for these people. Dad and Sean, you made life easier no matter how much grief I gave you. Kim and Ash (and Bailey), it is so nice to have other girls in the house to look up to now. Dalton, Beena, and Mr. Foresta, you taught me more about myself than I ever could have learned on my own. All my friends, you helped me make it through each day more than you know. Love you all.

"We got older but we're still young." – The Starting Line



## Rebecca Johnson

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I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!



## Kathleen Kelley

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Soccer – 3, 4; Track – 1-4; Student Council – 2, 3, 4

We're done! Congrats Class of '08. I want to thank my parents for sending me to Sacred Heart and supporting me through everything. Meghan and Danny I want to thank you for always being there for me. To my friends, you know you all mean the world to me and I wouldn't be where I am today without you, thanks.

“So live like you mean it, love till you feel it, it's all that we need in our lives.” - Goo Goo Dolls, *Before It's Too Late*

## Katelyn Kelliher

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Varsity Cheerleading – 2, 3, 4; Speech and Debate – 1-4; Amnesty International – 1-4; Pulse – 4; National Honor Society – 3, 4; Key Club – 1-4; Spanish Honor Society – 3, 4

I would like to thank my Mom, my Dad, my brother, Marty, and my sister, Maeghan, for all their loving support. To my friends and the entire Sacred Heart community, thank you for making my high school experience unforgettable.

“The people who go the furthest in life are not necessarily the most gifted or the most talented, but those who work the hardest and are willing to follow their dreams.”







## Paul Kelly

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Heart Beat – 3, 4; Yearbook – 3, 4; Dungeons and Dragons Club – 1, 2, 4; Visual FX – 3, 4; National Honor Society – 3, 4

Thank you to all who helped me forward. I will miss those who will miss me, and remember those who remember me. Thank you Mom and Dad for the support, encouragement, and the countless more you gave to me. Thanks to Mark, Nick, Erin, Beth, and the rest of the group I grew to know. Live on. Live long. Live well.

“We rode on the winds of the rising storm, We ran to the sound of the thunder. We danced among the lightning bolts, And tore the world asunder.”

- Robert Jordan, *Wheel of Time*

## Victoria Kessinger

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Cross Country – 1-4; Track – 1, 2, 4; SPAC – 1-4

Eric, we’ve grown up together. I’ll never forget all the weird and funny things we did throughout our many years at Sacred Heart. Thank you for always being there. Stephanie, you are the strongest and most genuine person I know. You have no idea how much I admire you. Lexie, thank you for laughing with me. Rebecca, I love you, thanks for always listening. To all my fellow lifers, I’m proud of you, we survived. Mom and Dad, thank you for everything.

Keep true to the dreams of thy youth.



## Austenne Kight

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First off, I’d like to apologize if I’ve ever personally offended you. And I’d also like to send a sincere thank you to my parents, who somehow managed to put up with me for so long. You’re both awesome, just so you know. Seriously, Mom, I cannot begin to count the times when you would tell me to do something, and I would complain, only to thank you later.

Grammy, thanks for correcting my grammar all of the time. If nothing else, I’ll always be well-spoken. Beebop, I just wanted to let you know that despite my protests to the contrary, you are my sister, and I’m proud of you. The same goes for the Munchkin.

And to my fellow PTZ travelers, I am really, truly going to miss you all. And I mean that (you can’t see me right now, but I’m getting teary). I love you guys. So, good luck and good bye. We’re off to bigger and better things.

“Well! I’m actually feeling rather good about this. I think we’ve all arrived at a special place. Spiritually. Ecumenically. Grammatically.” - Captain Jack Sparrow



## Sarah Lagerstedt

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I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!



## Emily Lapworth

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Remember lettuce wraps and P.F. Chang's, my ninth grade b-day party, the click five, BC football games, McDonalds at midnight, monsoon day, walking to Wal-Mart, my purple hair, my Halloween party, watching Rocky Horror in a tent, "I'm over that," snowboarding in NH, Chai, driving around for an hour looking for a port-a-potty at Erika's cottage, Tilly and the Wall, our cinema video, the long wait before concerts, opening bands, Arctic Monkeys (Dubs!), walking by Arctic Monkeys and then trying to find them after, fondue and those guys chasing us, mille borne, boeuf barley, and milk.

"I have it all here in red, blue, green." -Radiohead

## Ryan Lawlor

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Varsity Track – 1; Varsity Hockey – 2, 3, 4; JV Lacrosse – 2, 3, 4; SADD – 4

Thank you Mom and Dad, you have worked so hard to send me to this school; I know it wasn't easy and I love you. Thank you Brendan and Shane, you were always behind me, even when we were fighting. Good luck in high school, you might need it. Thanks to all my friends, I'll never forget the good times! Thank you Maria, you have always stood next to me in everything I've done and I love you more than anything, forever and always!

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." - Marianne Williamson







## Alexandra Lowe

Student Council – 4

High school is finally over!! Mom and Dad, thanks so much for always being there and for everything you have done for me. I could have never done this without you, I love you both so much. Jess, even though we didn't always get along you were always there for me, I love you and I will miss you next year. Matt, I love you more than anything and I am so happy I have you. To all of my friends, I couldn't have gotten through high school without you. I love you all.

"We never grew out of this feeling that we won't give up."

- The Starting Line

## Catherine Manning

Varsity Swimming – 1, 2; Varsity Tennis – 1-4; SPAC – 2, 3, 4; SADD – 4; Heart Beat – 4

There's not much to say other than thank you. Thank you to all my friends who have been there when I've needed you the most. Thank you to all my teachers who have made my high school years productive. Thank you to the entire Class of 2008, we were lucky to have each other. And thank you especially to my parents who have supported me every step of the way. I couldn't have survived high school without all of you.

"Life is too short, so love the one you got 'cause you might get run over or you might get shot." - Sublime



## Ashley Markon

SPAC – 2; SADD – 4; Pulse – 4

Thanks to my family for helping me through the years at Sacred Heart. You have done so much for me and I love you guys sooo much! Thanks to all my friends who have helped me out through the good and bad times. I have had such a great experience here thanks to you guys. I don't know where I would be without you. I'll never forget the years that I have spent here! Special thanks to S.K., S.L., M.C., A.G., C.G., N.C., K.K., K.B. You guys are the best!

"I hope you never look back, but ya never forget,  
All the ones who love you, in the place you left."

- Rascal Flatts, *My Wish*



## Tyler Marvelli

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Cameo – 3,4; Honky Tonk Angels – 3; Seussical – 3; Bye Bye Birdie - 4

I want to say thanks to everyone who helped me in any way over the past four years. All the shows and performances were awesome, regardless of all the long hours of practicing and perfecting. Thanks to Alex and Eric for making music that much more fun to play. Another thank you to those people who I call my parents as well as all the teachers who put up with me. Tech guys, always remember to be innocuous!

“And everything under the sun is in tune, but the sun is eclipsed by the moon.” – Pink Floyd



## Kaylen McMullen

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Varsity Cheerleading – 1-4; Key Club – 1-4; Chorus – 1, 2; Heart Beat – 3, 4

I cannot believe that high school is over. Mom and Dad- you've been there every step of the way and your love and support means the world to me. Ry- I have always looked up to you, you mean so much to me. Jill- Six years at SH and you always kept me laughing. I couldn't have done it without you. Egg- Thanks for being the person I could always call about anything. Theresa, Jackie, Lauren, Tess- I would have been lost without you. To all my friends, I will miss you all so much, thanks for the great memories.

“A thousand miles seems pretty far but they've got planes and trains and cars. I'd walk to you if I had no other way.” – Plain White T's

## Eric Meier

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I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!







## Lauren Mills

National Honors Society – 3, 4; Spanish Honor Society – 3, 4; Sacred Heart Scholars – 1, 2; JV Soccer – 1; Varsity Soccer – 2, 3; Varsity Cross Country – 4; Varsity Gymnastics – 3, 4; Varsity Cheerleading – 2, 3; SADD – 3, 4; Peer Ministry – 3, 4

We did it! I have met so many great people over the past twelve years and I can't believe how fast the time went. Mom and Dad, I love you, thank you for absolutely everything. Kaitlin, I don't even know how to thank you for making me never stop laughing, and I know we will always be inseparable. Squad, you are the best, and I love you all a bunch. All my friends, you are really going to make graduating hard, and I love you for it. Congratulations Class of 08, and good luck!

"Nothing you can know that isn't known, nothing you can see that isn't shown, nowhere you can be that isn't where you're meant to be, it's easy, all you need is love."  
– The Beatles

## Torey Montesi

Baseball – 1, 2, 3; Golf – 1, 2; SADD – 1, 2

Thank you to all those who have supported me on my journey through school. Acquaintances, teachers, friends, and family have all helped me to be who I am. I'll never forget the good times, the bad times, and the times I wish I remembered. Hah. Good luck to everyone. Maybe we will bump into each other later on. But for now I wish you the best of luck and the greatest of experiences. Congratulations Jared, Josh, Steve D, Billy, Tim, Steve, and everyone.

"I hope you never look back, but ya never forget, All the ones who love you, in the place you left, I hope you always forgive, and you never regret, And you help somebody every chance you get..." - Rascal Flatts, *My Wish*



## Augusta Moore

Speech and Debate – 1-4; Community Service – 1-4; National Honor Society – 3, 4; National Latin Society – 2, 3, 4; Sacred Heart Scholars – 1, 2; Corric – 3, 4; Chorus – 1, 2; Varsity Swimming – 1

Mom and Dad: Thank you for all that you have given to and given up for me. I could not have "succeeded" these past four years without your constant support to fall back upon. I love you and I'm very proud to call you my parents. N- The car rides were amusing and I believe we learned a lot about each other along the way. M- I love your weird dance moves and misinformation. I will miss your laughter next year. HBO2- You're the most passionate person I know and the best sister ever. You guys are the only important things in my life and I hope you never forget that.

"And brother, for all time, hail and farewell!" - Catullus



# David Muir

National Honor Society – 3, 4; Varsity Golf – 1-4; Spanish Honor Society – 2, 3;  
JV Basketball – 2; Varsity Basketball – 3, 4; Speech and Debate – 1, 2, 3;  
JV Baseball – 1, 2; Key Club – 1-4; Peer Ministry – 3, 4; Swimming – 1

Thank you everyone who made my years at Sacred Heart an amazing time. First to my parents, I love you so much and I would not be half of what I am today without your support, guidance and love. To my brother Mike, you have so much potential keep doing what you love to do and don't listen to the people who say you can't do something. To all of my friends, you have been steadfast and true and I could not have asked for better friends. You have made my years from elementary to high school worthwhile and I will never forget those memories. Finally, thank you Sacred Heart faculty and staff. I share a bond with each of you because you made my learning experience not only educational, but fun.



# Melanie Mulkern

JV Soccer – 1; Varsity Soccer – 2, 3, 4; Varsity Track – 1-4; National Honor Society – 3, 4; Spanish Honor Society – 3

I just wanted to say thank you to my parents, because even though I fought them to go to Sacred Heart, it really was the greatest thing they could have ever done for me. I also wanted to say thank you to Franny, my car rides to and from school would have been so lonely without you. Finally, I want to say good luck to all of my friends and that I will miss you. I would not have been able to get through the years without you guys. Love you!

“When we were young we never cared, And now we’re scared of jumping in  
Like we’ve forgotten how to swim, But if we try and if we tread  
then we can teach ourselves again, ‘Cause it’s worth the chance we take.”  
- Bayside

# Alexandra Muller

I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!







## Jacqueline Murphy

Varsity Cheerleading – 3, 4; GREAN – 1-4; National Honor Society – 3, 4; French Honor Society – 3, 4; JV Cheerleading – 1, 2; SADD – 1-4; Key Club – 2, 3, 4; Varsity Baseball – 2, 3, 4

In these past twelve years, this school and its people have opened my eyes to and prepared me for reality. Here, I have learned to laugh at myself and met the most amazing people to laugh with. To my family, who have provided me with all opportunities imaginable to grow; to my teachers, who have gone above and beyond to help me excel; to those who have discouraged me, you have made me stronger; and to my friends, who I'll always rely on, I love you. Thank you for everything.

"I know I'll never lose affection for people and things that went before, I know I'll often stop and think about them. In my life, I'll love you more." - The Beatles

## Nicole Newell

Varsity Soccer – 1-4; Varsity Skiing – 2, 3; National Honor Society – 3, 4; French Honor Society – 1-4

Mah, thank you for everything. You are my best friend. Daddy, thank you for being my biggest fan, on and off the field. Cam, thanks for always keeping me on my toes. Wes, you have taught me and given me more than I can ever thank you for. LSVS '07, I couldn't have asked for better and I love and miss you all. Friends, thanks for always being there when I needed you most and for making me laugh, you got me through. Class of '08, best of luck in the future and congrats.

"Hey let's drink from a cup, share some luck, and go ahead and laugh, cause it don't cost much." - Dispatch



## Steven Pelletier

Varsity Soccer – 1-4; JV Basketball – 1; Student Council – 3, 4

I want to thank my aunt and uncle for always being there for me, supporting me in everything I do, and always pushing me to do the best I can in everything. All of my teachers, for the time they have put in, in and out of school, to help better my education, and for always being there when I need them the most. The boys on the soccer team, and of course my friends, Chris, Lawlor, Paulie, Mel, Steph, Maria, Mary, Ross, Lauren, Heg, Alyssa, Meg, Lexie, Amy, PJ, Tessa, and everyone else. High school wouldn't have been the same without you. And of course, Matt, I couldn't have done it without you, thanks for always being there, son: friends 4ever. Best wishes everyone.

"Everyone in life is faced with problems, tough situations, and hardships but, it's how you handle them that makes you who you are, and shows others who you will ultimately be.....a champion."



# Jake Pirri

Varsity Golf – 1-4; JV Basketball – 1, 3; Varsity Basketball – 4; JV Baseball – 2; Varsity Track – 3; National Honor Society – 4; Spanish Honor Society – 3, 4

I'd like to thank everyone who helped me throughout my time at Sacred Heart. Mom and Dad- Thank you guys for giving me the opportunity to come to Sacred Heart, I couldn't have done it without you. Ben and Emma- You are awesome siblings. Thanks to all my friends, we've been through good times and bad and it's been a lot of fun. Andy, you have been like a brother to me, and we've had more good times than we can count. These four years have been the best of my life, and I am thrilled I came to Sacred Heart.

“Life is far too important a thing ever to talk seriously about.” – Oscar Wilde



# Alexander Price

Varsity Track and Field – 1-4; Varsity Speech and Debate – 1-4; Drama – 1-4; White Key Club – 1, 2; Cameo – 3, 4

For good or for ill, every person I've met at Sacred Heart has made an impact on me, and I sincerely thank you all for that. Thank you to my parents, for the constant amount of time and support you gave to me, sometimes when I didn't deserve it as much. The same could be said for my sister, Jen. I love you more than words can do justice. Eric, we've seen it all and worked through it. I owe my sanity and life to you, thank you. Admittedly I'm sad to be leaving and yet, I feel I need to. To everyone, I sincerely wish you luck and I love you all. Thank you and goodbye.

“It's hard to stay mad when there's so much beauty in the world. Sometimes I feel like I'm seeing it all at once, and it's too much. My heart fills up like a balloon that's about to burst. And then I remember to relax, and stop trying to hold on to it, and then it flows through me like rain and I can't feel anything but gratitude for every single moment of my stupid little life. You have no idea what I'm talking about, I'm sure. But don't worry...you will someday.”

- American Beauty

# Joshua Rashid

Theatre – 1-4; Tech – 2, 3, 4; Drama – 1-4; Community Service – 1-4

Wow. Four years gone already. Class of '08, it has been a great experience. Thanks so much for everything you guys taught me. To my friends I have made, thank you even more for everything. I could not have made it without you. Good luck Class of '08.

“It doesn't matter if you go to Harvard or a community college. What matters is the effort you put in there.” - Francis Jackson







## Brooke Rezendes

Track – 1; Varsity Tennis – 2; Dance Team – 2; SPAC – 2; SADD – 3, 4

I want to first and foremost thank my mother. I know I was a handful and you brought me up well. From grades to boys, you gave me the best advice. I love you dearly and I honestly could not have gotten through high school without you. Also I want to thank Bobo because even though you're my annoying little brother I love you for it. Lastly I need to thank my closest friends, I love you all! Good luck!

"When is enough finally enough? When the hang-ups and the heartbreaks get you past All failures and bad breaks Just accept yourself And find something that brings you closer to complete." - Bayside

## Melissa Robertson

JV Volleyball – 1, 2, 3; Varsity Volleyball – 4; JV Basketball – 1, 2; JV Softball – 1, 2; National Honor Society – 3, 4; Peer Ministry – 3, 4; SADD – 4

I couldn't wait for high school to be over but now I can't believe that it is. I want to thank my Mom and Dad for everything that they have given me. I am here today because of everything that you have done for me. I also want to thank Matt: I will always look up to you as a guiding force throughout my life. And lastly, thanks to all of my friends who have always stood by me, I wouldn't know what to do without you. Congratulations to the Class of 2008 and good luck!

"All you can do is take on as much weight as you can bear. And if you're lucky, there's someone close enough by to shoulder the rest." - Sarah Dessen



## Molly Rowan

First, I'd like to dedicate this to Steven Laramie. You should be taking these next steps of life beside all of us. You'll forever remain in our hearts.

Thanks to my parents for always being there. Thank you to the Hennings family; I don't know what I'd do without you guys. Rachel, words can't describe how great of a friend you've been.

Syd, we have Eric to thank for all the good times we've had. Cori, Rebecca, Vic, Eric, Alex, thanks for making this year amazing. Ainsley, as Sinead would say, "Nothing compares to you." Meg and Lyss, I'll never forget the "FKC". Good luck to everyone.

"If you can't laugh at yourself, life's gonna seem a whole lot longer than you like." - Garden State



# Emily Runey

Student Council – 1, 2; Varsity Cross Country – 1-4; Varsity Track – 1-4; Swimming – 1; National Honor Society – 3, 4; French Honor Society – 3, 4; Peer Ministry – 3, 4; Chorus – 1, 2

Mom and Dad, I want to thank you for always being there when I needed you the most, and for pushing me to my full potential! I love you both and I don't know where I'd be without you! Justin, thank you for being a great big brother and for teaching me to always follow your dreams. I'm proud of you! Fallon and Alex, I don't know what this year would have been like without you both! Enjoy the ride! Friends, you know who you are! To all my teachers, thank you for everything. Class of 08' congratulations! We did it! Good luck in all your future endeavors!

“Well I'm what I am, and I'm what I'm not, and I'm sure happy with what I've got I live to love and laugh a lot and that's all I need.” – Kenny Chesney



# Richard Seibert

JV Golf – 1, 2; JV Baseball – 2; Varsity Track – 3, 4; Varsity Soccer – 4; National Honor Society – 3, 4; Spanish Honor Society – 3, 4

To all of you who helped me through these years, you know who you are and you know what you have done.

“The hopes and fears of all the years are here with us tonight.”  
– Kurt Vonnegut

“We've all seen them. On the playground, at the store, walking on the streets. They creep us out, and make us sick to our stomachs. I'm talking, of course, about Ginger kids.” – Eric Cartman

# Theresa Sullivan

Varsity Volleyball – 1-4; Varsity Softball – 2, 3, 4; JV Softball – 1; Varsity Basketball – 1, 2, 3; GREAN – 1-4; Heart Beat – 3, 4; SADD – 2, 3; Chorus – 1,2; National Honor Society – 3, 4, Spanish Honor Society – 3, 4; Yoga Club – 4

Thank you to my parents and Jen for all the support and telling me that I could do whatever I set my mind to. Also, thanks to my best friend Kaylen, who has always been there for me and given me some of the funniest moments of my life. Mel, thanks for the many car rides together and great memories. Courtney, Audrey, and Teena, we've had great times this year; thanks for always being there for me. To all my other friends, thank you for the support and the many laughs! I will miss you all and good luck!

“You and I will meet again, When we're least expecting it, one day in some far off place, I will recognize your face, I won't say goodbye my friend, for you and I will meet again.” - Tom Petty







## Jared Taylor

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I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!

## Alexandra Townshend

---

Heart Beat – 3, 4; National Honor Society – 3, 4; Speech and Debate – 1-4; Drama – 4; French Honor Society – 3, 4; Sacred Heart Scholars – 1, 2

My years at Sacred Heart have been a wonderful experience. To my friends: thank you for always making me laugh, particularly at myself. I'm going to miss you all next year. To my teachers: thank you for never letting the bell stop you from teaching. To my family: thank you for being the wonderful people that you are. Mom, for being my best friend; Dad, for understanding me better than anyone else; and Blaire, for finishing my sentences for me – thank you. To the Class of 2008: I wish you all luck and happiness wherever you end up.

“And now for something completely different...” – Monty Python



## Danielle Tsitos

---

Chorus – 1, 2, 3; SADD – 2, 3; Cross Country – 1; Community Service – 2, 3; Peer Ministry – 3, 4

The past four years of high school have gone by so fast. First, I would like to thank my Mom and Dad, who have always been there for me. I couldn't have done it without you guys! Chris and Nick- Even though you guys are always picking on your only sister, I couldn't have asked for better brothers! And to all of my friends- Thank you for all the good times, laughs, and memories. High school wouldn't have been the same without my friends. Good Luck to everyone and congratulations to the Class of 2008!

“If you can imagine it, you can achieve it; if you can dream it, you can become it.” - William Arthur Ward



# Sarah Valanzola

I can't believe it's finally over. I know that's cliché to say, but it's true. And I know it's cliché to say it's cliché. Anywho, I'd like to thank my family along with the few true people I've encountered while being here. Mom and Dad: I really do appreciate everything you've done for me. Friends: You know who you are. Thanks for all the good times and being there for me. And Jared, thanks for jamming The Beatles and politics down my throat.

"For long you live, and high you fly. And smiles you'll give, and tears you'll cry. And all you touch, and all you see is all your life will ever be." - Pink Floyd

"Proud of my life and the things that I have done. Proud of myself and the loner I've become. You're free to whine, it will not get you far."  
- Say Anything



# Teresa Vercollone

JV Soccer – 1; Varsity Soccer – 1; Varsity Cross Country – 2, 3, 4; JV Basketball – 1; Varsity Swimming – 2, 3, 4; Varsity Track – 1-4; National Honor Society – 3, 4; Spanish Honor Society – 3; SPAC – 2, 3, 4

I can't believe it's already over. Thanks to all my friends who have made my experience so much fun: DJ K, Jillian, Garf, Egg, K-Tay, Twin, and Rach. To all my team members; running/swimming wouldn't have been half as fun without you guys. Mom and Dad (my running buddy), thanks for your guidance and always challenging me to be my best. My Bro's and Sisters: Thanks for being such great role models and for always looking out for me. I LOVE YOU GUYS. PJ- I never thought I'd look forward to going to school each morning, until I knew I'd get to see you. You've made my senior year all I've every dreamed it to be. I love you.

"Show respect for all, see through your differences, and love." - Author Unknown.

# Stephen White

I wish to thank my parents as well as all the teachers at Sacred Heart who made my high school years so worthwhile. I could not have done it without you.

Best wishes to everyone in the Class of 2008!







## Stephanie Williams

JV Soccer – 1, 2

A special thanks to Mom and Paul; I love you both for putting up with me through the years. I couldn't have gotten through them without you. Allen, thanks for being my big brother and leading the pathway for me, love you. Lauren, Mary, and Nadine, thanks for being there when I need you guys the most. Squadlove! Maria, you're not only a best friend to me, you're my sister, and I couldn't have asked for a better friend. You know me better than I know myself. Steve, Matt, Chris, and Ryan love you all and wish the best! All my friends, thank you for making my high school years worthwhile.

"The roughest road often leads to the top." - Christina Aguilera

"So thank you for standing right by me; so thank you for being behind me  
And watching me grow and letting others know that you still believe in what I'll be."  
- Christina Aguilera

## Shadman Zaman

Debate – 1-4 (Beena made my life); Heart Beat – 1-4 (Dalton is crazy - in a good way); Speech – 1-4; Class Officer – 2; National Honor Society – 3, 4; French Honor Society – 2, 3, 4; JV Soccer – 1 (Saman was my hero); Varsity Tennis – 1; Sacred Heart Scholars – 2; Variety Show – 2, 4; Literary Magazine – 1-4

Trying to figure out how to save the world one day at a time.

"Stay right where you are you'll be half of who you were."  
- Guster, *Homecoming King*



## Colleen Zuzevich

Swim Team – 2, 3; Pizzazz – 1, 2, 3

Mom and Dad- thank you so much for everything you've done for me. I wouldn't be where I am today if it weren't for you. Mike- I know that I get on your nerves, but at the end of the day I know you love me no matter what and I love you too. Nicholas- you mean the world to me. I don't know how I've made it 11 years without you. I love you. DeDe- "Pineapple?" "Where is it?" Ains- grill cheese girls!!!! Class of 2008- Good luck with everything you do.

"You know you're in love when you can't fall asleep because reality is finally better than your dreams." - Dr. Seuss





(Clockwise from upper left) Shadman Zaman and Cori-Rose Hopfgarten are not afraid to ham it up; Kaitlyn Demaris, Kayla Greenwood, and Kathleen Kelley enjoy a moment; Chris Casserly bears the flame, and scares us; Erin Heggi prepares for a quick getaway; Marybeth Carlson and Christina Gallo savor the moment; members of the Class of 2008 strike a pose.



# Underclassmen









# CLASS OF 2009



Sarah LeDonne and sophomore Haley Reddington enjoy lunch.



Rachel Redfearn and Min Jeong Shin share a laugh.



Tim Fitton, Rex Macapinlac, and Zach DeLong goof for the camera.

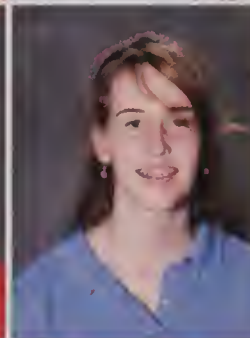
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David Afzali  
Alicia Amaro  
Katherine Andersen  
Alexandra Artiano  
Dana Aubert



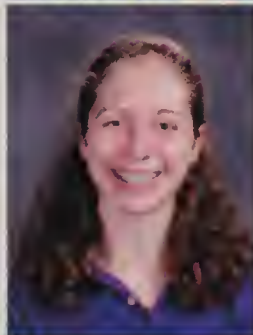
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Ronald Boidi



Anthony Burke  
Patrick Burns  
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Evan Carey  
Jessica Cashin  
Fallon Cassidy



Sarah Cirone  
Cassandra Cliff  
ElliceAnn Coffey  
Robert Colangeli  
Paul Coner  
Matthew Cullen



Hailey Cuomo  
Diana Cybulska  
Zachary DeLong  
Benjamin Denmark  
Alexander Devik  
Mary Donovan







Nicole Donovan  
Nicole Ellis  
Carolynn Espinosa  
Alexandra Finney  
Colby Fisher  
Timothy Fitton



Anthony Frietas  
Rebecca Golden  
Chelsea Grande  
Julie Groezinger  
Elizabeth Higgins  
Lucy Hoagland



Jacqueline  
Howard  
Elizabeth Howie  
Jeremy Iacovino  
Stephen Imparato  
Kathryn Johnson  
Aleksis Kanelos



Alexander Kang  
Amy Kerr  
Dayton Kinney  
Devon Lamothe  
Kelsey Landrigan  
Sarah LeDonne



Hannah Lefevre  
Kirsten LeGrow  
Corinne Lemieux  
Holly Lootz  
Kirby Love  
Mary Lurvey



Alexandra Lyons  
Rex Macapinlac  
Danielle May  
Zachary Mello  
Meghan Morey  
Molly Morgan



Courtney Moylan  
Taylor Mullen  
Rita Murphy  
Julia Murray  
Lily Mysona  
Elie Naoum



Shelby Nessralla  
Melissa Nordby  
Michelle Nutter  
Danielle Ohrenberger  
Carl Olson III  
Joseph Osborne



Cashel O'Sullivan  
Patrick Prendergast  
Rachel Redfearn  
Erin Redmond  
Erin Reilly  
Daniel Rossano-Collier



Lauren Rowan  
Craig Rumble  
Kristin Schreiber  
Kyle Scola  
Meaghan Sennott  
Min-Jeong Shin



Chandler Smith  
Stefanie Sorrento  
Kelly Sweeney  
Allison VanRiper  
Ryan Vermette  
Hilary Waitner



Hailey White  
Katherine Zukowski



Patrick Prendergast tries to make a point while Julia Dwyer attempts to avoid the spotlight.



Devon Lamothe, Beth Higgins, and Erin Redmond catch up on their reading during lunch.



# CLASS OF 2010



Adam Afzali, Mary Grace Wolfe, Haille MacInnis, and Steven Donnelly are just happy to be at Sacred Heart.



Junior Amy Kerr and freshman Susannah Tuminelli join Emily Barry for moment in the cafeteria.



Adam Afzali  
Ryan Albanese  
Brett Arsenault  
Marlaina Asvestas  
Nicholas Balboni  
Emily Barry

Ryan Barry  
Colleen Beatson  
Alexandria Boboruzian  
Charles Bradford  
Marissa Brait  
Stephanie Brooks

Dan Browne  
Adam Bruneau  
Joseph Burchill  
Nicole Cafarella  
Tracy Cahill  
Julia Campbell

Cal Ciarcia  
Jamie Connor  
Joshua Cook  
Brandon Critch  
Jeanine Crowley  
Alexander Cruz



Audrey Cubellis  
Alessandra Daly  
Amanda Damery  
David Day  
Kristina Del Pico  
Eric Donnelly



Julia Dwyer  
Erika Earle  
Luisa Earle  
Owen Eccleston  
Zachary Eisenstein  
Shannon Fane-Hervey



Kevin Fanning  
Molly Fleming  
Christina Fonts  
Adam Forziati  
Cecelia Franzini  
Gregory Gavigan



Michael Gerhard  
Michael Goldman  
Matthew Grillo  
Danielle Hartmann  
David Hayhurst  
Lea Hebert



Nicole Herman  
Joseph Jannetty  
Michael Johnson  
Martin Kelliher  
Kathleen Ketter  
Jonathan Ladas



Victoria Landers  
Haleigh Landrigan  
Kirsten Lawlor  
Mark Leonard  
Jessica Lowe  
Haille MacInnis



Taylor Marino  
Scott Mason  
Meiling May  
Nicholas Mirabito  
Francis Mulkern  
Joseph Nelson







Erin O'Neil  
Simon Ostrowski  
Ross Page  
Casey Palm  
Victoria Pardo  
Benjamin Pirri



Eric Price  
Caleb Rasak  
Haley Reddington  
Matthew Rose  
Taryn Shannon  
Victoria Shaw



Dana Shepard  
Rachel Sidiropoulos  
Noelle Slavin  
Nicole Souza  
Eileen Stickney  
Kelsea Struski



Rachel Sullivan  
Caitriona Tilden  
Blaire Townshend  
Olivia Tripp  
Catherine Umano  
Michael Viscariello



Brittany Walsh  
Colin Welch  
Karlyn Whipple  
Emily Wisniewski  
Mary Grace Wolfe



Victoria Pardo enjoys the warm weather outdoors.



Luisa and Erika Earle hope everyone lives long and prospers.



# CLASS OF 2011



There's no question that these freshmen are enjoying their lunches (or at least being at lunch).

Tyler Albanese  
Samantha Amat  
Pam Anderson  
Elise Atti  
Nickolas Aylward  
Shannon Barry



Geena Boidi  
Emily Bracken  
Brittany Bradford  
Olivia Brown  
Laurie Bryan  
Jessica Bump



Courtney Buohl  
Benjamin Burke  
Ryan Cahill  
Kaitlyn Cardey  
Asia Chadwick  
Melissa Chighisola



Briana Clark  
Alexandra Critch  
Jesse Davidson  
Sean DeGrace  
Nicole DeJon  
Molly Dinardo







Willie Dinardo Jr.  
Matthew Donovan  
Hayden Dunn  
Annemarie Faiella  
Nicholas Fantasia  
Felicia Femino



Sarah Fleming  
Samantha Flowers  
John Flynn  
Andrew Freeman  
Ellis Friedman  
Connor Glynn



Alexandra Goodson  
James Goodson  
James Grande  
Daniel Greaney  
Timothy Habeeb  
Kevin Hanlon



Patrick Heggi  
Laura Higgins  
Kelsey Horan  
Margaret Hurley  
Hannah Jaeger  
Christian Johnson



Erika Johnson  
Vincent Jordan  
Sunnyrose Juzukonis  
Jacqueline Kasper  
Maeghan Kelliher  
Liam Kelly



Andrew Kenney  
William Keough  
Seth King-Doody  
Brittany Kyriakides  
Rhiannon Liolios  
Jessica Manning



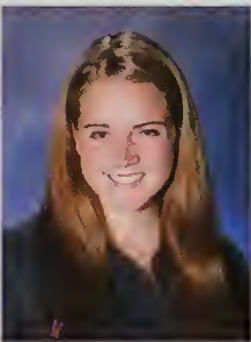
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Amy McGann  
Danielle McKenna  
Cathybelle McPhee  
Zachary Metzger  
Alyson Milmore



Jennifer Mobilia  
Kevyn Montesi  
Matthew Moore  
Nathaniel Moore  
Dale Morgan  
Kyle Morse



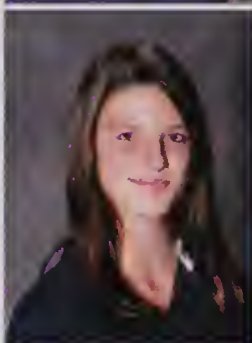
Ashley Nee  
Robert Newman III  
Erin O'Donnell  
Stephen Pellegrini  
Arianna Petrelli  
Matthew Pink



Margaret Powers  
Matthew Putney  
MarrisaEllen Raftery  
Amanda Rios  
Nicole Robbins  
Garrett Seibert



Rosemary Shobbrook  
Tyler Sorgman  
Tracy Stanton  
Courtney Storer  
Susannah Tuminelli  
Alec Walker



Zachary White  
Jeffrey Whitney  
Katelyn Wilcox  
Sarah Wiley  
Amanda Zamitti  
Danielle Zukowski



Andrew Kenney and Nate Moore prepare for the day.



Do Molly Dinardo and Kelsey Horan really need any more sugar?



# CLASS OF 2012

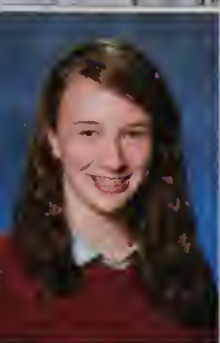
This group of eighth graders takes a break before the school day begins.



Holly Adams  
Ryan Arsenault  
Haley Aubert  
Alexander Avila  
Katie Belden  
Joseph Belsito



Alexander Bianco  
Miranda Boyles  
Anthony Brait  
Oliver Cahill  
Erin Cardey  
Catherine Colantuone



Maria Costa  
Angela D'Amelio  
Kylie Davis  
Patrick Davis  
Michaela DiBiase  
Hadley Doubleday



Sarah Dunn  
Lara Duquette  
Bethany Faiella  
Brianna Faiella  
Caragh Fane-Hervey  
Nicole Ferreira



Kendall Fisher  
Joseph Fonts  
Gabrielle Franzini  
Meghan Gagnon  
Christina Galizio  
Kelly Goldman



David Greenwood  
Deanna Grillone  
Kaitlyn Grosvenor  
BriAnna Habeeb  
Gregory Habeeb  
Michael Hanna



Danielle Hebert  
Nicholas Hofmann  
Annemarie Holbrook  
JamesMichael Imlach  
Owen Imparato  
Kate Jamison



Travis Johansen  
Bailey Jordan  
Stefan Joyal  
Brynne Kight  
Monica King-Dooddy  
Ian Kirkwood



Edward Kirwan  
Molly Kuketz  
Jacqueline Lee  
Hannah MacInnis  
Patrick Maher  
Allison Malone



Alexandrea Marchese  
Kristyn Marino  
Stephanie McSherry  
Marissa Melchionda  
Maeve Moran  
Patrick Morey







Abigail Mullen  
Elizabeth Murphy  
Nicholas Murphy  
Michaela Murray  
Shayna Marie Newman  
John Niland



Evan Nolan  
Kristen Nuttall  
Alyssa Obey  
Megan O'Connor  
Melanie Odell  
Sean O'Donnell



Matthew Ohrenberger  
Amanda O'Neill  
Aria Parker  
Bridget Pica  
Joseph Pink  
Olivia Pizzi



Katherine Presutti  
Javani Rivera  
Maggie Romero  
Jacquelyn Schreiber  
Alexander Seelig  
Natasha Small



Rebecca Stanton  
Nicolette Stevens  
Mackenzie Sullivan  
Grace Taylor  
Ryan Thomas  
Charles Tilden



Tyler Trudeau  
Lauren Varela  
Thomas Viscariello  
Shealagh Walsh  
Emily Walton  
Carly Ward



Chris Weimer  
Elizabeth Welch  
Katherine Welch  
Reegan Whipple  
Kelsey Whitaker  
Sarah Yetman



# CLASS OF 2013



Seventh graders Brooke Belden, Kelsey Malone, Katie Mullen, Maria Pellegrini, and James Shobbrook show off their new T-shirts.

Tarry Bailey  
Gretchen Barrett  
Brooke Belden  
Erin Bracken  
Andrew Buckley  
Vanessa Dailey



Leigh Ann D'Andrea  
Christopher DeCamp  
Abbigale Drosdik-Cole  
Meaghan Dupuis  
Molly Flynn  
Mason Foscaldi



Evan Frazier  
Molly Frazier  
Kelsey Gailes  
Mary Gallagher  
Ariel Gaspar  
Thomas Gerhard



Alexandra Gill  
Thomas Griffin  
Kristian Gronhaug  
Alison Hagg  
Colin Hokanson  
James Husband







Ashley Johnson  
Emily Johnson  
Jamison Johnson  
Anthony Jordan  
Sasha Joyal  
Colleen Kelly



Sarah Kieran  
William Kingsbury  
Daniel Ladas  
Christopher Leclair  
Patrick MacDonald  
Corey Maier



Kelsey Ann Malone  
Victoria McGuire  
Hector McMenemy  
Jeffrey Millman  
Kathryn Mullen  
Michael Nee



Benjamin Nehms  
Maddison Norton  
Alyson Obey  
Nicoletta Pappas  
Maria Pellegrini  
Emma Pirri



Sophia Pizzi  
Lauren Price  
Meghan Quinn  
Jennifer Rathje  
Stephanie Rodway  
Patrick Rowan

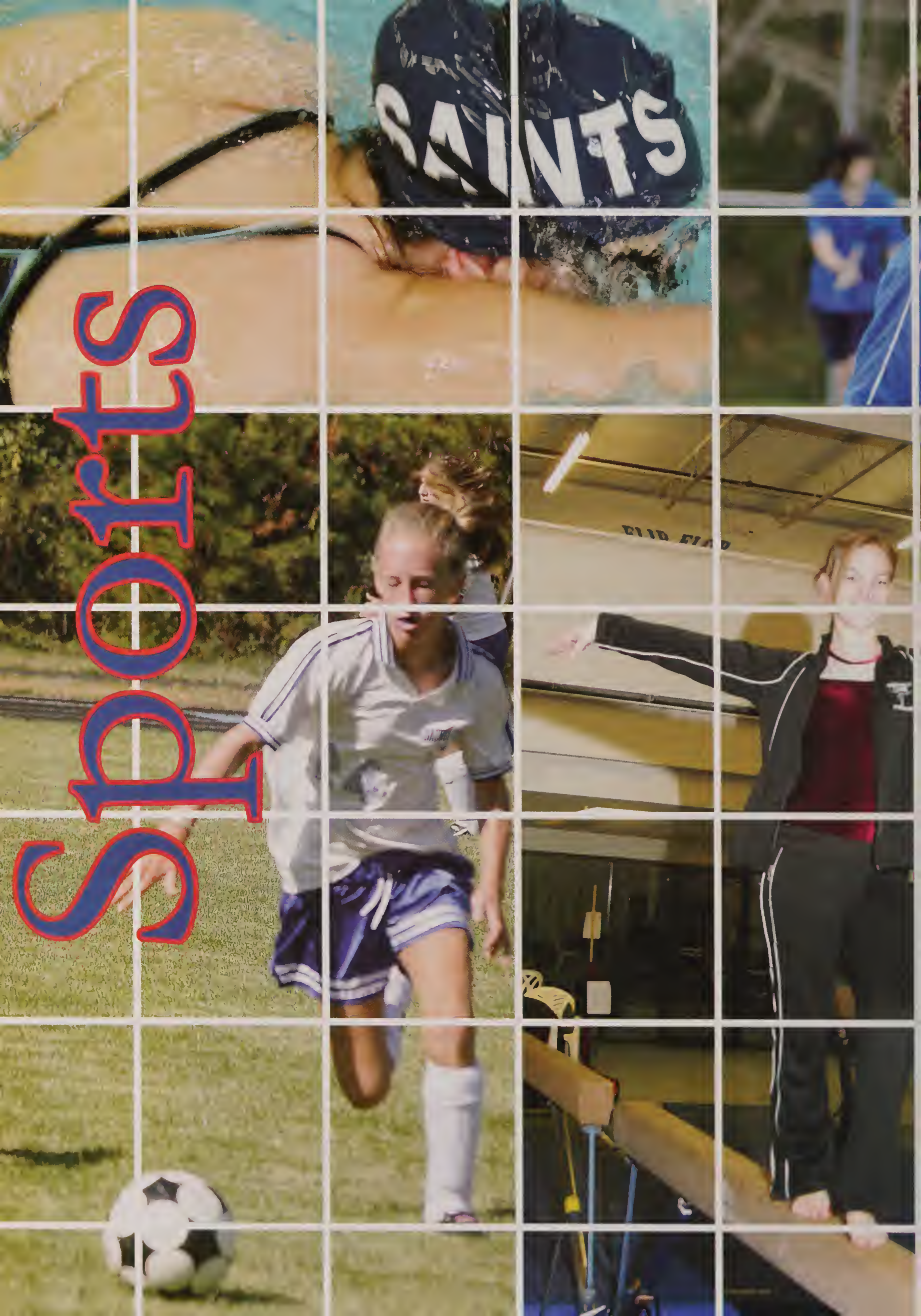


Mark Rugg  
Casey Santry  
Sam Schlesinger  
James Shobbrook  
Leah Smeloff  
Michael Snow



Alyxander Sotiropoulos  
Kyle Sullivan  
Canyon Volpe  
Madeline Wagner  
Lydia Walker





# Sports







# VARSITY GOLF



**Taking a swing at glory**  
(From left to right) David Muir, Mark Leonard, and Benjamin Denmark show that they have the right stuff when it comes to making their mark on the greens.

**The team**  
Members included Patrick Burns, Alex Cruz, Benjamin Denmark, Joseph Fonts, Mark Leonard, David Muir, Jake Pirri, and Ryan Vermette.

**Coach**  
Mike Sansone



"Tally-ho boys,  
tally-ho!"

David Muir

**Record: 11-3**

Mayflower League Champions

MIAA Tournament Qualifer

Mayflower League All Stars:  
Patrick Burns, Jake Pirri, Ryan Vermette



# JV GOLF



## Links to the future

(Clockwise from below left) Torey Montesi sends one flying; Colin Hokanson putters around; Coach Paul Anderson shares some advice; Jake Pirri prepares to follow through.

## The team

Members included Ryan Barry, Andrew Buckley, Evan Frazier, Michael Hanna, Colin Hokanson, JamesMichael Imlach, Hector McMenamy, Torey Montesi, Benjamin Pirri, and Chris Weimer.

## Coach

Paul Anderson

"It was an interesting and enriching experience."

Benjamin Pirri

Record: 5-2





"We had a fun time, good team bonding experiences, and the weekend meet bus rides were memorable."

Tessa Vercollone



# GIRLS VARSITY CROSS COUNTRY



## Racing to success

(Clockwise from above) Brittany Bradford leads the pack; Holly Lootz sets the pace.

## The team

Members included Brittany Bradford, Fallon Cassidy, Kaitlin Cleary, Hailey Cuomo, Lauren Day, Molly Fleming, Chelsea Grande, Lucy Hoagland, Kelsey Horan, Jacqueline Howard, Bailey Jordan, Victoria Kessinger, Kathleen Ketter, Holly Lootz, Alexandria Marchese, Lauren Mills, Rachel Redfearn, Kelly Sweeney, Tessa Vercollone, and Kelsey Whitaker.

## Coach

George Rose

**Record: 7-0**

Mayflower League Champions

State Tournament

Mayflower League All Stars:

Hailey Cuomo, Molly Fleming, Victoria Kessinger, Tessa Vercollone, Kelsey Whitaker





# BOYS VARSITY CROSS COUNTRY



**Record: 5-3**

Mayflower League All Stars:  
Eric Donnelly, CJ Bradford

## Setting the pace

(Clockwise from top) Circle time is stretch time for the boys; the team gets in shape; Zach Metzger blazes his own path; Patrick Prendergast emerges from the woods.

## The team

Members included Nickolas Aylward, CJ Bradford, Mark Bridge, Benjamin Burke, Tracy Cahill, Evan Carey, Jamie Connor, Timothy Cruz, David Day, Zachary DeLong, William Dinardo, Eric Donnelly, Matthew Donovan, Hayden Dunn, Andrew Freeman, Anthony Freitas, Michael Gerhard, Connor Glynn, Evan Grande, Matthew Grillo, Stephen Imparato, Joseph Jannetty, Devon Lamothe, Rex Macapinlac, Zachary Metzger, Robert Newmann, Carl Olson, Patrick Prendergast, Eric Price, Matthew Putney, Matthew Rose, and Garrett Seibert.

## Coach

Derek Strohschneider





"It was really fun. We got to run to Camp Mishannock a lot and the meets were really fun. We worked well together."

Aley Marchese



# IS CROSS COUNTRY

## Going the distance

(Clockwise from above right) Anthony Jordan looks to take the lead; Kylie Davis keeps smiling; Oliver Cahill is in fine form.

## The team

Members included Ryan Arsenault, Alexander Avila, Gretchen Barrett, Joseph Belsito, Oliver Cahill, Vanessa Dailey, Kylie Davis, Christina Galizio, Mary Gallagher, Katie Grosvenor, James Husband, Kate Jamison, Jamison Johnson, Anthony Jordan, Brynne Kight, Ian Kirkwood, Teddy Kirwan, Hannah MacInnis, Aley Marchese, Patrick Morey, Evan Nolan, Kristen Nuttall, Matthew Ohrenberger, Joey Pink, Stephanie Rodway, Alyxander Sotiropoulos, and Reegan Whipple.

## Coach

Colleen Strohschneider

Record: 0-7





# IS VOLLEYBALL



## Taking it to the net

(Below from left to right) Marissa Melchionda and Maria Costa ready themselves for the ball; Maddie Wagner prepares to return the ball as Melanie Odell keeps watch.

## The team

Members included Brooke Belden, Erin Bracken, Maria Costa, Michaela DiBiase, Molly Frazier, Ariel Gaspar, Alexandra Gill, Kelly Goldman, Sasha Joyal, Victoria McGuire, Marissa Melchionda, Alyson Obey, Melanie Odell, Bridget Pica, Katie Presutti, Madeline Wagner, and Carly Ward.

## Coach

Marie Bruninghaus



"We became really close knit and had great teamwork. Our team was great and helped pull us through for a good season."

Carly Ward



Record: 2-6



# VARSITY VOLLEYBALL



"We were a young team, but we were able to pull it together and make it work."

Theresa Sullivan



## Net gain

(Clockwise from upper left) Theresa Sullivan makes a run for the ball; all eyes go to the net as the Saints send another serve back to the opposing team.

## The team

Members included Catherine Buchholz, Audrey Cubell, Danielle Hartman, Margaret Hurley, Courtney Moylan, Shelby Nessralla, Erin Redmond, Melissa Robertson, Taryn Shann, Dana Shepard, Noelle Slavin, and Theresa Sullivan.

## Coach

Robert Slavin

**Record: 13-7**

MIAA Semi Finals

Mayflower League All Stars:  
Courtney Moylan, Shelby  
Nessralla, Theresa Sullivan



# JV VOLLEYBALL



**Record: 12-6**



## Spiking the competition

(Clockwise from upper left) Elise Atti tips the balance; Blaire Townshend sends a ball flying; Katie Wilcox goes for the gold.

## The team

Members included Elise Atti, Shannon Barry, Amanda Damery, Nicole DeJon, Annemarie Faiella, Alexandra Goodson, Danielle Hartmann, Erika Johnson, Jennifer Mobilia, Ashley Nee, Erin O'Neil, Blaire Townshend, and Katelyn Wilcox.

## Coach

Michelle Desmond





# GIRLS VARSITY SOCCER

**Record: 20-1**

Mayflower League Champions

MIAA Semi Finals

Mayflower League All Stars:  
Emily Bracken, Ari Eisenstein,  
Jessica Gray (MVP), Nicole  
Newell, Melanie Mulkern

## Setting and reaching goals

(Clockwise from right) Molly Cahill takes control;  
Emily Bracken makes her move.

## The team

Members included Dana Aubert, Allysa Barry, Emily Bracken, Stephanie Brooks, Molly Cahill, Melissa Chighisola, Mary Donovan, Ari Eisenstein, Colby Fisher, Samantha Flowers, Christina Fonts, Jessica Gray, Aleksis Kancelos, Kathleen Kelley, Kirsten Lawlor, Hannah Lefevre, Ali Lyons, Kevyn Montesi, Melanie Mulkern, Nicole Newell, Erin O'Donnell, Danielle Ohrenberger, Haley Reddington, Kristen Schreiber, Nicole Souza, and Olivia Tripp.

## Coach

Wes French



"I have honestly never been part of a team with a greater group of people. It was absolutely amazing to be with my best friends on and off the field."

Jessica Gray





# BOYS VARSITY SOCCER



## Going for the goal

(Clockwise from upper left) Paul D'Angelo soars to the defense of the net; Matt Cullen uses his head while playing; Francis Mulkern outsteps his opponent.

## The team

Members included David Afzali, Nicholas Balboni, Nicholas Belsito, Thomas Brooks, Kerry Browne, Christopher Casserly, Brandon Critch, Matthew Cullen, Paul D'Angelo, Stephen Downs, Erin Heggi, Alexander Kang, Jonathan Ladas, Francis Mulkern, Simon Ostrowski, Steven Pelletier, Richard Seibert, and Chandler Smith.

## Coach

Shaun Morgan

"It was a great season and a great group of guys. I'm really going to miss them next year."

Steven Pelletier



## Record: 15-3

Mayflower League  
Champions

MIAA Quarter Finals

Mayflower League All  
Stars:  
Francis Mulkern  
(MVP)  
Simon Ostrowski  
Steven Pelletier





# GIRLS JV SOCCER

"It was hard work getting together, but in the end, we really became a team and had a great season."

Katie Andersen



Record: 14-0

## Taking a shot at success

(Clockwise from above left) Rachel Sullivan readies a play; Tracy Stanton makes the save; Lauren Varela sends one flying as Rachel Sullivan watches; Danielle Zukowski and Amy McGann outflank the competition.

## The team

Members included Katherine Andersen, Haley Aubert, Stephanie Brooks, Sarah Cirone, Aidan Duquette, Bethany Faiella, Brianna Faiella, Caragh Fane-Hervey, Shannon Fane-Hervey, Victoria Landers, Sarah LeDonne, Amy McGann, Alyson Milmore, Alyssa Obey, Jacqueline Schreiber, Rebecca Stanton, Tracy Stanton, Rachel Sullivan, Lauren Varela, Brittany Walsh, Elizabeth Welch, Katherine Welch, and Danielle Zukowski.

## Coach

Dave Newell







### Setting new goals

(Left, from top to bottom) Jack Flynn and David Greenwood close in on the other team; Adam Afzali shares an animated expression as he grabs the ball; Vincent Jordan takes control.

### The team

Members included Adam Afzali, Daniel Browne, Jack Flynn, Thomas Gerhard, James Goodson, Daniel Greaney, David Greenwood, Christian Johnson, Vincent Jordan, Christopher Markon, Stephen Pellegrini, Javani Rivera, and Charlie Tilden.

### Coach

Greg Kelly

# BOYS JV SOCCER



"It was awesome!"

Adam Afzali

Record: 7-6



# IS SOCCER



"We worked well together. We had a good time."

Holly Adams

## This game's a kick

(Clockwise from upper right) Abby Mullen keeps control of the ball; Ashley Johnson fights to gain possession; Meghan Quinn drives the ball down the field.

## The team

Members included Holly Adams, Miranda Boyles, Hadley Doubleday, Meaghan Dupuis, Nicole Ferreira, Kelsey Gales, Alison Hagg, Danielle Hebert, Ashley Johnson, Colleen Kelly, Stephanie McSherry, Abigail Mullen, Shayna Newman, Maddison Norton, Megan O'Connor, Olivia Pizzi, Lauren Price, Meghan Quinn, Mackenzie Sullivan, and Sarah Yetman.

## Coach

Scott Johnson





# VARSITY HOCKEY



## As cool as ice

(Clockwise from below) A contingent of Sacred Heart seniors pause during practice; teammates secure the goal; players confer on the ice.

## The team

Members included Brett Arsenault, Ryan Arsenault, CJ Bradford, Adam Bruneau, Anthony Burke, William Churchill, Cal Ciarcia, Alex Cruz, Timothy Cruz, Patrick Davis, Matthew Donovan, Mike Goldman, Owen Imparato, Ryan Lawlor, Nicholas Murphy, Craig Rumble, and Ryan Vermette.

## Coach

Tony Rodah



Record: 5-14-1

League Sportsmanship  
Award





"Although the season did not end the way we expected it to, it is definitely one I will never forget...I can't wait to come back and see them next year and in the years to come."

Ari Eisenstein



**Record: 19-2**

Mayflower League Champions

State Tournament

Mayflower League All Stars:

Allysa Barry, Molly Cahill,  
Ari Eisenstein, Ali Lyons



#### Nothing but net

(From top to bottom) Ari Eisenstein takes a shot at glory; Allysa Barry and Kiki Schreiber prepare to defend their net; Molly Cahill drives the ball down the court.

#### The team

Members included Elizabeth Aborn, Dana Aubert, Allysa Barry, Emily Bracken, Molly Cahill, Melissa Chighisola, Ari Eisenstein, Shannon Fane-Hervey, Hannah Lefevre, Ali Lyons, Erin O'Donnell, Kristen Schreiber, and Tracy Stanton

#### Coach

Martha Murphy





"We're going to miss Mr. Olson. He was a great coach, an excellent leader, and an even better friend."

Matt Dennison



#### Hoop dreams

(From left to right) Matt Dennison holds off a challenger; Alex Kang drives the ball down the court.

#### The team

Members included Tracy Cahill, Robert Colangeli, Paul Coner, Paul D'Angelo, Matthew Dennison, Mike Gerhard, Erin Heggi, Alexander Kang, David Muir, Jake Pirri, and Zachary White.

#### Coach

Jon Olson

**Record: 8-12**





### Courting the future

(Clockwise from right) Rebecca Stanton fights to keep control of the ball; Danielle Zukowski holds off members of the opposing team.

### The team

Members included Haley Aubert, Jessica Bump, Caragh Fane-Hervey, Brittany Kyriakides, Jessica Lowe, Taylor Marino, Amy Megann, Alyson Milmore, Jacqueline Schreiber, Rebecca Stanton, Lauren Varela, and Danielle Zukowski.

### Coach

Laura Lincoln

Record: 2-13



"We had a great season; it was a lot of fun."

Danielle  
Zukowski



"Although we didn't come out on top this season, we still had a grand time and played some top notch basketball."

Matt Rose

Record: 14-4



#### Driving it down the court

(From left to right) Joe Jannetty looks for an opening; Brandon Critch dribbles past an opponent.

#### The team

Members included Adam Afzali, Alexander Avila, Nicholas Balboni, Brandon Critch, Daniel Greaney, Gregory Habeeb, Patrick Heggi, Joseph Jannetty, Mark Leonard, Casey Palm, Eric Price, and Matt Rose.

#### Coach

Marie Bruninghaus



### The shooting Saints

(Clockwise from below right) Aria Parker moves the ball forward while Sarah Yetman provides support; Molly Gallagher fends off an opponent; Aidan Duquette prepares to shoot.

### The team

Members included Grethen Barrett, Miranda Boyles, Erin Braeken, Aidan Duquette, Bethany Faiella, Brianna Faiella, Mary Gallagher, Alexandra Gill, Aria Parker, Margaret Romero, Mackenzie Sullivan, and Sarah Yetman.

### Coach

Bob Duquette



"We had a different  
'Go Saints' cheer  
before every game."

Aidan Duquette

Record: 12-2







"A memorable moment? We won our first game against Rising Tide."

Pat Davis



#### Going for the glory

(Clockwise from above left) Ryan Thomas puts a ball up; Patrick Davis works on his offense.



#### The team

Members included Patrick Davis, Evan Frazier, Thomas Gerhard, Gregory Habeeb, Colin Hokanson, Hector McMenemy, Patrick Morey, Evan Nolan, Patrick Rowan, Mark Rugg, Ryan Thomas, Tyler Trudeau, and Chris Weimer.

#### Coach

Scott Johnson

**Record: 2-12**



# VARSITY CHEERLEADING

"Cheerleading was a ton of fun this year; we had a great season with both new and old faces, and I look forward to seeing the team grow."

Katelyn Kelliher



## Something to cheer about

(From left to right) The cheerleading squad help lift the spirits of Haley White, Jacqueline Murphy applies some touchup to Nadine Ebersole.

## The team

Members included Pamela Anderson, Elise Atti, Cassandra Cliff, Maria Del Pico, Nadine Ebersole, Annemarie Faiella, Samantha Flowers, Nicole Herman, Hannah Jaeger, Jacqueline Kasper, Katelyn Kelliher, Rhiannon Liolios, Kaylen McMullen, Jennifer Mobilia, Jacqueline Murphy, Lauren Rowan, Meaghan Sennott, Allie Van Riper, and Haley White.

## Coach

Debora Pizzi



# IS CHEERLEADING

## The team

Members included Maria Costa, Meaghan Dupuis, Kelsey Gales, Kelly Goldman, Anne Marie Holbrook, Emily Johnson, Hannah MacInnis, Allison Malone, Stephanie McSherry, Taylor Mullen, Michaela Murray, Shayna Newman, Maddison Norton, Alyson Obey, Alyssa Obey, Emma Pirri, Olivia Pizzi, Leah Smeloff, and Shealagh Walsh.

## Coach

Debora Pizzi





# GYMNASTICS



## Staying flexible

Working in conjunction with their Carver High School teammates, Sacred Heart's Gymnastic Team enjoyed a strong second season. (Counterclockwise from upper left) Lauren Mills displays grace and balance; Caitriona Tilden strikes a pose, as does Kelsey Horan.

## The team

Members included Julie Groezinger, Kelsey Horan, Lauren Mills, and Caitriona Tilden.

## Coach

Karen Horan



**Record: 5-5**

"We are very close and we've really grown as a team. I love my gymnastics girls and I'm going to miss them a lot next year."

**Lauren Mills**



# VARSITY SWIMMING



Girls' Record:

4-5

Boys' Record:

3-6



"This definitely the best team, both athletically and personality-wise we've had so far."

Austenne Kight

## Diving into challenges

(From left to right) The swim team gathers in a circle for some bonding time; Erin Reilly takes a breath in mid-stroke; Nate Moore pushes forward.

## The teams

Members of the boys team included Ronald Boidi, Eric Donnelly, Zachary Eisenstein, Ellis Friedman, Andrew Kenney, Ian Kirkwood, Teddy Kirwan, Scott Mason, Nate Moore, Joseph Nelson, Sean O'Donnell, Carl Olson, and Alexander Seelig.

Members of the girls team included Alexandra Artiano, Katie Baker, Geena Boidi, Erin Cardey, Kylie Davis, Molly Dinardo, Christina Fonts, Jacqueline Howard, Austenne Kight, Brynne Kight, Kirsten Lawlor, Sarah LeDonne, Mary Lurvey, Jessica Manning, Danielle May, Molly Morgan, Abigail Mullen, Rita Murphy, Arianna Petrelli, Rachel Redfeam, Erin Reilly, Dana Shepard, Blaire Townshend, Tessa Vercollone, Karlyn Whipple, and Reegan Whipple.

## Coach

Margo Mahoney





# VARSITY SKI



## Keeping cool

(Clockwise from upper left) Allison Grace sets the pace; James Goodson takes the corner; Madeline Wagner speeds by.

## The team

Members included Alexander Bianco, Mark Bridge, Kaitlin Cleary, Sean DeGrace, Hayden Dunn, Alexandra Goodson, James Goodson, Allison Grace, Kevin Hanlon, Robert Newman, Stephen Pellegrini, Rachel Sidiropoulous, Charlie Tilden, and Madeline Wagner.

## Coach

Bob Ketter



"Look out for  
the tree."

Mark Bridge

**Record:**  
Boys: fourth place  
Girls: third place







"Tennis is fun because we get to spend a lot of time with our awesome team."

Catherine Manning

# GIRLS VARSITY TENNIS



**Record: 6-7**

Mayflower League All Stars:  
Alexandra Finney,  
Christina Fonts,  
Catherine Manning



## Game, set, match

(Counterclockwise from upper left) Christina Fonts follows through with her serve; Kelly Goldman returns the favor; Courtney Moylan keeps smiling (and her balance).

## The team

Members included Alexandra Finney, Christina Fonts, Kelly Goldman, Hannah Jaeger, Emily Lapworth, Mary Lurvey, Catherine Manning, Courtney Moylan, Rita Murphy, Min-Jeong Shin, and Karlyn Whipple.

## Coach

Susan Gallitano





**Record: 4-11**

Mayflower League All Star:  
Alex Kang



"We were young and didn't have much experience, but we laid the groundwork for a great season next year."

**Alex Kang**

# BOYS VARSITY TENNIS



## Raising a racket

(Clockwise from upper left) Bobby Colangeli, Ryan Cahill, and Andrew Babyak all follow through with their returns.

## The team

Members included Adam Afzali, Andrew Babyak, Ryan Cahill, Robert Colangeli, Brandon Critch, Alex Devik, Anthony Freitas, Matt Grillo, Joseph Jannetty, Alexander Kang, and Joseph Osborne.

## Coach

Bob Duquette



# VARSITY SOFTBALL



"It's impossible to be in a bad mood around my teammates because everyone is there for everyone else, on and off the field."

Erin Heggi



## Taking a swing at success

(Clockwise from upper left) Members of the team confer about strategy; Allie Van Riper pitches as Ali Lyons readies herself; Theresa Sullivan follows through on her swing.

## The team

Members included Elizabeth Aborn, Molly Cahill, Ari Eisenstein, Colby Fisher, Erin Heggi, Aleksis Kanelos, Hannah Lefevre, Ali Lyons, Alyson Milmore, Ashley Nee, Melissa Nordby, Daniel Ohrenberger, Theresa Sullivan, and Allie Van Riper.

## Coach

Marie Bruninghaus

## Record: 12-4

Mayflower League Champions

Mayflower League All Stars:  
Molly Cahill, Ari Eisenstein,  
Ali Lyons, Theresa Sullivan,  
Allie Van Riper







# JV SOFTBALL



## These girls are a hit

(Clockwise from upper right) Molly Dinardo readies herself for the next play; Tracy Stanton keeps her eye on the ball; Erin Cardey takes her base.

## The team

Members included Pamela Anderson, Emily Barry, Miranda Boyles, Julia Campbell, Kaitlyn Cardey, Molly Dinardo, Danielle Hartmann, Marissa Melchionda, Jennifer Mobilia, Erin O'Donnell, Erin O'Neil, Tracy Stanton, and Courtney Storer.

## Coach

Kathy Nee

**Record: 7-1**



# IS SOFTBALL

"When we were playing Wareham, we still lost, but not by much. You could tell the entire team was coming together."

Carly Ward



**Record: 0-5**

#### Taking a swing at success

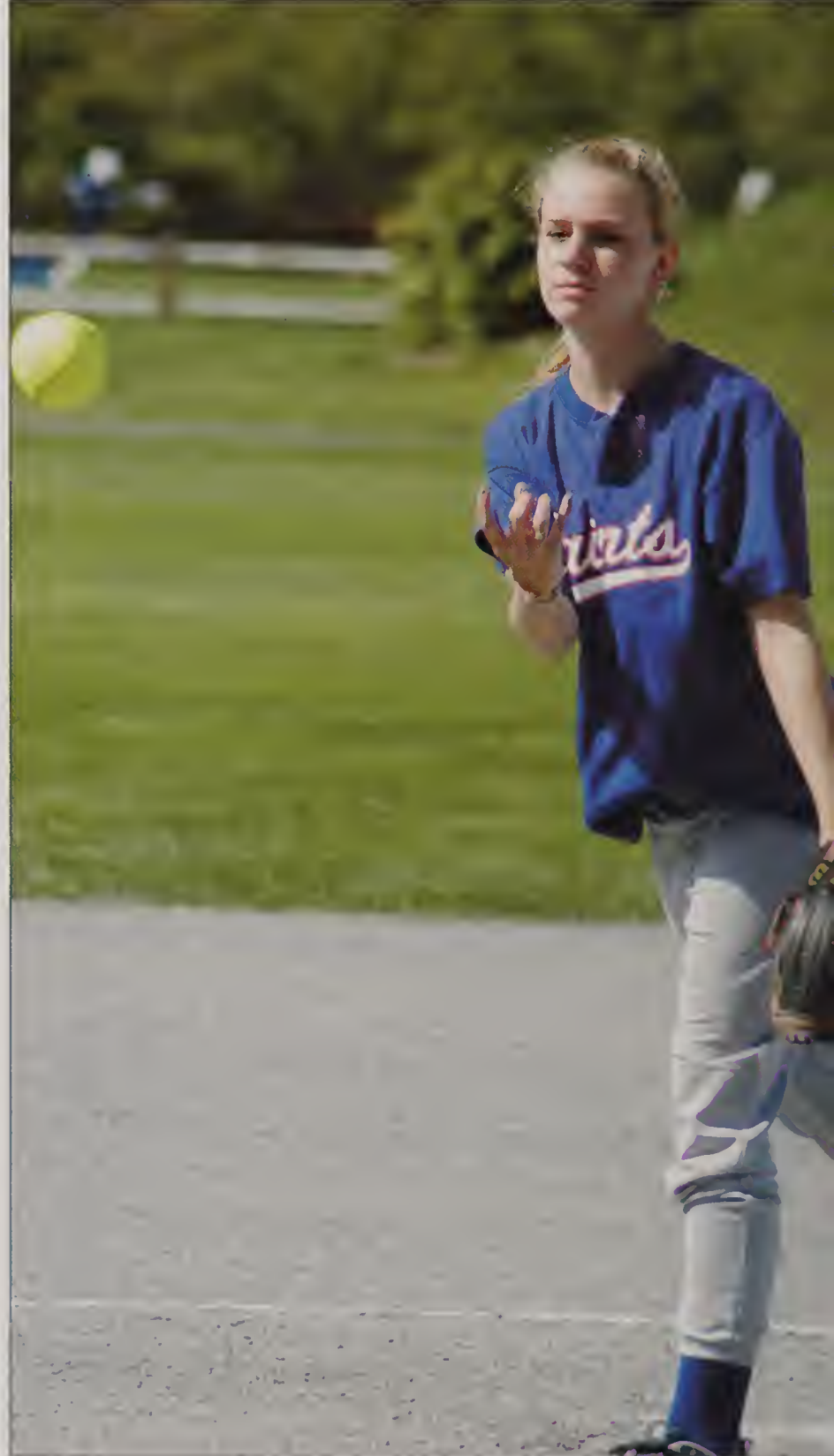
(Clockwise from right) Danielle Hebert launches a pitch as the catcher prepares to receive it.

#### The team

Members included Hadley Doubleday, Kesley Gables, Mary Gallagher, Alexandra Gill, Alison Hagg, Danielle Hebert, Ashley Johnson, Emily Johnson, Victoria McGuire, Elizabeth Murphy, Michaela Murray, Melanie Odell, Olivia Pizzi, Grace Taylor, and Carly Ward.

#### Coach

Margo Mahoney







# Lacrosse

## Winning with style

(Clockwise from below left) Team members go through their paces; Chandler Smith gains control; Anthony Burke races to success.

## The team

Members included Alexander Bianco, Thomas Brooks, Kerry Browne, Joseph Burchill, Anthony Burke, Oliver Cahill, Matthew Cullen, Jessie Davidson, Sean DeGrace, Connor Glynn, Mike Goldman, Marty Kelliher, Ryan Lawlor, Matthew Moore, Taylor Mullen, Graig Rumble, Garrett Seibert, Chandler Smith, and Jared Taylor.

## Coach

Shaun Morgan

**Record:**

**11-1-1**



"The teamwork this season was phenomenal."

Chandler Smith





# VARSITY BASEBALL



**Record: 7-11**

Mayflower League All Star:  
Tim Cruz



## Teaming up

(Clockwise from above) Paul D'Angelo prepares to launch the ball; Tim Cruz follows through with his throw.

## The team

Members included Patrick Burns, Cal Ciarcia, Alex Cruz, Timothy Cruz, Paul D'Angelo, Patrick Davis, Matthew Dennison, Timothy Elton, Mike Gerhard, David Muir, Simon Ostrowski, and Zachary White.

## Coach

Eugene Boyles

"We played well  
as a team."

PJ Davis



# JV BASEBALL



## Staying on the ball

(Clockwise from left) Casey Palm launches a pitch; Ben Denmark makes the throw; Greg Habeeb serves as catcher.

## The team

Members included CJ Bradford, Benjamin Burke, Benjamin Denmark, Joseph Fonts, Gregory Habeeb, Patrick Heggi, William Keough, Christopher Markon, Casey Palm, Stephen Pellegrini, Matthew Rose, Ryan Vermette, and Thomas Viscariello.

## Coach

Scott White

**Record: 12-2**

"If there's one thing we took away from baseball this season it was that the most important muscle we have is between our ears."

Ryan Vermette





"We had a really good season. The team was really close this year. Run girls, run!"

Kathleen Ketter



## On track for fun

(Clockwise from above) The Lady Saints cleared many hurdles this past year; Brittany Bradford and Kevyn Montesi take the lead.

## The team

Members included Katherine Andersen, Allysa Barry, Emily Bracken, Brittany Bradford, Stephanie Brooks, Fallon Cassidy, Melissa Chighisola, Sara Cirone, Kaitlin Cleary, Hailey Cuomo, Lauren Day, Mary Donovan, Aidan Duquette, Bethany Faiella, Brianna Faiella, Shannon Fane-Hervey, Molly Fleming, Chelsea Grande, Jessica Gray, Jacqueline Howard, Bailey Jordan, Kathleen Kelley, Kathleen Ketter, Haleigh Landrigan, Kirsten Lawlor, Holly Lootz, Haille MacInnis, Kevyn Montesi, Molly Morgan, Melanie Mulkern, Victoria Pardo, Haley Reddington, Emily Runey, Taryn Shannon, Victor Shaw, Dana Shepard, Rachel Sidiropoulos, Nicole Souza, Eileen Strickney, Rachel Sullivan, Kelly Sweeney, Blaire Townshend, Olivia Tripp, Jessa Vercollone, Brittany Walsh, Kelsey Whitaker, and Mary Grace Wolfe.

## Coach

John Jacoppo

**Record: 8-2**

Mayflower League  
All Stars:

Emily Bracken, Mary Donovan, Aidan Duquette, Kathleen Ketter, Kirsten Lawlor, Kevyn Montesi, Melanie Mulkern, and Haley Reddington





**"Do your job!"**

**Steve Downs**

#### **Jumping for joy**

(Clockwise from above) Steven Pellitier makes more than a leap of faith; Evan Carey surmounts the hurdles.

#### **The team**

Members included David Afzali, Brett Arsenault, Nickolas Aylward, Nicholas Balboni, Joseph Belsito, Nick Belsito, Mark Bridge, Daniel Browne, Tracy Cahill, Evan Carey, Christopher Casserly, Paul Coner, Jamie Conner, David Day, William Dinardo, Eric Donnelly, Matthew Donovan, Stephen Downs, Hayden Dunn, Andrew Freeman, Evan Grande, David Greenwood, Kevin Hanlon, Owen Imparato, Stephen Imparato, Christian Johnson, Andrew Kenney, Jonathan Ladas, Zach Metzger, Nate Moore, Dale Morgan, Francis Mulkern, Nicholas Murphy, Robert Newman, Matthew Ohrenberger, Carl Olson, Steven Pelletier, Patrick Prendergast, Eric Price, Matthew Putney, Javani Rivera, Dan Rossano-Collier, Richard Seibert, and Jeffrey Whitney.

#### **Coach**

Derek Strohschneider

**Record: 4-6**

Mayflower League

All Stars:

Nickolas Aylward, Eric Donnelly, Francis Mulkern, Steven Pelletier, Matthew Putney



"At our first track meet, we did pretty well; we came in second. I thought that was pretty good for our first meet."

BriAnna Habeeb



#### Taking a shot at success

(Clockwise from above) Maria Costa clears her hurdle with a smile; Tarry Bailey leaps into record territory; Maddie Wagner readies the shot put.



#### The team

Members included Holly Adams, Tarry Bailey, Gretchen Barrett, Brooke Belden, Katie Belden, Nick Belsito, Erin Braeken, Catherine Colantuone, Maria Costa, Patrick Davis, Christopher DeCamp, Michaela DiBiase, Sara Dunn, Meaghan Dupuis, Caragh Fane-Hervey, Gabrielle Franzini, Katie Grosvenor, BriAnna Habeeb, Anne Marie Holbrook, James Husband, Jamison Johnson, Sasha Joyal, Ian Kirkwood, Hannah MacInnis, Alexandria Marchese, Maeve Moran, Michael Nee, Alyson Obey, Alyssa Obey, Katie Presutti, Lauren Price, Meghan Quinn, Jennifer Rathje, Stephanie Rodway, Patrick Rowan, Mackenzie Sullivan, Madeline Wagner, Chris Wemer, Elizabeth Welch and Katherine Welch.

#### Coaches

Colleen Strohschneider and Kelly Adams

**Record: 0-4**







# Activities











(Clockwise from upper left) Katie Baker and Zachary Eisenstein enjoy a debate break; Ari Eisenstein and Lauren Day gather at Columbia University during the Heart Beat's trip to New York; Jamie Connor, Haley Reddington, and Blaire Townshend volunteer their speech and debate at the concession table; Meiling Ma and Julia Dwyer prepare their case; Mary Lurvey and Patrick Prender try to grab some rest time after a newspaper conference at Columbia University.



# Writing and speaking

STUDENTS PUT THEIR WORDS TO USE



## The Heart Beat

Members included Katherine Baker, Allysa Barry, Evan Carey, Kaitlin Cleary, Lauren Day, Zachary DeLong, Arielle Eisenstein, Andrew Espinosa, Carolyn Espinosa, Colby Fisher, Nicholas Frazier, Allison Grace, Jessica Gray, Ainsley Haughton, Erin Heggi, Elizabeth Howie, Kelsey Hughes, Aleksis Kanelos, Paul Kelly, Kristen LeGrow, Mary Lurvey, Rex Macapinlac, Catherine Manning, Kaylen McMullen, Zachary Mello, Augusta Moore, Julia Murray, Lily Mysona, Melissa Nordby, Patrick Prendergast, Meaghan Sennott, Theresa Sullivan, Kelly Sweeney, Alexandra Townshend, and Shadman Zaman.

Advisor: Mr. Scott Dalton



## Speech and Debate

Members included Katherine Baker, Emily Rose Barry, Jamie Connor, Julia Dwyer, Zachary Eisenstein, Kevin Fanning, Felicia Femino, Cecilia Franzini, Nicholas Frazier, Ellis Friedman, Evan Grande, Kelsey Hughes, Katelyn Kelliher, Martin Kelliher, Maeghan Kelliher, Andrew Kenney, Haille MacInnis, Scott Mason, Meiling May, Augusta Moore, Nathaniel Moore, Dale Morgan, Julia Murray, Joseph Nelson, Erin O'Donnell, Melanie Odell, Danielle Ohrenberger, Carl Olson, Victoria Pardo, Matthew Pink, Katie Presutti, Alexander Price, Haley Reddington, Erin Redmond, Rachel Sidoropolous, Kelly Sweeney, Alexandra Townshend, Blaire Townshend, Susannah Tuminelli, Alec Walker, Carly Ward, Emily Wisniewski, and Shadman Zaman.

Advisor: Ms. Beena Koshy



## Creative Writing Club

Members included Katherine Baker, Mark Bridge, Nicholas Cirillo, Veronica Falconieri, Beth Higgins, Austenne Kight, Rex Macapinlac, Patrick Prendergast, Cashel O'Sullivan, and Alexandra Townshend.

Advisor: Mr. Scott Dalton



## The Corric

Members included Lauren Day, Carolyn Espinosa, Paul Kelly, Austenne Kight, Augusta Moore, Carl Olson, Patrick Prendergast, Erin Redmond, and Alexandra Townshend.

Advisor: Mr. Scott Dalton





From top to bottom:  
French teacher Ms. Carol Davis entertains her students with tunes from her accordion; Sister Emma Jean and a large group of students celebrate Language Night in the Flaherty Library; Nina Cho and Min-Jeong Shin enjoy their admission into the National Honor Society.



### French Honor Society

Members included Catherine Buchholz, Jessica Bump, Katelyn Damaris, Kristina DelPico, Benjamin Denmark, Luisa Earle, Veronica Falconieri, Cecilia Franzini, Christina Gallo, Jillian Garceau, Danielle Goldstein, Lucy Hoagland, Dayton Kinney, Emily Lapworth, Corinne Lemieux, Kirby Love, Haille MacInnis, Molly Morgan, Jacqueline Murphy, Rita Murphy, Victoria Pardo, Emily Runey, Dana Shepard, Stephanie Sorrento, Alexandra Townshend, Blaire Townshend, Olivia Tripp, Brittany Walsh, Hailey White, Emily Wisniewski, Mary Grace Wolfe, and Shadman Zaman.

Advisor: Ms. Carol Davis



### German Honor Society

Members included Mark Bridge, Henry Cho, and Paul Kelly.

Advisor: Sr. Emma Jean Middendorf



### Spanish Honor Society

Members included Dana Aubert, Katherine Baker, Allysa Barry, Nicholas Belsito, Molly Cahill, Jessica Cashin, Fallon Cassidy, Kaitlin Cleary, Jamie Connor, Alexander Cruz, Hailey Cuomo, Mary Donovan, Erika Earle, Arielle Eisenstein, Zachary Eisenstein, Andrew Espinosa, Carolyn Espinosa, Brianna Falconer, Colby Fisher, Anthony Freitas, Jessica Gray, Michael Gerhard, Kayla Greenwood, Rebecca Johnson, Kathryn Johnson, Alex Kang, Katelyn Kelliher, Kirsten Lawlor, Hannah Lefevre, Alexandra Lyons, Meiling May, Lauren Mills, Megan Morey, Melissa Nordby, Danielle Ohrenberger, Jake Pirri, Erin Redmond, Kristin Schreiber, Richard Seibert, Taryn Shannon, Chandler Smith, Nicole Souza, Kelsea Struski, Rachel Sullivan, Theresa Sullivan, Hilary Waitner, and Karlyn Whipple.

Advisor: Ms. Kelly Adams



# Learning

SHARING WISDOM IN DIFFERENT TONGUES



Left: Nicole Souza, Kelsea Struski, and Rachel Sullivan smile for the camera during National Language Society Night. Above: Nicole Newell, Catherine Buchholz, Melissa Robertson, and Katelyn Kelliher welcome students to Sacred Heart's Snowflake Semi Formal.



## National Honor Society

Members included Courtney Abdou, Katherine Andersen, Allysa Barry, Nicholas Belsito, Mark Bridge, Catherine Buchholz, Molly Cahill, Jessica Cashin, Fallon Cassidy, Nina Cho, Sarah Cirone, Kaitlin Cleary, Hailey Cuomo, Paul D'Angelo, Katelyn Damaris, Lauren Day, Benjamin Denmark, Mary Donovan, Nadine Ebersole, Arielle Eisenstein, Andrew Espinosa, Carolyn Espinosa, Veronica Falconieri, Alexandra Finney, Colby Fisher, Anthony Freitas, Christina Gallo, Rebecca Golden, Danielle Goldstein, Allison Grace, Jessica Gray, Kayla Greenwood, Erika Hartmann, Erin Heggi, Lucy Hoagland, Kelsey Hughes, Kathryn Johnson, Aleksis Kanelos, Alexander Kang, Katelyn Kelliher, Paul Kelly, Austenne Kight, Dayton Kinney, Emily Lapworth, Sarah LeDonne, Hannah Lefevre, Kirsten LeGrow, Corinne Lemieux, Kirby Love, Alexandra Lyons, Rex Macapinlac, Lauren Mills, Augusta Moore, Meghan Morey, Molly Morgan, David Muir, Melanie Mulkern, Taylor Mullen, Jacqueline Murphy, Rita Murphy, Lily Mysona, Nicole Newell, Melissa Nordby, Danielle Ohrenberger, Carl Olson, Joseph Osborne, Jake Pirri, Patrick Prendergast, Erin Redmond, Lauren Rowan, Melissa Robertson, Molly Rowan, Emily Runey, Kristin Schreiber, Richard Seibert, Min-Jeong Shin, Chandler Smith, Stefanie Sorrento, Theresa Sullivan, Kelly Sweeney, Alexandra Townshend, Ryan Vermette, Hilary Waitner, Hailey White, and Shadman Zaman.

Advisor: Mrs. Silvia Costa



## Student Council

Members included Megan Balboni, Tracy Cahill, Matthew Dennison, Carolynn Espinosa, Rebecca Golden, Kayla Greenwood, Kelsey Hughes, Kathleen Kelley, Maeghan Kelliher, Victoria Landers, Kristen LeGrow, Alexandra Lowe, Meiling May, Nathaniel Moore, Danielle Ohrenberger, Carl Olson, Steven Pelletier, Matthew Rose, Teresa Vercollone, and Sarah Wiley.

Advisor: Mr. Walter Lucier



## Sacred Heart Scholars

Members included Samantha Amat, Pamela Anderson, Emily Rose Barry, Stephanie Brooks, Courtney Buohl, Ryan Cahill, Kaitlyn Cardey, Jamie Connor, Molly Dinardo, Matthew Donovan, Erika Earle, Luisa Earle, Zachary Eisenstein, Shannon Fane-Hervey, Sarah Fleming, Christina Fonts, Cecilia Franzini, Michael Gerhard, Timothy Habeeb, Danielle Hartmann, Kelsey Horan, Margaret Hurley, Brittany Kyriakides, Jessica Manning, Meiling May, Joseph Nelson, Erin O'Donnell, Erin O'Neil, Simon Ostrowski, Victoria Pardo, Arianna Petrelli, Matthew Pink, Haley Reddington, Taryn Shannon, Kelsea Struski, Blaire Townshend, Olivia Tripp, Susannah Tuminelli, Alec Walker, Karlyn Whipple, Sarah Wiley, Emily Wisniewski, and Mary Grace Wolfe.

Advisor: Mrs. Claudette Cardey

## Beta (eighth graders)

Members included Katie Belden, Joseph Bel-sito, Catherine Colantuone, Maria Costa, Angela D'Amelio, Sarah Dunn, Aidan Duquette, Caragh Fane-Hervey, Nicole Ferreira, Gabrielle Franzini, Christina Galizio, Kaitlyn Grosvenor, Gregory Habeeb, Annemarie Holbrook, Kate Jamison, Bailey Jordan, Brynne Kight, Ian Kirkwood, Edward Kirwan, Jacqueline Lee, Hannah MacInnis, Patrick Maher, Kristyn Marino, Patrick Morey, Kristen Nutall, Sean O'Donnell, Lauren Varela, Emily Walton, Carly Ward, Reegan Whipple, Kelsey Whitaker, Sarah Yetman, Elizabeth Welch, and Katherine Welch.

Advisor: Sr. John Francis Danko



## Beta (seventh graders)

Members included Gretchen Barrett, Erin Bracken, Leigh Ann D'Andrea, Chris DeCamp, Mary Gallagher, Ariel Gaspar, Thomas Gerhard, Alexandra Gill, Patrick MacDonald, Kelsey Malone, Victoria McGuire, Jeffrey Millman, Kathryn Mullen, Michael Nee, Maddison Norton, Nicholetta Pappas, Sophia Pizzi, Meghan Quinn, Stephanie Rodway, Mark Rugg, Leah Smeloff, Canyon Volpe, Madeline Wagner, and Lydia Walker.

Advisor: Sr. John Francis Danko



# LEADERSHIP

STUDENTS TAKE CHARGE AND SHOW THE WAY



(Clockwise from upper left) Danielle Tsitos keeps track of tickets for the semi-formal; Carlie Espinosa, Becky Golden, Matthew Rose, Chelsea Grande, and Briana Falconer visit with Santa; Kathleen Kelley and Nicole Ebersole share the Christmas spirit; Mrs. Mary Cormier buttonholes Christopher DeCamp before the Beta induction ceremony; Amanda Rios shares a contagious laugh during the Rock-a-thon.





# FAITH & FUN

*Students share their beliefs and their time with one another.*



Clockwise from upper left: Diana Cybulska and Corinne Lemieux serve ice cream during freshman orientation; Sean Degrace participates with his classmates in the school retreat; eighth grader John Niland gets lost in donations to Cradles to Crayons; Christopher Casserly, Jared Taylor, and Sydney Double-day celebrate after successfully delivering food to the needy during Sacred Heart's Thanksgiving food drive.







## Peer Ministry

Members included Elizabeth Aborn, Katherine Andersen, Dale Baker, Megan Balboni, Allysa Barry, Nicholas Belsito, Catherine Buchholz, Jessica Cashin, Christopher Casserly, Fallon Cassidy, Marybeth Carlson, Diana Cybulska, Katelyn Damaris, Patrick Davis, Benjamin Denmark, Mary Donovan, Stephen Downs, Amy Duggan, Nadine Ebersole, Arielle Eisenstein, Nicole Ellis, Kathryn Farquharson, Alexandra Finney, Nicholas Frazier, Christina Gallo, Jillian Garceau, Rebecca Golden, Jessica Gray, Kayla Greenwood, Mary Hanna, Erin Heggi, Stephen Imparato, Rebecca Johnson, Aleksis Kanelos, Alexander Kang, Katelyn Kelliher, Corinne Lemieux, Ashley Markon, Danielle May, Lauren Mills, Shelby Nessralla, Danielle Ohrenberger, Carl Olson, Melissa Robertson, Lauren Rowan, Emily Runey, Kristin Schreiber, Chandler Smith, Stefanie Sorrento, Danielle Tsitos, Allison VanRiper, Teresa Vercollone, and Colleen Zuzevich.

Advisor: Mrs. Elin Slavin



## Pulse

Members included Courtney Buohl, Marybeth Carlson, Felicia Femino, Evan Grande, Katelyn Kelliher, Maeghan Kelliher, Ashley Markon, Matthew Moore, Dale Morgan, and Teresa Vercollone.

Advisor: Sr. Donna Gribschaw



## Yoga

Members included Colleen Beatson, Fallon Cassidy, Nicholas Cirillo, ElliceAnn Coffey, Alexandra Finney, Jillian Garceau, Austenne Kight, Haille MacInnis, Scott Mason, Meiling May, Michelle Nutter, Victoria Pardo, Haley Reddington, Dana Shepard, Theresa Sullivan, Karlyn Whipple, Emily Wisniewski, and Mary Grace Wolfe.

Advisor: Mrs. Marie Graff



## Uno Club

Members included Adam Afzali, Nick Balboni, Colleen Beatson, Charles Bradford, Stephanie Brooks, Robert Colangeli, Paul Conor, Kevin Fanning, Christina Fonts, Kaitlyn Grosvenor, Alexander Kang, Haleigh Landrigan, Kirsten Lawlor, Patrick Maher, David Muir, Carl Olson, Simon Ostrowski, Eric Price, Matthew Rose, Dana Shepard, Rachel Sullivan, Brittany Walsh, Karlyn Whipple, Hailey White, Mary Grace Wolfe, and Shadman Zaman.

Advisor: Ms. Meredith Costa



# CARING

Sacred Heart students care about their impact on the world, and on the people in it.



## *Students Preventing Animal Cruelty (SPAC)*

Members included Greg Gavigan, Erin Heggi, Michael Johnson, Victoria Kessinger, Eric Meier, Lexi Muller, and Lily Mysona.

Advisor: Mr. George Rose

Below: Christopher Casserly calls his sister to tell her he loves her during a SADD presentation featuring Mr. Edward Gerety.



## *GREAN*

Members included Alexandria Boborusian, Nicole Cafarella, Tracy Cahill, William Kingsbury, Scott Mason, Meiling May, Jacqueline Murphy, Victoria Pardo, Matthew Rose, Taryn Shannon, Michael Snow, Eileen Stickney, and Theresa Sullivan.

Advisor: Sr. Ida Mary Lutz



## *Key Club*

Members included Pamela Anderson, Colleen Beatson, Stephanie Brooks, Nicole Cafarella, Tracy Cahill, Asia Chadwick, Molly Dinardo, Eric Donnelly, Zachary Eisenstein, Jillian Garceau, Michael Gerhard, Alison Ivkovic, Hannah Jaeger, Katelyn Kelliher, Kirby Love, Haille MacInnis, Meiling May, Danielle McKenna, Kaylen McMullen, Meghan Morey, David Muir, Arianna Petrelli, Eric Price, Haley Reddington, Erin Reilly, Olivia Tripp, Karly Whipple, Sarah Wiley, Emily Wisniewski, and Mary Grace Wolfe.

Advisor: Ms. Margo Mahoney





(Clockwise from left) Lily Mysona and Victoria Kessinger get ready for SPACstock; Mr. Edward Gerety gets the crowd going during the pre-prom presentation sponsored by SADD; Marybeth Carlson, Kayla Greenwood, and Danielle Goldstein help out during the SADD presentation.



### Students Against Destructive Decisions (SADD)

Members included Courtney Abdou, Elizabeth Aborn, Pamela Anderson, Dana Aubert, Allysa Barry, Ryan Barry, Colleen Beatson, Nicholas Belsito, Emily Bracken, Molly Cahill, Tracy Cahill, Nicole Cafarella, Mary Beth Carlson, Fallon Cassidy, Sarah Cirone, Kaitlin Cleary, Evan Carey, Amanda Damery, Molly Dinardo, William Dinardo, Eric Donnelly, Mary Donovan, Arielle Eisenstein, Brianna Falconer, Alexandra Finney, Rebecca Golden, Danielle Goldstein, Kayla Greenwood, Mary Hanna, Erika Hartmann, Kelsey Horan, Jacqueline Howard, Aleksis Kanelos, Kathleen Kelley, Kathleen Ketter, Devon Lamothe, Victoria Landers, Emily Lapworth, Hannah Lefevre, Kirby Love, Alexandra Lyons, Rex Macapinlac, Haille MacInnis, Catherine Manning, Ashley Markon, Danielle May, Meiling May, Danielle McKenna, Lauren Mills, Torey Montesi, Meghan Morey, Taylor Mullen, Jacqueline Murphy, Rita Murphy, Michael Nee, Joseph Nelson, Danielle Ohrenberger, Joseph Osborne, Arianna Petrelli, Haley Reddington, Rachel Redfearn, Erin Redmond, Erin Reilly, Brooke Rezendes, Melissa Robertson, Matthew Rose, Hannah Jaegar, Kristin Schreiber, Taryn Shannon, Min-Jeong Shin, Stefanie Sorrento, Caitriona Tilden, Susannah Tuminelli, Hilary Waitner, Hailey White, Sarah Wiley, Emily Wisniewski, and Amanda Zammitti.

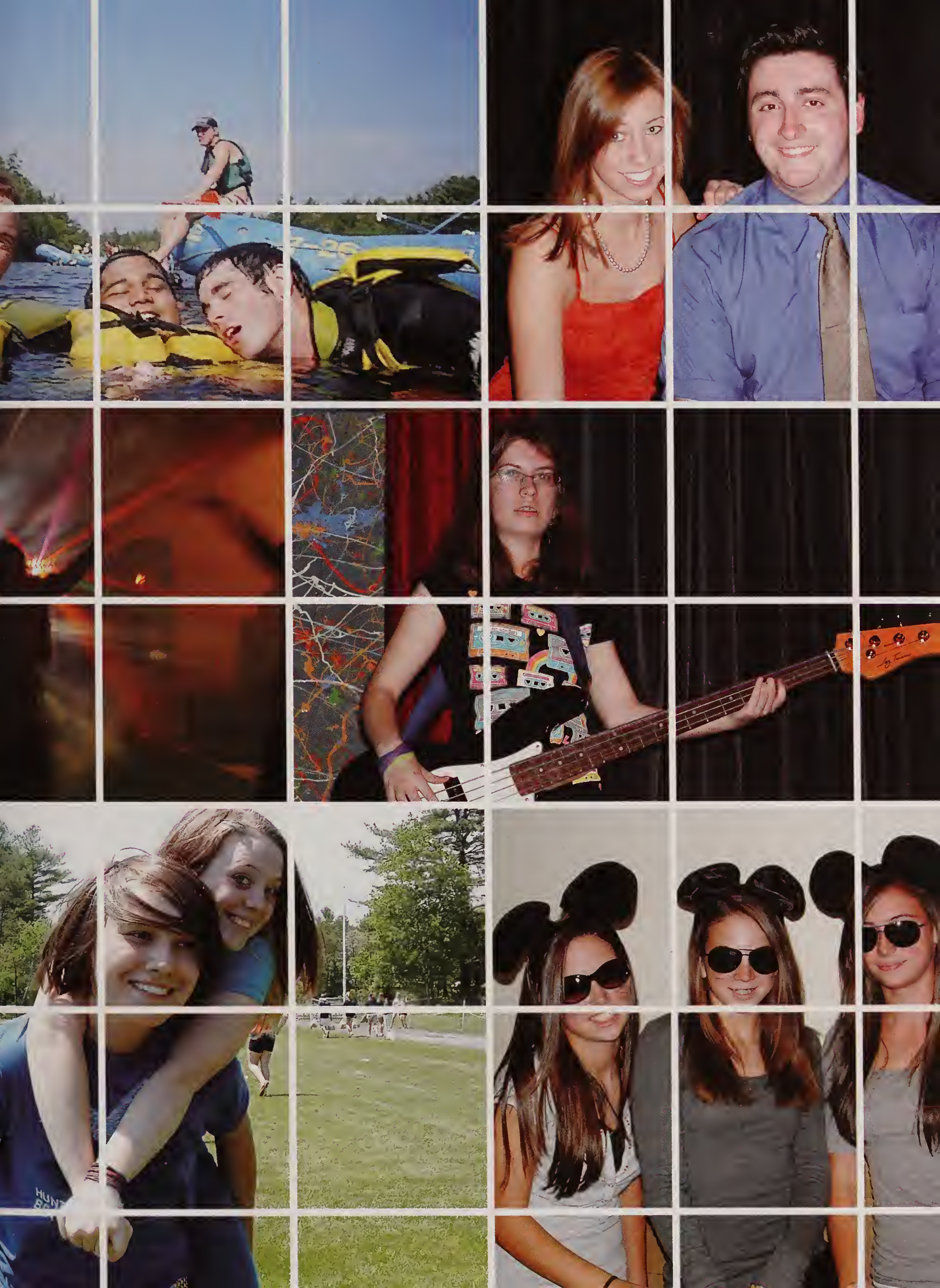
Advisor: Mrs. Karen Horan





# Sports Events







# ORIENTATION



Every year, seventh graders and ninth graders are treated to an orientation program, courtesy of the faculty and the Peer Ministers.

The day-long event is designed to build class unity and a sense of belonging to the Sacred Heart community. Students engage in team-building activities, such as the annual tower of straws competition in the Lower Gym. The day concludes with an ice cream social outside of the Flaherty Library.



(Clockwise from top) Matthew Putney gets his scoop of ice cream; Ashley Nee and Jessica Bump discuss the day's events; Peer Ministers Emily Runey and Mary Hanna are ready to help out; Rosemary Shobbrook and Felicia Femino take advantage of the shade; Ms. Margo Mahoney's seventh graders get their first taste of Sacred Heart.



# White water rafting



After months of planning, on September 6, 2007, the Class of 2008 descended on Millinocket, Maine to take part in the annual white water rafting trip. Students slept in both tents and cabins, and enjoyed a roaring bonfire as well as a game of manhunt.

The next morning led by experts from the New England Outdoor Center, students found themselves rafting through rapids. The trip also presented seniors with a chance to bond. Apparently it worked; students did mingle, and many said they enjoyed themselves.

- Lily Mysona



(Clockwise from upper right) Lauren Day and Ali Townshend demonstrate their white water skills; Andrew Brooks and PJ Davis share a special moment; members of the senior class take on the rapids; Catherine Buchholz, Emily Runey, Kathleen Kelley, Ari Eisenstein, Jessica Gray, and Lauren Mills bond; Shadman Zaman recovers from a busy day of tackling the river.





# Homecoming

As in the past, Sacred Heart's annual Homecoming events were a success. The games began right after the school's pep rally, when the sports teams put on skits and dances for the student body, and ended Saturday night with a dance in the lower gym. Over the course of the weekend, there were ten games and meets.

On Friday night, both the boys and girls cross-country teams had meets, and both the varsity and JV volleyball teams had games. The runners put their newly renovated trail to good use

by bringing home a victory from their meet against Hull High School.

Following suit, the varsity volleyball team won the first three of their five game set, which resulted in their overall win. The JV team worked hard as well, but lost in their last game.

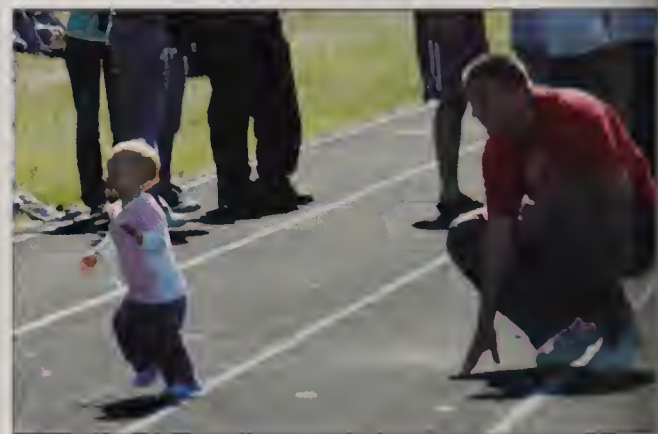
On Saturday, the sporting events continued. It was a perfect fall day, great for everyone to come out and support the teams. Not only were there games going on, but there was also a moon bounce, face painting, and plenty of food.

The morning began with the boys and girls intermediate school soccer games.

While they were playing, the girls varsity soccer team put up posters bearing their names and numbers, as well as the names and numbers of the varsity boys, all along the gate by the Wes French Field, making for a colorful display. The girls varsity team slaughtered their opponent, Bishop Connelly, 8-0, while JV followed up with a 5-0 win.

The boys varsity soccer team played Bishop Connelly, and won, 3-0. The JV boys also played a strong game against Pembroke High School.

- Colby Fisher



(Clockwise from upper left) Cori-Rose Hopfgarten and Christopher Casserly waltz through the pep rally; placards show off team pride; Mr. Jon Olson gives daughter, Madison, a head start; Tracy Cahill lets a frisbee fly; Brittany Kyriakides, Amy McGann, Alyson Milmore, and Susannah Tuminelli support the Saints.





(Clockwise from upper left) Caitriona Tilden flashes a look of surprise; Carl Olson takes center stage among potential school mascots; Becky Golden brushes up on her face painting with Kirsten LeGrow; Allison Grace, Marybeth Carlson, and Ashley Markon bring personality to Ashley's car; Superstar Mr. George Rose shows his spirit; the girls varsity soccer team struts their stuff.





(Clockwise from upper left) The "Geek Girls" roam the halls on Halloween; The Joker and Freddy Kruger confer; an odd collection, including the recently departed Robert Goulet, a ladybug, and a hippie consider their next move; even Jedis have rough days; IS students showcase their range of costumes; it's hard to pick which member of this trio is the scariest.





# Halloween

The doorbell rings. You pick up the bowl of candy and open the door. Outside, several children are dressed up as monsters, superheroes, mad scientists, actors, and everything else imaginable. This night could only be one holiday: Halloween.

"I like to get dressed up for Halloween because it is the one day of the year you can be someone else," Catherine Buchholz said.

Even the teachers get into the spirit of Halloween.

"Because I am a child at heart, it's a lot of fun to dress up and having fun is one of the joys of life," English teacher Mr. Michael Duchaney said.

So where do people get these creative costume ideas? Many students just find a costume in a store that they find funny. Others get help from their families.

"My sisters and I make up costume ideas together," freshman Maggie Hurley said.

Buchholz said many students look for costume ideas online, but they usually are not as creative. Besides dressing up as someone or



something else, there is still a lot that people find enjoyable about Halloween.

"I don't like people who don't like Halloween because they put a damper on the Halloween spirit," Buchholz said of the holiday.

- Theresa Sullivan



(Clockwise from upper left) Allysa Barry and Megan Balboni strike a pose; Ainsley Haughton, Alex Lowe, and Sarah Hopkins all catch a piece of the frame; the Dynamic Duo prepare to fight crime; Victoria Pardo, Jamie Connor, Cecilia Franzini and Blaire Townshend are 2/3 of a half dozen doughnuts.





# BYE BYE BIRDIE

The stage at Sacred Heart lit up in November as dozens of students participated in a production of the beloved musical, "Bye, Bye Birdie".

Cast and crew members worked tirelessly for weeks in anticipation of the production, which was performed in front of the entire school on a Friday afternoon before playing to

large crowds for two performances over the weekend.

Alive pit band, featuring a number of Sacred Heart students, backed the vocalists. Although the cast included many seasoned veteran performers, there were also a number of new faces gracing the stage for the first time.



(Clockwise from upper left) Diana Cybulski, Megan B..., Alex Price, and Kelsey Hughes mug for the camera, the girls of "Birdie" share a laugh; Jamie Connor, Erin O'Neil, Cassia Franzini, and Julia Campbell get close; Kaitlyn Cardev..., Montesi, and Ben Pirri get sound and lights ready; Lauren Day, Marty Kelliher, Elise Atti, and Jenifer Mobilia serve as run crew; Eric Price, Matthew Rose, Cassandra Clift, Alexandra Critch, and Andrew Brooks keep an eye on the tracks.





(Clockwise from upper left) Pamela Anderson, Molly Dinardo, and Hannah Jaeger grab the spotlight; Tyler Marvelli tunes up as Mark Bridge looks on; Patrick Prendergast gets makeup help from Becky Golden, Mary Grace Wolfe, and Haille MacInnis; Courtney Abdou and Megan Balboni share a post-production moment with Ms. Janice Nikula; Evan Grande, Joe Nelson, and Carl Olson warm up; Matthew Donovan, Beth Higgins, and Mark Bridge get into character.





# Powder

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On November 19, Sacred Heart High School held its second annual Powder Puff football match. Despite harsh weather conditions, including frigid wind, freezing temperatures, and a slight period of snow and rain, players and spectators turned out.

Both the junior and senior teams fought a hard match. It was neck and neck for most of the game. The teams were tied at the end, having scored two touchdowns each, which forced the game into overtime.

The juniors finished the game by scoring a final touchdown. Profits from the event went toward deferring the cost of the spring prom.

"It was not only successful, but a fun way to raise money for our grade," Fallon Cassidy said. "I enjoyed playing in the game and having everyone come to cheer us on."

- Colby Fisher



(Clockwise from upper right) Devon Lamothe makes a run for victory; juniors and seniors square off on the field of battle; Carlie Espinosa tries to stay warm; seniors confer on their strategy.



# Christmas how



The Sacred Heart Intermediate School and Upper School Chorus wowed students and faculty with beautiful renditions of classic Christmas songs at their bi-annual concert.

Throughout the show, Ms. Agata Ozechowska explained the significance and history behind each song, making it a learning experience for all.

Religion teacher Dr. Kathy Gallo said she enjoyed the educational aspect of the show.

"I really liked it. It was excel-

lent...Ms. Ozechowska did a wonderful job introducing the pieces. I felt like everyone walked out of the show having learned something new," she said.

Gallo also said she thought that the performance showcased the talents of the students.

"It is amazing how much talent we have in such a small school," she said.

- Colleen Beatson

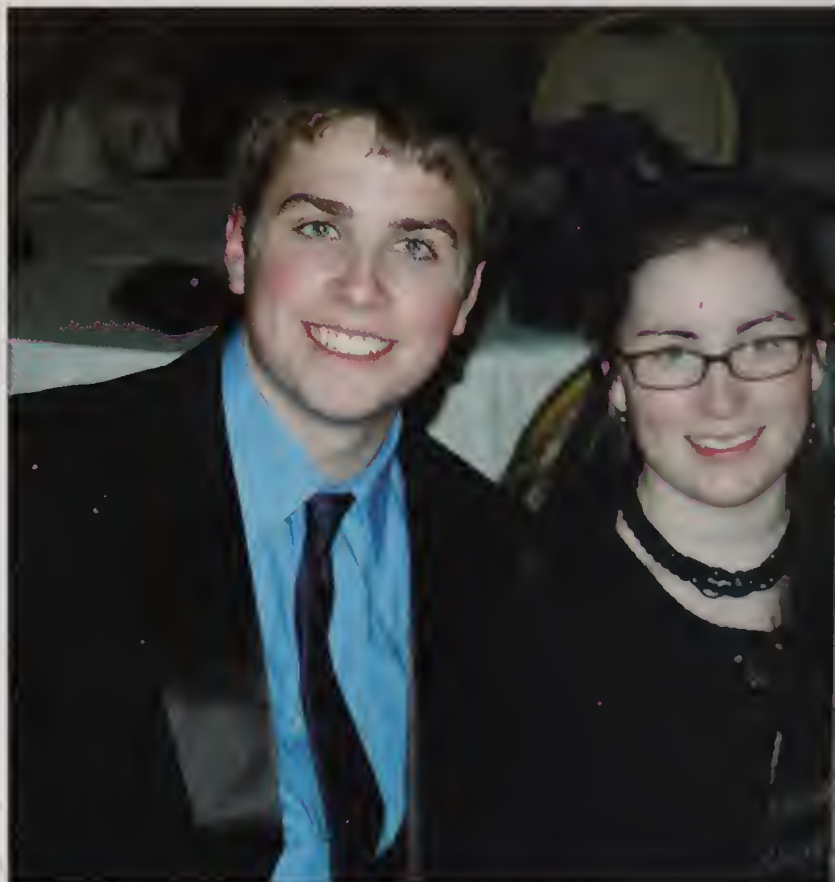


(Clockwise from upper left) Chorus teacher Ms. Agata Ozechowska explains the origin of a Christmas song; Emily Johnson, Maddy Wagner, and Kelsey Malone are bathed in warm light; Sarah Hopkins performs a solo during the concert; the upper school chorus takes center stage.





*Snow*



(Clockwise from upper left) Maria Del Pico and Ryan Lawlor make for a dashing couple; Amanda Rios, Noelle Slavin, and Victoria Landers pause from dancing; Nick Cirillo and Augusta Moore enjoy their evening; Erin Heggi and Lauren Mills take time to pose with Mrs. Karen Horan; Mary Grace Wolfe and Dana Shepard share a moment.



# flake Semi Formal

Sacred Heart's annual Snowflake Semi Formal was held at the Radisson Hotel in Plymouth and was a night to remmemmber.

Of the 350 guests, aproximately 50 came from outside of Sacred Heart, although the majority of those were either alumni or students who had transferred out of Saced Heart.

At the dance, members of the National Honor Society were responsible for many things, such as selling tickets, checking people in, decorating the function hall, and collecting permission slips.

Many said they were pleased with the efforts of the National Honor Society.

"I thought it was well organized; props to the NHS," Erika Harmann said. "I loved it! I had a lot of fun and I think it was well done."

- Catherine Manning



(Clockwise from upper right) Nicole Souza, Shannon Fane-Hervey, and Haley Reddington celebrate; Josh Rashid, Torey Montesi, Elie Naoum, and Joseph Burchill pause from the party; Theresa Sullivan, Courtney Moylan, Audrey Cubellis, and Kristina Del Pico stop for a picture.





# The Battle for Briggs



T-shirts saying "Showdown at the Heart" were all over the stands. People wore bracelets saying "Battle for Briggs". The crowd was loud, with students anticipating the defeat of the teachers.

Sacred Heart's school spirit hit a new level on February 29 as the school's volleyball team and the rest of the Sacred Heart community turned out to support one of their own.

The team sponsored a fundraiser for Class of 2004 graduate Lindsay Briggs, who was preparing to undergo a double lung transplant to treat her cystic fibrosis.

The school showed both moral and financial support. "At the end of that day,

a deposit was made in the amount of \$11,689, with money still trickling in," Vice Principal Mrs. Marilyn Rennie-Stanton said.

The money helped the Briggs family pay for expenses not covered by insurance, including hotel expenses for family members, who were with her during the operation.

"I think that the event was a great success. Everyone seemed to have fun, and we were able to make a lot of money for a really good cause," varsity volleyball captain and event planner Shelby Nessralla said.

- Theresa Sullivan



(Clockwise from upper left) Nicholas Fantasia is a volleyball force to be reckoned with; Tarry Bailey leaps for the ball; Melissa Robertson, Marybeth Carlson, and Erin Heggi get the crowd going; LFO lead singer and Class of 1993 graduate Rich Cronin exhorts students to make a difference; Sister Nelida helped keep the faculty team afloat; David Muir celebrates a goal.



# BLOOD DRIVE 08

Following a years old tradition, the American Red Cross paid a visit to Sacred Heart High School on March 3.

Each donor registered in the lower gym and was checked by a nurse for medical problems that could affect the blood. Donors then had their blood drawn, a process which took about five minutes.

"The whole process went very smoothly. I never had to wait for an extended amount of time," Danielle Ohrenberger said. "The people were friendly. It was just a

good overall experience."

Student Council was in charge of organizing the event, and helped out by passing out snacks, talking to the donors while their blood was being drawn, and helping out with registration.

According to Student Council moderator Mr. Walter Lucier, student participation was great.

"The sign-up sheets for the student donors filled up in about two days," he said.

- Nate Moore



(Clockwise from upper left) Steve Donnelly and Tessa Vercollone make sure Amy Duggan is OK; Ms. Jane Tilden talks with recent donor Colleen Zuzevich; Ms. Beena Koshy checks in on Matt Cullen; Maeghan Kelliher and Sarah Wiley register students; Alex Lowe confers with Kelsey Hughes.





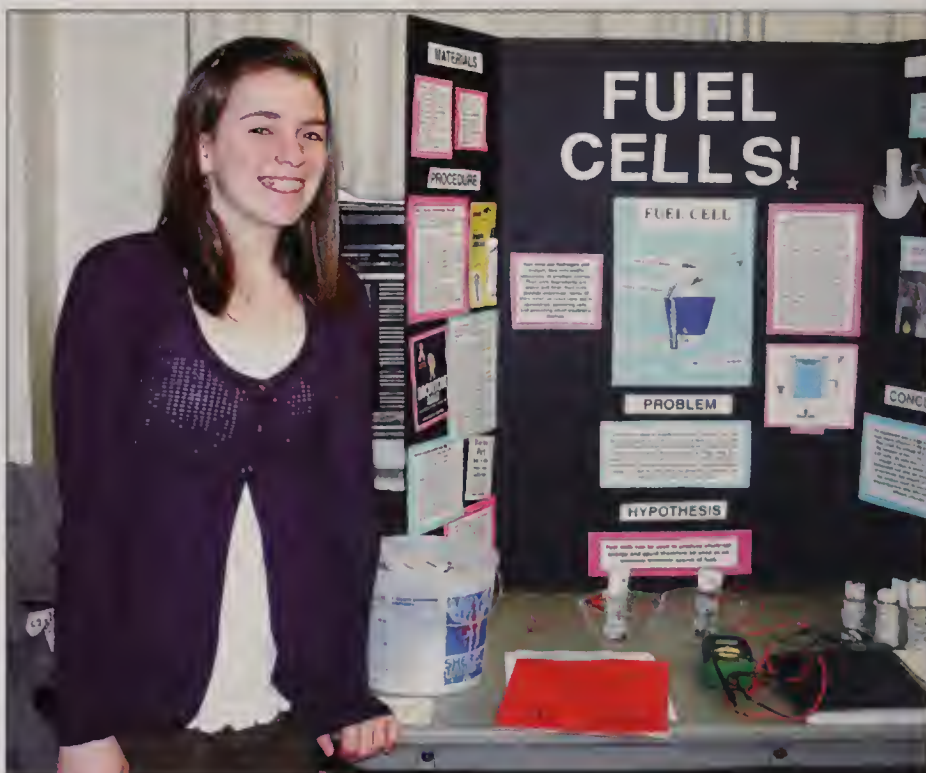
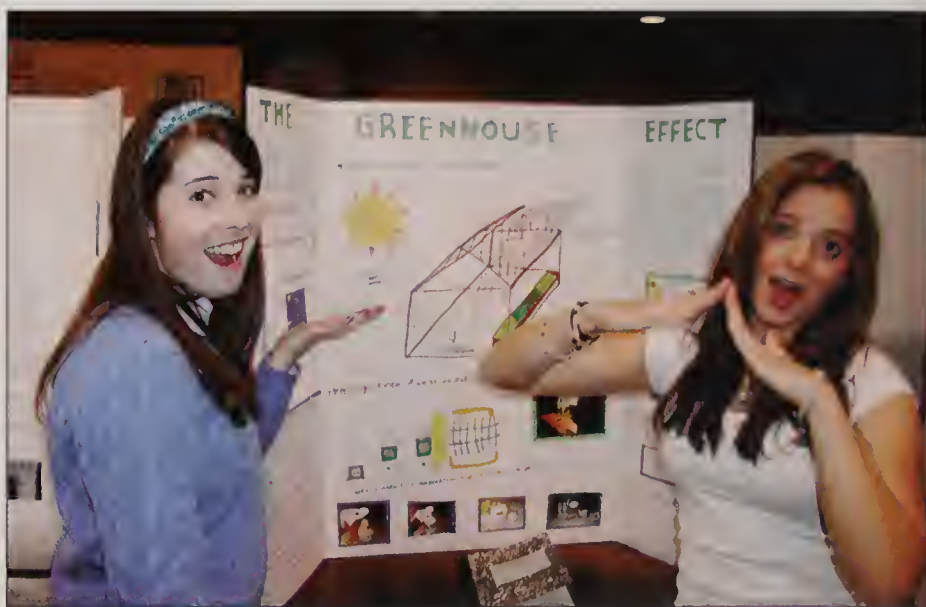
# Science Fair 2008

On the evening of Tuesday, February 12 Sacred Heart's lower gym was filled from end to end with tables, posters, and restless students.

"[The science fair] allows a student to work independently and exercise creativity," science department chair Mr. Jason Potrykus said.

The fair has a long history at Sacred Heart, with hundreds of students participating in the last few decades. Potrykus said he hopes the science fair is a tradition the school will maintain into the future. "The day after the science fair I always say 'that's it,'" he said. "But I hope we never feel independent work and the science fair are lost."

- Andy Espinosa



## FIRST PLACE

Meiling May: Moldy Inhalants

Nathaniel Moore: Putting a Price on Water Quality

## SECOND PLACE

Jamie Connor: George's Dirty Little Secret

## THIRD PLACE

Cecelia Franzini: Baking Soda vs. Baking Powder

Emily Wisniewski: Fuel Cells

(Clockwise from above) Katelyn Kelliher demonstrates the physics behind her project on slipping and sliding; Emily Runey and Molly Rowan pose with their project on the effect of greenhouse gasses; Emily Wisniewski stands with her third-place winning project on fuel cells.



# IS Academic *Fair*

This year's annual IS Academic Fair showcased a wide range of talent, exploring topics from Disney to the importance of green technology. Working in conjunction with teachers, students presented an impressive range of displays and reports that highlighted students' interests across an array of fields.

This year's winners

included a first place award for Maria Costa's "How does your garden grow best?", a second place for Kate Jamison's "Solar solutions", and a three-way tie for third place, including Aidan Duquette and Bethany Faiella's "Is gravity constant?", Lauren Varela's "Efficiency of multi-tasking", and Reagan Whipple's "Jell-O, a phenomenon of the ages".

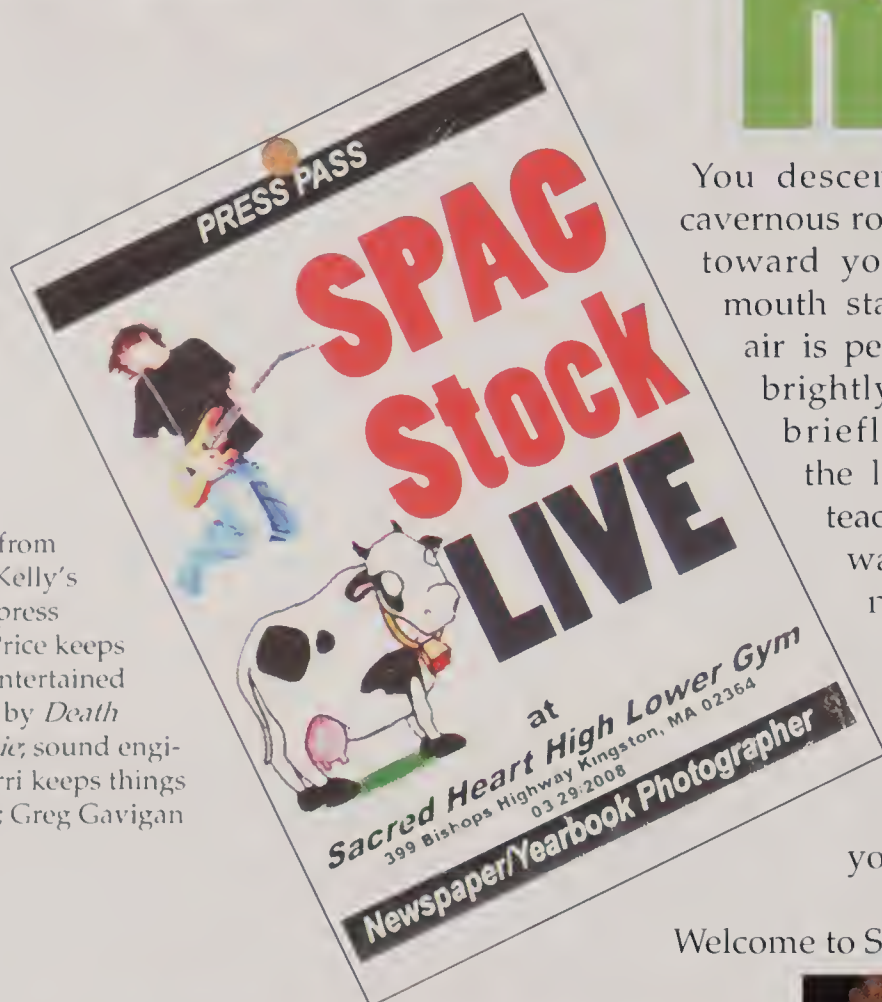


(Clockwise from upper left) Evan Nolan is driven to succeed; Christina Galizio looks at the story behind Mickey Mouse; Alexander Avila explores the life of the great blue heron; Alyssa Obey and Olivia Pizzi take students on a Disney cruise.



# SPACstock

# ROCKS!



(Clockwise from right) Paul Kelly's SPACstock press pass; Alex Price keeps the crowd entertained with a song by *Death Cab for Cutie*; sound engineer Ben Pirri keeps things on the level; Greg Gavigan rocks out.

You descend into a dark, cavernous room. Smoke wafts toward you, leaving your mouth stale and dry. The air is permeated only by brightly colored lights, briefly illuminating the look of shock on teachers' faces as they watch students running and jumping, often colliding with each other to the stound of a bass line that thumps in your stomach.

This past spring, Sacred Heart hosted an event unlike any in recent memory. More than a dozen different sets were played by bands comprised of, or including, Sacred Heart students.

"I actually really, really liked it," Lea Hebert said. "It was like any local show. We should have more."

SPAC officer Lily Mysona also considered the night a success.

"The turnout was great, and we raised more than we expected to," she said, adding that SPAC hopes to make SPACstock an annual event.

Welcome to SPACstock.

- Mary Lurvey





# ART

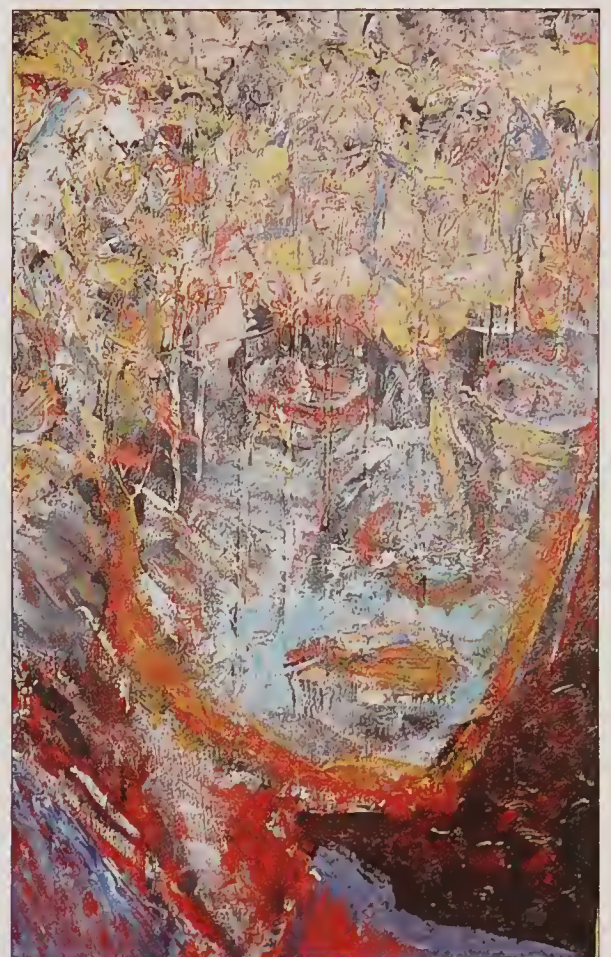
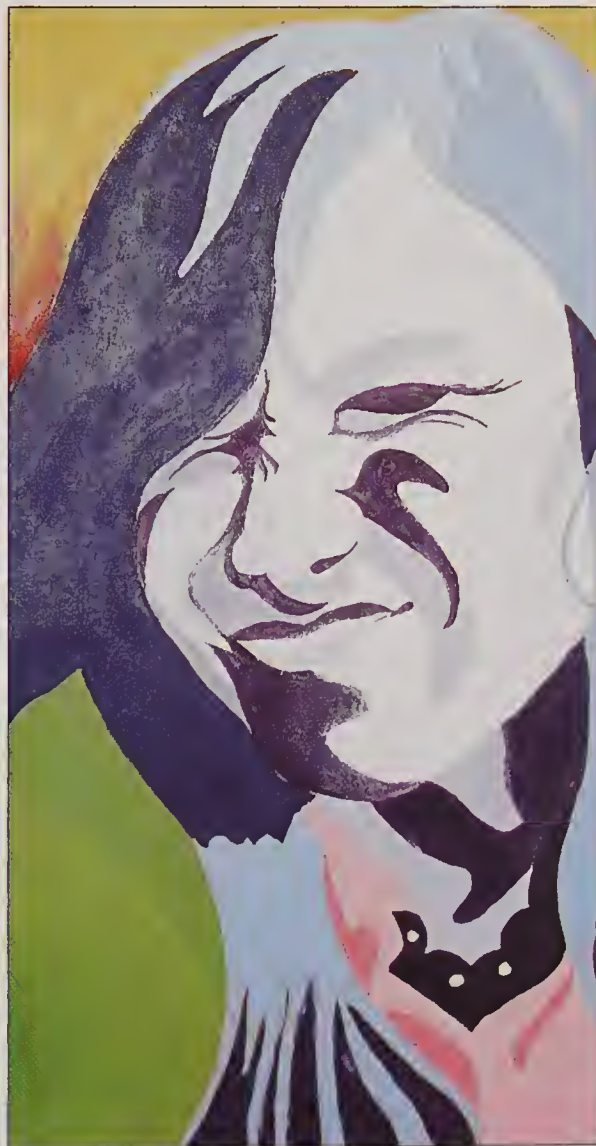
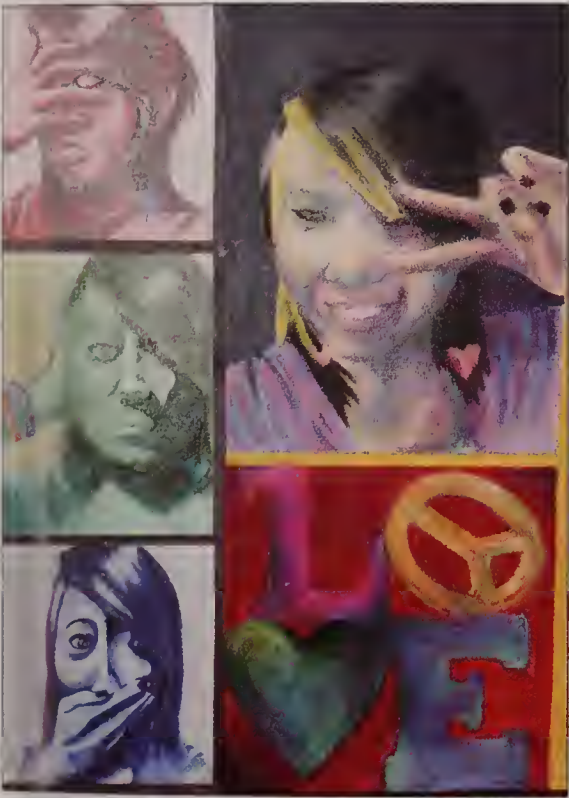
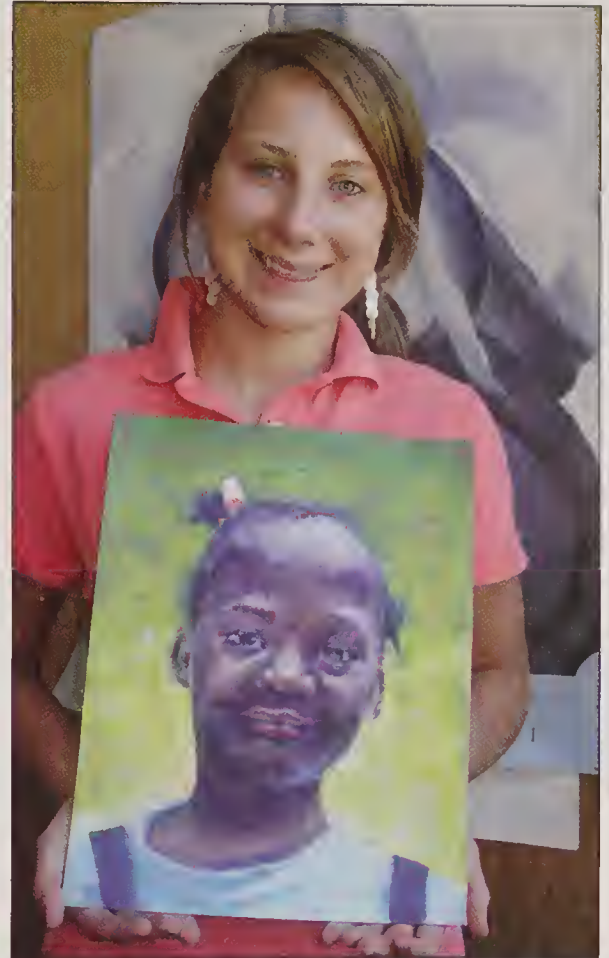
## SHOWCASING STUDENTS' TALENTS



Sacred Heart's annual art show highlighted the hard work of many student artists, but only showcased a fraction of the year-long efforts to produce work that both expands and challenges the mind.

Students racked up numerous local, regional, and national awards for their work, including recognition by the Boston Globe.

In addition to the artwork on display, several students also participated in The Memory Project, an international art effort that has students in the United States producing artwork based on photographs of orphans from developing countries. The resulting artwork is then sent to the child. This was the second year that Sacred Heart has participated in the program.



(Counter-clockwise from upper left) Artwork by Erika Earle, Michelle Nutter, Alex Artiano, Hailey White, and Patrick Prendergast. Rachel Redfearn displays her memory portrait of a Haitian girl.





# IS Variety Show



This year, the intermediate school took part in a new production: a variety show open only to seventh and eighth grade students. The idea for the variety show was conceived by theatre teacher Ms. Janice Nikula.

"I was excited for the intermediate school students to have their own variety show," she said. "We had some very talented students and it is wonderful that they had an opportunity to showcase that talent."

Students appreciated the chance to take center stage.

"I'm glad that we got a chance to come up with something on our own and perform it for our friends," Hannah MacInnis said.

Ellis Friedman and Jeffrey Millman kept events moving as Masters of Ceremonies.

The show was a great success and many students said they are looking forward to another pleasing show next year.

- Kate Jamison

(Clockwise from upper left) Sarah Yetman, Lydia Walker, and Bailey Johnson make their moves on stage; Kristen Nuttall and Kate Jamison grab some air during their dance routine; Michael Nee takes a breather after performing "Harry's Wonderful World"; BriAnna Habeeb and Elizabeth Murphy share their love of song.







(Clockwise from upper left) Rex Macipin-lac lays down a rap; hosts Cori-Rose Hopfgarten and Shadman Zaman engage in some good natured banter; Eric Meier strums a tune; Susannah Tuminelli lends her voice to the celebration of talent.



Students sat talking with their friends and looking at the stage. Suddenly, ten neon bags rose from the fog with strobe lights flashing. The 2008 variety show had begun.

This year's theme was Mac versus P.C., with each of the hosts representing one kind of computer. In between the acts, the hosts bantered about why each was the better computer and incorporated YouTube in presenting the acts.

The script, written by Veronica Falconieri, served as a guideline, with Shadman Zaman and Cori-Rose Hopfgarten improvising much of their dialogue.

A considerable amount of

work went into putting the show together.

"Like every year, it figured itself out in the end, and the day show was more of a rehearsal and the night show was spectacular," Falconieri said.

Art teacher Mrs. Evelyn Dunbar said she was pleased with the results.

"I'm so thrilled that there were stalwart people who were into the projects since day one, such as Veronica, who structured and wrote it," she said. "We couldn't have done it without her."

- Katie Cleary



# U S V a r i e t y s h o w



# PERU

## Mission Trip

This past year a group of students and faculty made a journey to Peru during their April vacation.

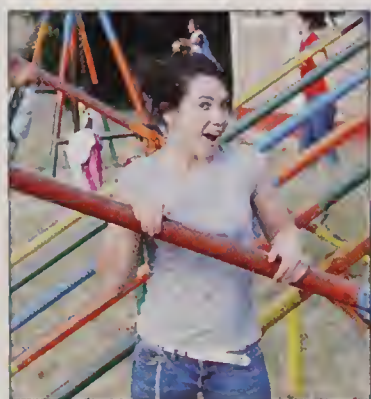
After an intense selection process in the fall of 2007, 15 students were chosen. The students, accompanied by Mrs. Elin Slavin, Sister Nelida Naveros, and Mr. George Rose, visited the town of Abancay where they volunteered at an orphanage sponsored by the Sisters of Divine Providence.

While they were there the students played with the orphans and helped out wherever they were needed.

Students not going on the trip were also given a chance to participate by donating money and supplies through various fundraisers throughout the year. Students were also asked to pray for those going on the trip.

- Augusta Moore

"The attachments we made were so much more than learning about things. Just through playing and talking with the kids, we made strong connections."



Caitriona Tilden

"I'm at the point in my life where I'll be making decisions about what I will do with my career. For me it is important to see how the poor and unfortunate live so that I might help them in my career."



Patrick Prendergast



(From top to bottom) Upon arriving in Peru, students became intimately acquainted with the people and culture of the country; this little girl, posing with her llama, was one of the many interesting people that students met on their trip; those who went on the trip pause for a group shot on one of their days away from the orphanage; the trip to Peru was not all work for those who volunteered their time. The students and faculty were also able to hike through the beautiful mountains and visit spectacular natural parks.





# All school RETREAT



Wednesday, April 9 was a big day; peer ministers, clad in their red shirts, were scurrying through the halls. Teachers were putting the finishing touches on the events of the day, and students were buzzing about their expectations of what was to come.

The school-wide retreat had finally arrived.

In the morning, junior and senior peer ministers conducted prayer and affirmation activities in homerooms before the entire student body proceeded to the

auditorium for mass.

At various times during the day, students at all grade levels had the opportunity to hear Jim Orcutt, the founder of My Brother's Keeper, a ministry of service workers who provide furniture, household items, and food, free of charge to people in need.

"I thought the retreat was a good experience. It was a day to reflect on many things and everyone in the school community participated in it," Dana Aubert said.

- Aleksis Kanelos

(Clockwise from upper left) Brittany Bradford, Kelsey Horan, Maggie Powers, and Molly Dinardo share a bonding moment; Matthew Donovan works on a class mural; John Niland, Patrick Maher, and Kristen Nuttall enjoy some quiet reflection; Mr. Jim Orcutt talks about his group, My Brother's Keeper; Shannon Fane-Hervey speaks during mass; Kaylen McMullen, Theresa Sullivan, and Jillian Garceau start off their day in the Flaherty Library.







# Spring chorus

## Show offers gift of song

Students welcomed spring with a song as members of the intermediate and high school choruses provided a concert peppered with both classic and contemporary tunes.

Chorus director Ms. Agata Ozechowska provided information about the various songs throughout the show, both entertaining and informing the students.

The show closed out with a rousing encore presentation of Queen's *Bohemian Rhapsody*, which featured chorus members as well as an enthusiastic segment of the audience.



(Clockwise from top) Members of the combined upper school and intermediate school choruses delight the audience; Adam Bruneau provides a spirited backing guitar for *Bohemian Rhapsody*; Katie Presutti, Melanie Odell, Maria Costa, Maddy Wagner, and Emily Johnson serenade the audience; Ben Burke prepares to add some deep resonance to the concert; the audience lends its voices to an encore of *Bohemian Rhapsody*.







Students say they wouldn't trade anything for

# Barter Day

On May 1, the eighth grade participated in the long-standing tradition of Barter Day - an afternoon of swapping things they no longer wanted for new treasures.

Participants were allowed to begin setting up at tutorial, and as soon as the bell rang signaling the end of the period, students raced toward the lower gym with several bags in their hands, hoping to get the best available table.

Then the bartering began. Some of the more popular items included jewelry, books, magazines, and CDs. Kate Jamison participated in the event by creating note-

books with Brianna Habeeb and Carly Ward. interesting experience, and "Barter Day was really I enjoyed bartering with other students a lot," Jamison said.

Most of the trading occurred during the first hour, with students running around to the tables holding the items they wanted, attempting to make the best deals they could in the shortest amount of time.

"It was so much fun, and I got a lot of new stuff that I really like. I wish I could be there next year," Kendall Fisher said.

- Kristen Nuttall

(Clockwise from upper left) Teddy Kirwan showcases his wares; Melanie Odell and Katie Presutti offer their table of assorted items; Patrick Davis spraypaints a shirt for a customer; Bailey Jordan, Sarah Yetman, and Kelsey Whitaker display a deal you cannot refuse.



(Clockwise from right) Ryan Lawlor and Maria Del Pico are the king and queen of the prom; a group of students makes their way toward a night of fun; David Afzali and Holly Lootz dance as prince and princess; Devon Lamothe, Melissa Nordby, and Tyler Marvelli take a break from dancing; Nick Cirillo, Ali Townshend, Veronica Falconieri, Augusta Moore, Lauren Day, and Jeff Marshall are ready for a great evening; Jessica Gray, Allysa Barry, Katie Cleary, Megan Balboni, Kayla Greenwood, and Jacqueline Murphy capture a moment.



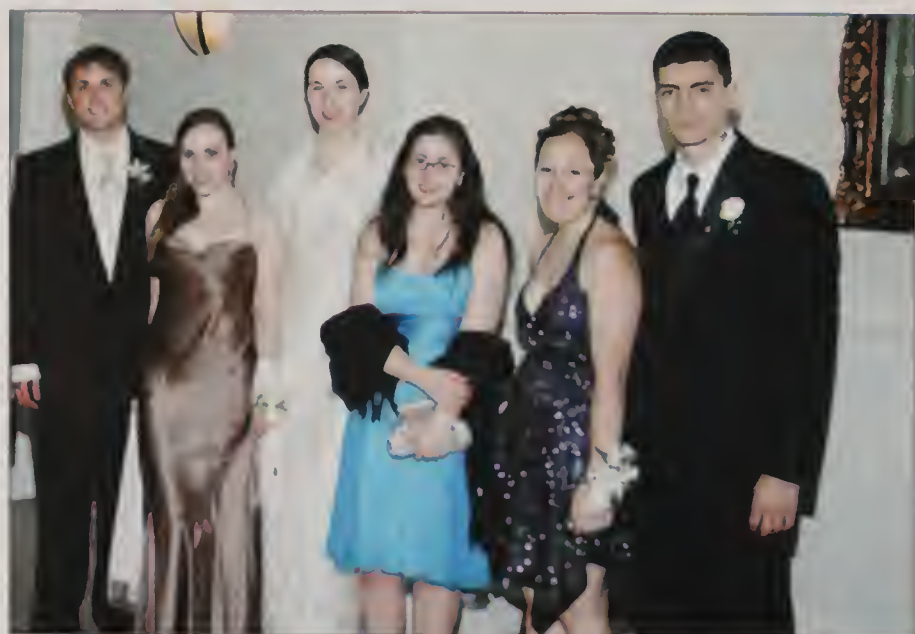
# Prom 2008

The doors opened, exposing a room full of elaborately decorated tables, a warmly lit fireplace, and a buffet lined up against the back windows.

It was May 1, prom night for Sacred Heart's juniors and seniors.

Junior class representatives planned and hosted the event for the seniors. Treasurer Carlie Espinosa said the officers spent hours with Sister Emma Jean planning the night.

"Before school after school,







tutorial, and studies," she said.

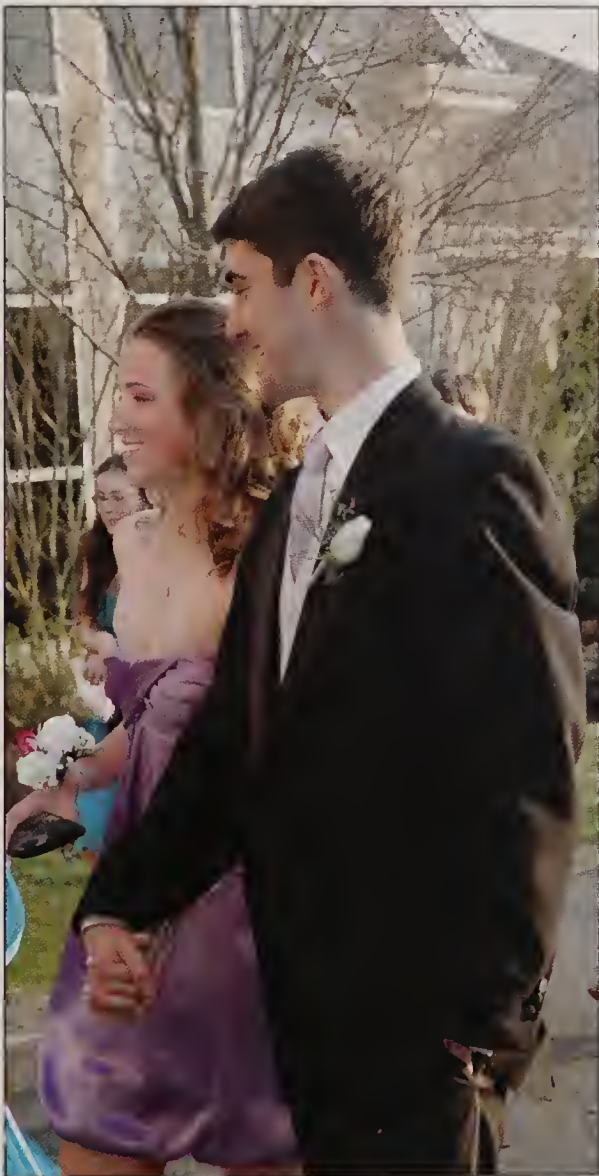
Junior class president Danielle Ohrenberger said they helped to make all of the arrangements.

"We decided on a buffet, open seating, open patio, DJ, and table set up," she said. "As it got closer, it got a lot more stressful."

Students said they enjoyed themselves.

"Prom was a fun time," Devon Lamothe said. "You know it's fun when there's 15 albums on facebook."

- Melissa Nordby



(Clockwise from upper right) Alex Artiano and Aleksis Kanelos arrive at the prom; a shy and retiring Alex Price surprises Austenne Kight; Courtney Abdou and Mike Rebello make for a cute couple; Ari Eisenstein and Dave West stride in with style.





It was a day filled with sun, fun, and friends as intermediate school students took to the fields of Sacred Heart for an afternoon of games, goofing, and ice cream treats. After a week of waiting and wondering, the weather cooperated fully, providing just enough sun and clouds to keep students from overheating.

The day's events drew to a close with faculty members distributing ice cream and other frozen treats to a very appreciative student body.



(Clockwise from upper left) Haley Aubert takes a swing at softball; Sandra Boyles prepares to catch while Jimmy Husband, Teddy King, and John Niland keep walking; Leigh Ann D'Andrea, Molly Frazier, Sarah Kieran share a close moment; Shelagh Walsh and Abby McDonnell don't know whether to laugh or smile; Lexie Gill, Vanessa Dailey, Mary Quinn, Emily Bracken, and Gretchen Barrett take a break; Brianna Faiella, and Aidan Duquette sport their field day colors.





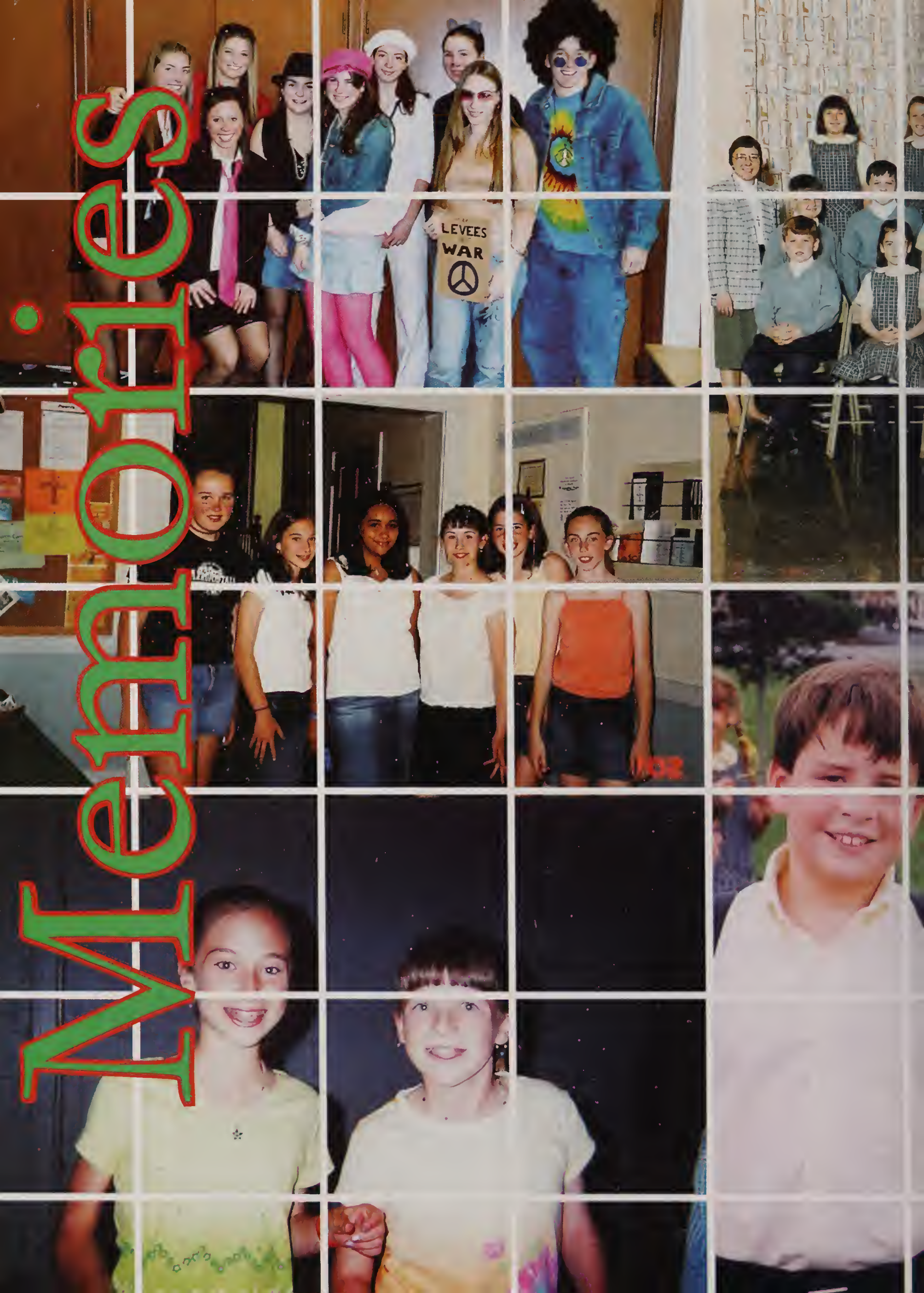
From the pie eating competition, to the dunk tank, to the water slide, nothing tells the story of field day like pictures. So, we'll keep the text to a minimum and let the images do the talking.



(Clockwise from upper left) Pamela Anderson slides into field day fun; Charlie Espinosa and Becky Golden duke it out; Stephanie Sorrento, Sarah Cirone, and Katie Andersen are all smiles; Andrew Freeman looks as though he is reconsidering his decision to compete in the pie eating contest; Mary Donovan and Kiki Schreiber are ready to compete; Adam Afzali, Simon Ostrowski, and Matthew Rose surround a surprised Ms. Meredith Costa.



# Senior Memories









That was then...

# Katelyn Kelliher

Congratulations  
Sacred Heart High School  
Class of 2008

Katelyn,

“Goodbye is not an ending when you know  
that people care,  
For miles may come between you, but good  
friends are always there,  
Goodbye is not an ending but a different  
start for you,  
A start for making brand new friends and  
seeing dreams come true  
Goodbye is not an ending, for you'll find  
along life's way,  
Within your heart you'll always have a part  
of yesterday.”

Our wish for you as you graduate is:

May all that you are dreaming for in life be  
the least of what you receive.  
And may God Bless You Always

We are so proud of you!  
All our love Always

Mom, Dad, Marty, and Maeghan



...this is now.



## Kaitlin Cleary



Congratulations Kaitlin,

The time has passed by so quickly, but the memories will last forever. We're so proud of you. Success will follow throughout your life.

Love, Dad and Mom

Katie,  
You've always been there for me when I've needed you the most. I know we'll be close our whole lives.

Love, Kevin



## Henry and Nina Cho



Thank you, Henry and Nina, for enriching my life with your presence. Congratulations on all you have accomplished. I pray that your future will be bright and blessed by God and look forward to being with you whenever you can visit from college.

Much love,

Susan

Your American Mom



# Megan Balboni



My wish for you,  
Is that this life becomes all that  
you want it to,  
Your dreams stay big,  
Your worries stay small,  
You never need to carry more than  
you can hold,  
And while you're out there getting  
where you're getting to,  
I hope you know somebody loves  
you,  
And wants the same thing too,  
Yeah, this is my wish...

Megan,  
You have been our little star since  
the day you were born. We're so  
proud of the kind, loving, beautiful  
young lady you have become.  
Whatever you do and wherever  
you go, we'll always be here  
encouraging you, supporting you,  
and loving you.

Love,  
Mom, Dad, Sara, and Nick





## Arielle Eisenstein

Arielle

Lioness of God

Strength through beauty and grace  
You have taught us all to be humble  
To enjoy everyday life to its fullest  
And every night to say good night

Layla Tov, I love You

We cherish your love as we watch  
You grow, and now wish you everything  
You've dreamed of, as you make your

Way into the world

Mazel Tov

All our Love, Forever,  
Mom, Dad, and Zach



## Mark Bridge



Congratulations  
Mark

The success you will  
achieve and difference you  
will make will  
only be exceeded by our  
love and pride.

Mom and Dad



## Christopher Casserly

Christopher,

You have  
always had a  
way of making  
the world a  
happier place.  
We are very  
proud and  
blessed to call  
you our son.

Love,  
Mom and Dad





## Katelyn Damaris



Katelyn,

Believe in yourself and the many talents and gifts you have been blessed with. We are so very proud of you and we love you very much. Congratulations!



Mom, Dad, and Jillian

## Maria Laina Del Pico



CONGRATULATIONS  
on your high school graduation!

We are very proud of all your accomplishments throughout the years, and look forward to celebrating more with you in the future.

and determination to help you reach your future goals. Believe in yourself...if you can dream it, you can achieve it!

May God bless you with strength, wisdom,

Love always,  
Mom and Dad

## Veronica Falconieri



We are proud of how far you have come.

Love,  
Mom, Dan, and  
Timothy





## Andrew Brooks



Congratulations Andrew!

Love,  
Dad, Mom,  
and Stephanie



"Have I not commanded you? Be strong and of good courage; be not frightened, neither be dismayed; for the Lord your God is with you wherever you go."

Joshua 1:9 (RSV)



## Cori-Rose Hopfgarten



Cori-Rose,

Angel-baby! We're all so proud of you. Thanks for all the joy you've brought our family. Time now to go and shine! Champlain is lucky to have you.

Love, Momma  
XXXXXX



## Matthew Dennison



Matt,

Wow! It's finally your time to celebrate! How the years fly by. Your good sense of humor and strong determination will take you far. You've accomplished so much already, and you've only just begun. You have so much to look forward to, your future is bright. Reach for the stars! We're so proud of you and we love you very much!

Love,  
Mom and Dad

## Nicholas Frazier

*God's Gift to Me*  
My Son



Nicholas James

We have built your foundation  
together with Him, may He bless you as you soar  
through your future.

Congratulations! I'm so proud of you!  
Love, Mom



# Timothy Cruz

*Remember that we admire you and love you just as you are.*



You've got a big heart.  
Keep it filled with happiness.  
You've got a fascinating mind.  
Keep finding new ways to grow.  
Keep yearning. Keep learning.  
Keep trying. Keep smiling.  
And keep remembering that our love  
goes with you...everywhere you go.

Love,  
Mom, Dad, Alex, and Cooper



## Paul D'Angelo



Congratulations Paul!  
We can't believe  
you're off to college!  
Words cannot explain  
how proud we are  
— watching you grow  
and accomplish the  
goals you have set for  
yourself. You know  
we will always be  
here for you. We love  
you.

Dad and Mom





## Christina Gallo

To our dearest Chrissy,

From infant to beautiful young lady, we have watched you grow. You have made us proud every step of the way. May God continue to watch over you as you begin this new chapter of your life. As a parent, it is so hard to let you go, but we know that it is time to watch you soar. Always know we will be there for you and we love you with all our hearts.

Love, Mom and Dad



## Gregory Grillone

“Life is not easy for any of us. But what of that? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained.”

—Marie Curie (1867 - 1934), chemist, physicist, Nobel Prize winner

WE LOVE YOU AND WISH YOU THE BEST IN YOUR FUTURE...

LOVE, DAD, MOM, DEANNA,  
NIMBUS, AND ANGEL

## Victoria Kessinger



Congratulations.

You have worked so hard and accomplished so much. We are so proud of you. Cherish the memories, follow your dreams, and stay true to your heart.

God bless you always.

Love, Mom, Dad, and Stephen



# Amy Duggan



I guess somehow we always knew  
This day would soon be here  
Still we wonder as we look at you what  
became of all the years  
And no words could ever quite express  
The way we feel inside  
Oh we can't believe our eyes today  
Our angel and our pride

All the laughter and the tear drops  
The sunshine and the rain  
We would re-live every moment dear  
If we could bring them all back again  
And now our love, the time has come  
To send you on your way  
So we wish you well and happiness  
And the blessings of this day

And we hope the love we have given you  
will forever be your guide  
Because we can't believe our eyes today  
Our angel and our pride

Congratulations  
Love,  
Mom and Dad





## Sarah Lagerstedt

Sarah,

Congratulations, we are so proud of you, for all that you have accomplished and for all that you are.

—No snowflake ever falls in the wrong place—It's what you do with the place you are in.

Love,  
Mom  
Nana & Pop  
Kelly  
Tricia  
Paul  
Peter  
and Shadow



## Erin Heggi



Our little Cardinal is ready for flight and what a journey it will be! We are so proud of you and know your wings will let you soar.

Love,  
Dad, Mom, and Pat

## Ryan Lawlor

Ryan,

We are very proud of your accomplishments and the great young man you have become. Always keep your faith and God will keep you on the right path. You're ready for any challenge. We love you, admire you, and never forget, we're always here for you.



Love you always,  
Mom, Dad, Elaine,  
Brendan, and Shane



## Jacqueline Murphy



We're proud of you, Jackie! Always reach for the stars!

All our love,  
Mom, Dad, and James

Carpe diem!

Love,  
Hooie

## Kaylen McMullen



Kaylen,  
*I'll always be there for you!*

Love, your big brother,  
Ryan

## David Muir



David,

Congratulations on your graduation! It is hard to believe that 18 years have passed. We are so very proud of the person you have become and look forward to your continued growth through your college years. You have always possessed a kind and generous spirit. You

are engaging and genuinely care about people. Never lose those traits. You've been a great son, a terrific brother and a true friend to many!

As you go off to college continue to challenge yourself, work hard, have fun and accomplish much.

We are here for you and always remember that we love you!

Dad, Mom, and Michael





Imagine...Dream...



Believe...Laugh...Smile...

# Allison Grace

Always walk with your head held high  
A smile on your lips  
And a prayer in your heart.

Go forward, achieve  
and succeed

Our unconditional love,  
Dad  
and  
Mom



Create...Achieve...



To Bunst



Pookie and Buzz





# Jessica Gray



Jessica: So full of life and  
splendor! A mother's pride, a  
father's joy, a brother's affection.  
May you carry this with you now  
and always.

Love,  
Mom, Dad, and Jason





## Danielle Tsitos

Dear Dani,

We love you so much  
and can't believe  
you're graduating.  
You have grown into  
such a lovely young  
lady in every way.  
You always make us  
proud, and we know  
you always will.

Love always,

Mom, Dad, Chris,  
and Nick



## Paul Kelly

**"In dreams begin  
responsibility"**

*William Butler Yeats*

***Congratulations Paul M. Kelly, Jr.!***  
***Savor the Moment... You Earned it***

***Mom, Dad, Liam and Deirdre***

## Steven Pelletier



We're proud and honored to have watched you  
grow into the special person you are today.

We love you with all our hearts.

Love, Patti & Bill



## Kaylen McMullen

*Dearest Kaylen,*

*You are the wonderful memories of the past,  
the joyful moments of the present and the inspiration  
and hope of the future.*

*Cakes, we are so proud of you. You continue  
to win our hearts with your sweet and wonderful  
ways.*

*Love,  
Mom and Dad*

## Alex Price

Alex –

A very long time ago, you let me into the 100-Acre Woods with you. And since then you have filled my life with passion, humility, love, and of course, music. I know you have done this for many others at Sacred Heart as well. You have gifts that few possess. Gifts that many people are too scared to use even if they have them. Luckily, this is not the case with you. I am so proud and happy for you because of this. You have, and will continue to, change lives and make them better and more beautiful wherever you go. One might think it's time for us to leave the Woods (or maybe that we have already left), but I don't think it is. No matter where you go or what you do, I will be right there. I love you Alex, I love you more than you will ever know.

Love,  
Jen





# Kayla Greenwood

Kayla,

Congratulations!

Remember that whatever  
the future holds for you,  
we're here for you always.  
We love you!

Love,

DJ, Molly, and Michael



My wish for you, is that this life  
becomes all that you want it to,  
Your dreams stay big,  
Your worries stay small, You  
never need to carry more than you  
can hold, And while you're out  
there getting where you're getting  
to, I hope you know somebody  
loves you,  
And wants the same thing too.

- Rascal Flatts

Kayla,

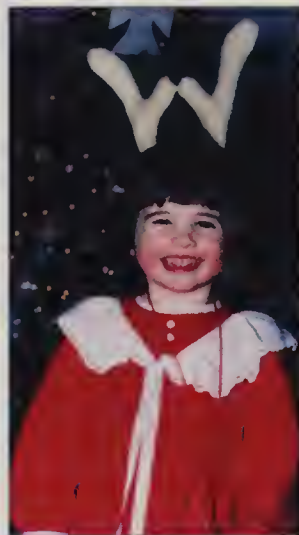
You're one of God's greatest gifts  
to us. We're so proud of you!  
We've treasured every minute!  
Hope to always play Lorelai to  
your Rory! Remember our prayers  
and love are always with you.

Love,

Mom and Dad



## Emily Runey



Emily,

We are so very, very proud of you! Look how far you have come – Beauty and Brilliance –

Love, Mom, Dad,  
Grandma Jean



Emily,

I'm so proud of my little sister. Congratulations on a job well done.

Justin

## Sarah Valanzola



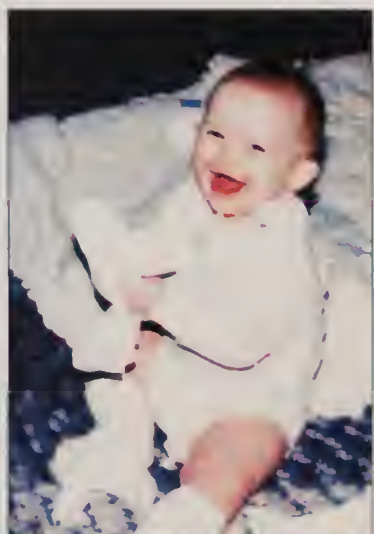
Sarah,

Congratulations, we're so proud of you. May all your dreams come true!

All our love,  
Mom, Dad, and Jared



"We are gonna dance and sing in celebration, we are in the promised land."  
- Led Zeppelin



"In this great future, you can't forget your past."

- Bob Marley





# Theresa Sullivan



Thoughtful  
Happy  
Energetic  
Radiant  
Excellence  
Special  
Always our girl ♥

Prettiest Princess,

WOW, our baby girl graduating high school.  
We have often watched in awe at the decisions  
you have made for yourself and the great work  
you have done in so many aspects of your life.

We are so proud to call you our daughter,  
and look forward to being a part of your  
extraordinary journey ahead.

We love you  
Always and forever  
Mom and Dad



Theresa,

When I was growing up it was always nice  
to have someone to play with. Now that I am  
older, it's nice to always have a confidant,  
supporter, and best friend. I am proud of the  
strong young woman you are becoming and I  
am so lucky to have you as my sister.

I love you,  
Jen



## Briana Falconer



Briana,

From the first moment we laid eyes upon you, we knew our lives would once again be changed in the most wonderful way. Thank you for bringing so much joy and love into our home. Your quick wit and infectious laugh will be greatly missed next year. Always remember that no matter where life takes you, we will always be here for you.

Love,  
Mom and Dad



## Melanie Mulkern

There are two things to aim for in life,  
first to get what you want,  
and after that to enjoy it.  
Only the wisest of mankind has  
achieved the second.

Logan Pearsall Smith

We're so proud of you.

Love,

Mom, Dad,  
Brian, Brendan,  
and Francis



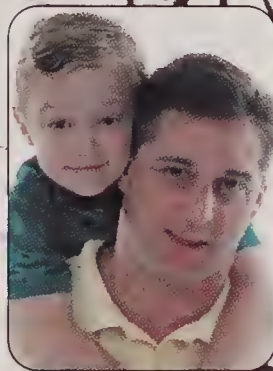


# Tyler Marvelli



Words can't express all the love in our hearts. Since the day you were born we've watched you grow to become a fine, upstanding young man. We look forward to seeing what remarkable accomplishments are ahead. We couldn't be more proud of you Tyler.

LOVE, Mom & Dad



You have brains in your head.  
You have feet in your shoes.  
You can steer yourself in any direction you choose.  
You're on your own.  
And you know what you know.  
You are the guy who'll decide where to go.



## Alex Price



Alex –

We are so incredibly proud of the wonderful young man you have become. With intelligence, talent, humor, sensitivity, and love, you have completed our family in ways you will never know. Although we will miss you tremendously next year, we are so eager to see what you will accomplish next! We love you and are so thankful for you.

Love,  
Mummy and Daddy



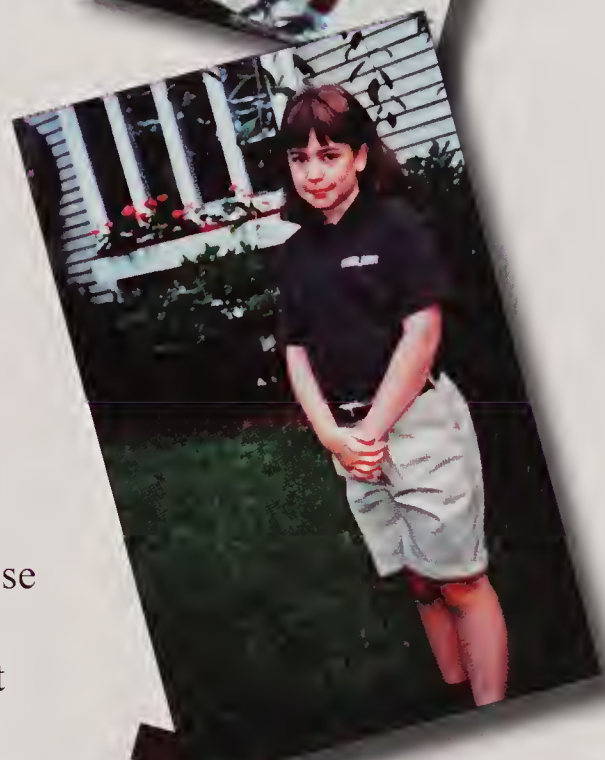


# Augusta Moore



We love you and are infinitely proud of what you have accomplished and who you have become.

Love,  
Dad, Mom, Nathaniel,  
Matthew, and Naomi



It takes a lot of courage to release the familiar and seemingly secure, to embrace the new. But there is no real security in what is no longer meaningful. There is more security in the adventurous and exciting, for in movement, there is life, and in change, there is power.

Alan Cohen





## Nicole Newell



Nikki,

I am so proud of all that you have become; from an adorable baby to a beautiful young lady. Your drive, determination, and strength will take you places. Never give up and always follow your heart and dreams. I will always be here for you.

Love ya,  
Mom



Nikki

Words cannot express how proud I am of you. As I begin to miss the little girl making mud pies, I am amazed at the woman you are becoming. Your wit and determination will take you wherever you want to go and I cannot wait to see you there.

Your biggest fan,  
Dad



Hey Keebler.

I'll hate that you're gone, but will love having your room. Oh yeah, I'll always be your bigger, little brother.

Cam





# Melissa Robertson



Dearest Melissa,

It seems impossible that eighteen years have passed, and yet they have. You have always brought so much happiness and laughter to our lives. We are so very proud of all that you have accomplished, the beautiful young lady you have become, and most of all, that you are our daughter!

Love always,

Mom, Dad, and Matthew XOXOXO





## Tessa Vercollone



“Who you are is God’s gift to you; Whom you become is your gift to God.”

## Kerry Browne



Kerry, we are so proud of you and the person you have become.

We will love you always,  
Mom, Dad, and Dan



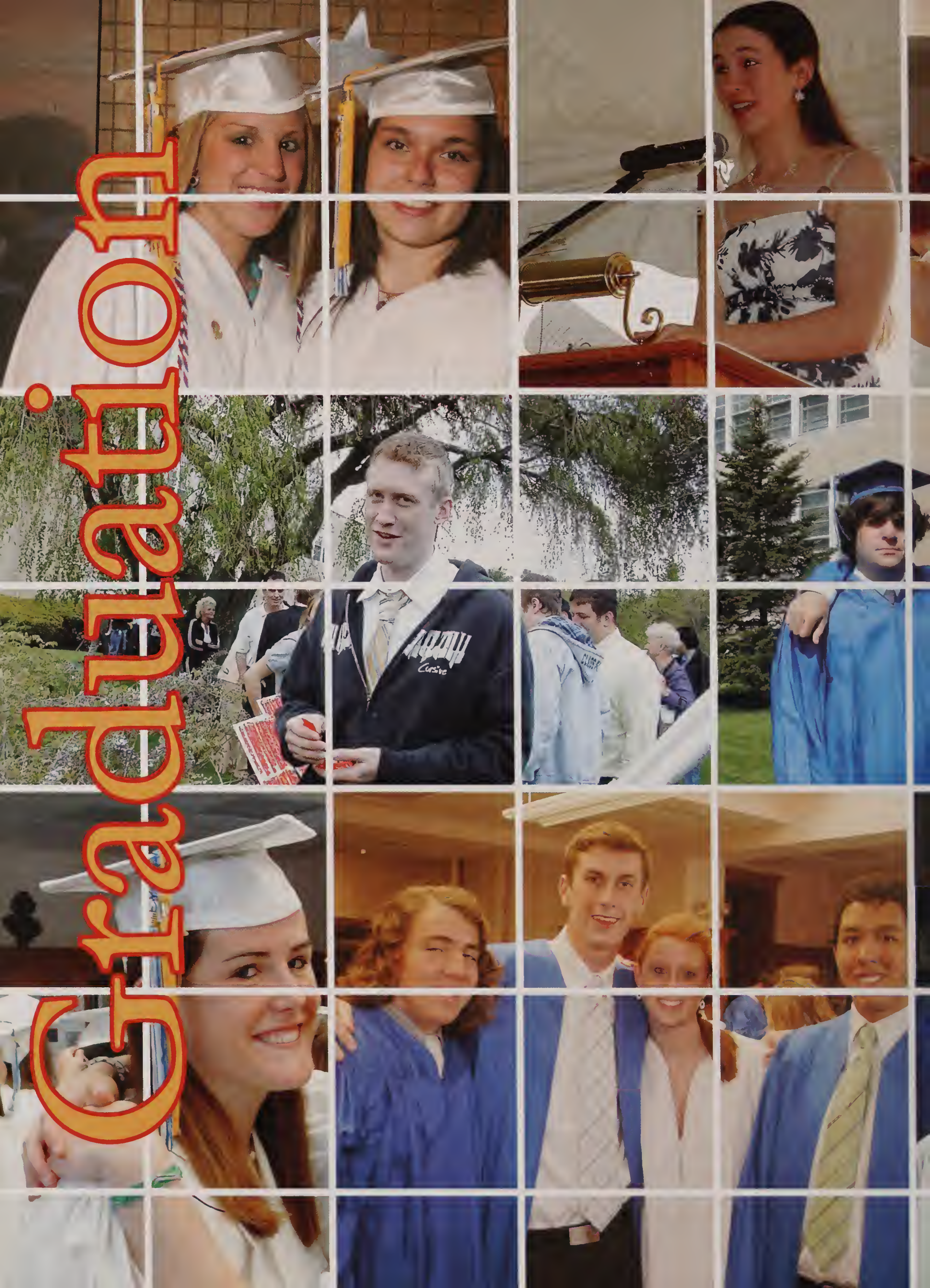


# Remember when...

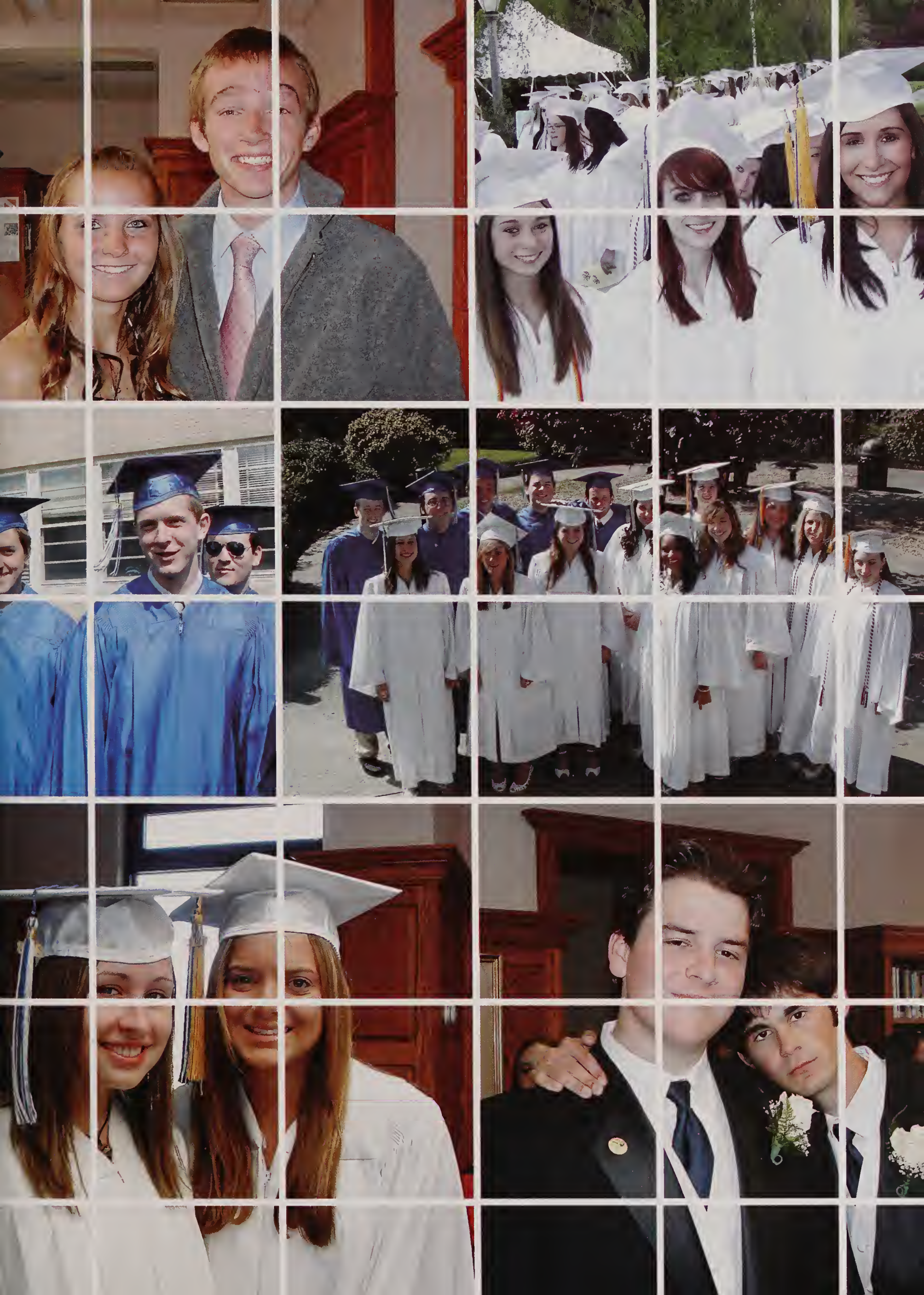




# Tradition









# Senior Awards

Seniors returned to Sacred Heart and, dressed in ceremonial robes, took part in the annual awards ceremony, which recognized their academic and athletic accomplishments from the previous year.

Underclassmen and fac-

ulty passed along gifts and and praise to the departing students before the long anticipated slide show and a luncheon under tents on the front lawn.

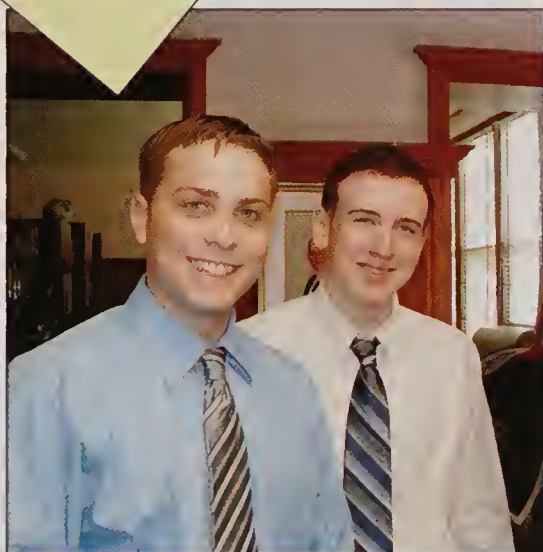
That evening, seniors returned with their parents for the Baccalaureate mass.



(Clockwise from upper left) Catherine Manning, RJ Seibert, Erika Hartmann, David Muir, Jake Pirri, Gregory Grillone, and Andy Espinosa gather before the awards ceremony; Katherine Farquharson and Brooke Rezendes take a moment to celebrate; the boys give their day a "thumbs up"; Tyler Marvelli takes a moment to tango with Ali Townshend; Amy Duggan, Sarah Lagerstedt, and Sarah Valanzola offer up smiles; Lauren Day, Nadine Ebersole, Rebecca Johnson, Nina Cho, and Lexie Muller wave goodbye; Mark Bridge prepares to lead the procession into the auditorium







(Clockwise from upper left) PJ Davis and Tessa Vercollone celebrate Baccalaureate with Ms. Meredith Costa; Kayla Greenwood adjusts her motorboard; Stephen White, William Churchill, Tim Cruz, and Jared Taylor are all smiles; Cori-Rose Hopfgarten, Molly Rowan, Rebecca Johnson, and Sydney Doubleday take a moment; Nick Cirillo and Paul Kelly flash smiles; Katelyn Kelliher and Ashley Markon pause in the library; Stephanie Williams prepares to capture a moment; the 2008 Baccalaureate program featured artwork by Veronica Falconieri and Jacqueline Murphy; Nina Cho, Allison Grace, Claudia Goldstein, and Marybeth Carlson share a Flaherty Library moment.



(Clockwise from right) Alex Price and Megan Balboni demonstrate why they are Class Flirts; Ari Eisenstein and Paul D'Angelo reveal their athletic selves; Kaylen McMullen gets ready to offer her Best Laugh; Ryan Lawlor showcases his Best Car; Nick Cirillo shows why he received Best Eyes.



# Senior Superlatives

As seniors and parents gathered in the lower gymnasium, Alex Price, Cori-Rose Hopfgarten, and Shadman Zaman stood at the podium cracking jokes and introducing nominees for the 2008 senior superlatives.

Along with the presentation of awards, seniors and their friends and family members were treated to a PowerPoint presentation offering a series of "facts" about various members of the Class of

2008.

The evening also featured a musical performance by Megan Balboni, Price, and Chris Casserly. The students sang "Closing Time" by Green Day and "Graduation" by Vitamin C.

At the end of the night, the hosts thanked the audience and senior class advisor, Ms. Meredith Costa.

- Melissa Nordby



## And the winners are...

**Best All Around**  
Matt Dennison  
Kathleen Kelly

**Most Athletic**  
Paul D'Angelo  
Ari Eisenstein

**Class Flirt**  
Alex Price  
Megan Balboni

**Best Hair**  
Paul D'Angelo  
Lexi Muller

**Best Smile**  
PJ Davis  
Katelyn Demaris

**Best Eyes**  
Nick Cirillo  
Sydney Doubleday

**Cutest**  
Torey Montesi  
Lauren Mills

**Cutest Couple**  
Ryan Lawlor and  
Maria Del Pico

**Best Personality**  
Katie Cleary

**Best Friends**  
Matt Dennison and  
Steve Pelletier

**Best Car**  
Ryan Lawlor

**Best Laugh**  
Kaylen McMullen

**Best Nickname**  
Erin "E-Hegg"  
Hegg

**Person You Want  
to Be Stuck in an  
Elevator with:**  
Steve Pelletier

**Most Likely  
to be Famous**  
Megan Balboni

**Most Likely  
to be President**  
Shadman Zaman

**Most Musical**  
Eric Meier

**Most Likely to  
Marry a Millionaire**  
Brooke Rezendes

**Most Artistic**  
Jacqueline Murphy

**Worst Driver**  
Amy Duggan

**Biggest School  
Gossip**  
Sarah Lagerstedt

**Quietest**  
Henry Cho

**Teacher's Pet**  
Katelyn Kelliher

**Life of the Party**  
Chris Casserly

**Drama Queen**  
Kati Farquharson

**Most School Spirit**  
Erin Hegg

**Class Clown**  
Tyler Marvelli

**Worst Case of  
Senioritis**  
Molly Rowan

**Friendliest**  
Kayla Greenwood

**Most Likely  
to Succeed**  
Shadman Zaman





# Graduation 2008



On Saturday, May 24, a beautiful spring afternoon, 87 Sacred Heart students filed out of the front doors of the school and onto the front steps. While many proud parents and faculty members gathered around to take pictures, the graduating seniors of 2008 looked more than a little excited.

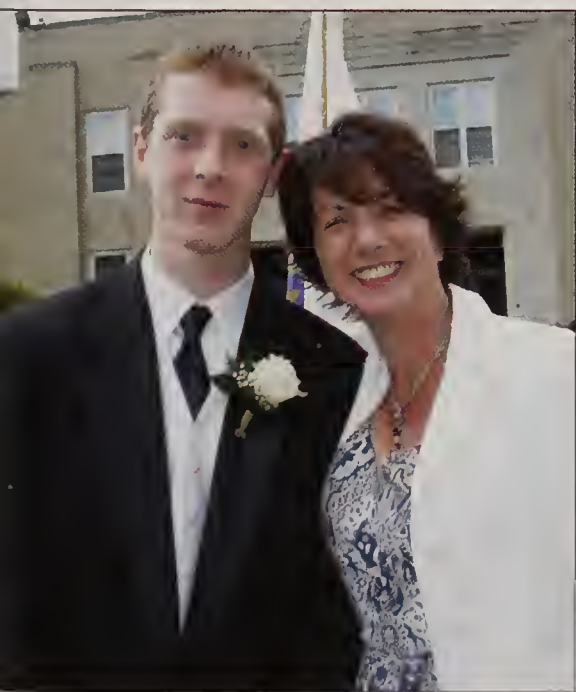
"The boys looked dashing, and I thought the dresses looked really nice on all of the girls," Kevyn Montesi said.

Seniors Henry and Nina Cho came on stage to say a brief prayer and speak to the crowd.

Salutatorian Theresa Sullivan then took to the stage to give a speech filled with memories, and wished her classmates good luck in all they will do. Valedictorian Veronica Falconieri followed, giving a speech that began with her lamenting the fact that she was standing in front of everyone in a dress.

"Graduation was sad, but I was happy at the end. I'm glad we all made it and I hope we can keep in touch," Chris Casserly said.

- Carlie Espinosa



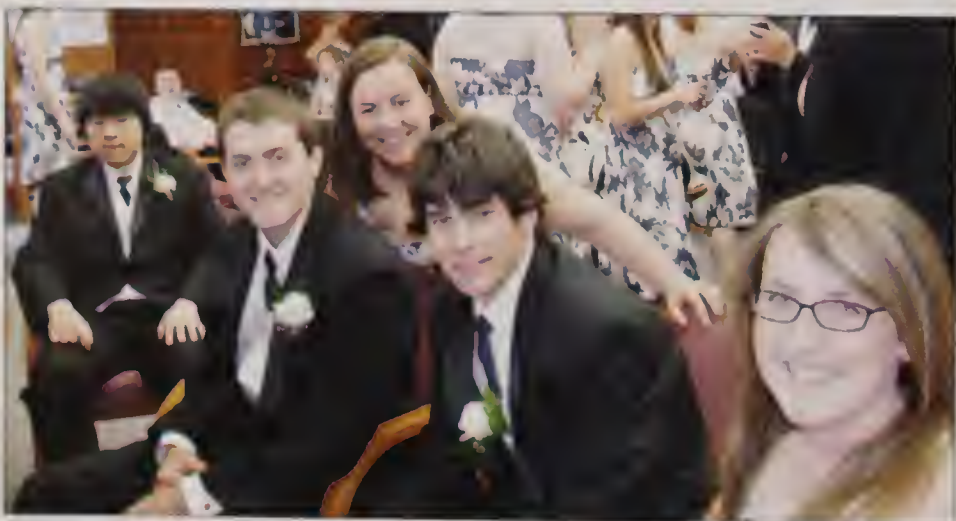
(Clockwise from above) Nadine Ebersole leads the graduation procession; Kate-lyn Damaris and Alexandra Lowe enjoy a pre-graduation moment; Kerry Browne and Ms. Jane Tilden pause outside of the school; Chris Casserly, Paul D'Angelo, and Thomas Brooks share their last few minutes as Sacred Heart students.





“Yes, we will all miss these days, when we could finally sit in the senior park, or when we’d get excited about missing class for mass, but it’s time to move on. Sacred Heart has taught us well and has given us all that we need to move on.”

- Theresa Sullivan  
Salutatorian



(Clockwise from upper left) Catherine Buchholz and Melissa Robertson count down the moments to graduation; Nicholas Frazier is feeling suave with Allysya Barry, Ainsley Haughton, Megan Balboni, Courtney Abdou, and Colleen Zuzevich surrounding him; Katelyn Kelliher, Shadman Zaman, and RJ Seibert share a post graduation moment; Henry Cho, Stephen Downs, Kathleen Kelley, Torey Montesi, and Cori-Rose Hopfgarten prepare for the ceremony; Sarah Hopkins, Danielle Tsitos, Melanie Mulkern, Katherine Farquharson, and Brooke Rezendes are both excited and anxious; Sister Ida Mary Lutz, Sister Danella Hyland, Sister Donna Gribshaw, and Sister Emma Jean Middendorf enjoy the graduation proceedings.





“Our future will be our choice. Whether we reach our successes or just stay where we are is always our choice. We must never resign, never despair. We must always persist and always hope. The world isn’t ours, but our choices are.”

- Veronica Falconieri  
Valedictorian



(Clockwise from upper left) Katelyn Damaris, Kelsey Hughes, Alexandra Lowe, and Alex Price are all smiles; William Churchill and Tim Cruz enjoy a pre-graduation moment; Matthew Dennison bids Sacred Heart farewell; Principal Mr. John Enos and David Muir share a laugh; Emily Lapworth pauses with her mother; Andy Espinosa and Jake Pirri flank Ms. Kelly Adams.



# Gotcha!







## THE CORRIC 2007-2008

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